

# Safety Tips to Keep Kids Protected this Summer

After their first year of life, unintentional injuries are the leading way in which children acquire serious harm or impairments. Kids of all ages need parents or guardians that use rules and boundaries to keep them safe.



## OUTDOORS

- Continue to wear face masks or coverings when unable to socially distance from others.
- Use sunscreen and limit time in the sun to prevent burns.
- Always wear a helmet when riding a bicycle, skateboard, skates or other riding vehicle.
- Drink water to prevent dehydration.
- Always keep watch when children are near or in water.
- Help and monitor children on playground equipment.
- Keep small children away from BBQs and fire pits.



## INDOORS

- Utilize parental controls on devices or through the internet provider to make sure privacy settings are age appropriate.
- Keep small children away from electric fans, stairs, ovens, sharp edges and sharp tools.
- Hide or discard prescription medications and alcoholic beverages.
- Keep cleaning products away from small children.



rear facing seat



booster seat



## IN A CAR

- Always wear a seatbelt.
- Always use an age appropriate car seat or booster.
- Never leave a child unattended in a vehicle, even if the windows are open.

