

Department of Human Services
Division of Disability Services

New Jersey

RESOURCES

2016





State of New Jersey
DEPARTMENT OF HUMAN SERVICES
PO Box 700
TRENTON NJ 08625-0700

CHRIS CHRISTIE
Governor

KIM GUADAGNO,
Lt. Governor

ELIZABETH CONNOLLY
ACTING
COMMISSIONER

Dear Reader:

I take this opportunity to present the New Jersey Resources 2016 directory, the sixteenth annual edition published by the New Jersey Department of Human Services' Division of Disability Services (DDS). This publication continues to be one of our department's most sought after resources for people with disabilities, their family members and advocates because of its comprehensive, statewide directory of programs and services.

DDS has successfully provided this consumer friendly, useful tool, which identifies all levels of government, community organizations and professionals working to assist people with disabilities. The publication provides access to up-to-date information that individuals with disabilities, along with their families, may need to flourish in their physical, professional and recreational lives.

As in previous years, this publication will be made available online in English, Spanish, and in audio format, so that individuals and agencies can access just the services they need and can make copies only as necessary. The website is www.state.nj.us/humanservices/dds.

A certified Information and Referral Specialist can be reached to discuss any individual concerns, problems or issues, and can provide direct assistance by phone at **1-888-285-3036** (toll free).

As always, your comments and suggestions are welcome.

Regards,

A handwritten signature in blue ink that reads "Elizabeth Connolly".

Elizabeth Connolly
Acting Commissioner



NJ Division of Disability Services

(888) 285-3036

CONTACT INFORMATION

Joseph M. Amoroso, Director

MAILING ADDRESS: PO Box 705 Trenton, NJ 08625-0705
TELEPHONE: (888) 285-3036 (Toll-Free)
FAX: (609) 631-4365
INTERNET: www.state.nj.us/humanservices/dds

USING RESOURCES 2016

Developed by the New Jersey Department of Human Services' Division of Disability Services, New Jersey Resources 2016 provides easy access to information about programs and services available to residents living and working with disabilities, as well as families, advocates, and professional communities working to assist people with disabilities. New Jersey Resources is updated annually and released in May of each year.

REPORTING CORRECTIONS AND UPDATES

The programs and agencies listed in this directory are asked to report any changes as quickly as possible.

Submit changes to: **Dianna Maurone**
Dianna.Maurone@dhs.state.nj.us

NEED ADDITIONAL ASSISTANCE?

Should you require additional information, please call the Division of Disability Services at 1-888-285-3036 and speak with an Information and Referral Specialist.

DISCLAIMER

The Division of Disability Services reserves the right to publish items selectively, as space permits. Listed items are not necessarily under the jurisdiction of the Department of Human Services and the listing does not imply an endorsement of the program.

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DIVISION OF DISABILITY SERVICES (DDS)

1-888-285-3036

www.state.nj.us/humanservices/dds

MISSION STATEMENT

“The first place to call for disability-related information.”

Within the Department of Human Services, the Division of Disability Services (DDS) provides a single point of entry for people seeking disability related information in New Jersey. DDS works to streamline access to services and information that promote and enhance independent living for individuals with all disabilities by facilitating coordination and cooperation among local, county, and state government agencies. DDS promotes maximum independence and the full participation of people with disabilities within all aspects of community life. DDS serves individuals with all disabilities, statewide.

OFFICE OF INFORMATION AND ASSISTANCE SERVICES

INFORMATION AND REFERRAL SERVICES

Nationally Certified Information and Referral Specialists (I & R Specialists) are available during regular business hours, Monday through Friday, to confidentially discuss issues, provide information, assist with problem solving, and connect individuals to appropriate agencies or services. Through our toll free hotline, DDS responds to as many as 15,000 requests each year for Information and Referral Assistance.

In addition to providing live assistance over the phone, I & R specialists attend public events throughout the State to disseminate information and answer questions. Last year, DDS I & R specialists attended over 200 public events.

MANAGED LONG TERM SERVICES AND SUPPORTS (MLTSS) ENROLLMENT ASSISTANCE

MLTSS refers to the delivery of long-term services and supports through New Jersey Medicaid’s NJ FamilyCare managed care program. MLTSS is designed to provide the long term supports and services individuals need to remain in the community for as long as possible. DDS I & R Specialists initiate assessments for the determination of MLTSS

eligibility for children, 17 years old and younger, who are not otherwise eligible for NJ Medicaid. (For more information on MLTSS, see page 8)

DDD/DDS CASE MANAGEMENT COLLABORATION

Continuing the collaborative effort that began in 2009, DDS’ I & R Specialists remain the primary contact for some adults registered with the Division of Developmental Disabilities (DDD) at this time. Many of these individuals live in the community, either independently or with their families, and benefit from information regarding insurance, benefits, transportation, education, future employment and available resources that are provided by organizations other than DDD.

TRAUMATIC BRAIN INJURY FUND

The TBI Fund provides New Jersey residents of any age, who have survived a traumatic brain injury, the opportunity to access the brain injury related services and supports they need to live in the community. The Fund purchases supports and services to foster independence and maximize quality of life when insurance, personal resources, and/or public programs are unavailable to meet those needs. A portion of the Fund also is used to support public education, outreach, and prevention activities related to TBI.

PERSONAL ASSISTANCE SERVICES PROGRAM (PASP)

PASP is a supplemental, personal care program, designed for New Jersey residents, ages 18 to 70, who have a permanent physical disability, are capable of directing their own services, and are either employed, preparing for employment, involved in community volunteer work, or attending school. PASP allows consumers to receive up to 40 hours of service per week, therefore enabling them to maintain their independence in the community. Personal assistants help with such tasks as light housekeeping, bathing, dressing, meal preparation, shopping, driving or using public transportation. (See Page 51)

PERSONAL PREFERENCE PROGRAM (PPP)

PPP offers an alternative way for individuals to receive their Medicaid Personal Care Assistance (PCA) services. Using the “Cash & Counseling” model, PPP enables elderly and disabled Medicaid recipients to self-direct their Medicaid PCA services. Using a monthly allowance, participants work with a consultant to develop a Cash Management Plan (CMP) which identifies the

services needed and the individuals/agencies they want to hire to provide those services. Fiscal management services are provided to assist consumers with the financial aspects of the program including payroll, bookkeeping, processing timesheets, and issuing paychecks. PPP requires greater individual responsibility but, in return, offers participants greater control, flexibility, and choice over the services they receive. (See Page 51)

SPECIAL PROJECTS AND INITIATIVES

SANDY RELIEF HOME ACCESS PROGRAM

Through a Social Services Block Grant, DDS is administering a program to replace, repair, or build a modular ramp for individuals whose primary residence was impacted by Superstorm Sandy. Stair glides or vertical platform lifts are also available where ramps are not deemed feasible. Eligibility includes three categories: a ramp was damaged during the storm and needs to be repaired or replaced, a ramp is needed in a home or apartment to which a person with a disability has relocated as a result of the storm, or an existing ramp can no longer be used because a home has been elevated to comply with new building codes.

NJ WORKABILITY

The WorkAbility program offers people with disabilities who are working and whose income would otherwise make them ineligible for Medicaid, the opportunity to pay a small premium and receive full NJ Medicaid coverage. People with disabilities who are employed and are between the ages of 16 and 64 can qualify for the program with an annual gross earned income of up to approximately \$60,180. (See Page 49)

DISABILITY HEALTH AND WELLNESS INITIATIVES (DH&W)

The DH&W program, funded by various grant programs, works to collaborate with policy makers, health educators, public and private agencies, and experts in the field of health and wellness on projects that promote healthy living and prevention of secondary conditions for people with disabilities. The Division continuously seeks funding for initiatives that will help meet those needs. Recent project topics have included the following: *Addressing Violence Against Women with Disabilities*, *Emergency Food Provider Accessibility Project*, *Emergency Planning and Disaster Preparedness for People with Disabilities*, and a *Health & Wellness Guide*.

ACCESS AND FUNCTIONAL NEEDS (AFN)

Within the Department of Human Services, DDS serves as the lead for implementation of emergency preparedness and disaster response, recovery, and mitigation efforts that are inclusive of people with disabilities and others with access and functional needs. DDS provides guidance, tools, methods and strategies to assist in establishing equal physical, program, and communication access.

COMMUNITY DISCHARGE INITIATIVE

DDS Staff can assist individuals who have expressed a desire to return to the community to make attainable discharge plans and identify supports and resources.

I CHOOSE HOME NEW JERSEY (ALSO KNOWN AS MONEY FOLLOWS THE PERSON)

In collaboration with other State agencies, DDS is working to promote I Choose Home – NJ, an initiative focused on providing opportunities for individuals who are eligible for Medicaid and have been living in an institutional setting for more than 90 days, to return to an independent community setting with necessary supports and services. For more information: www.ichoosehome.nj.gov 1-855-466-3005

STATUTORY ADVISORY BOARDS AND COUNCILS

DDS serves as staff to the mandated advisory councils listed below.

TRAUMATIC BRAIN INJURY ADVISORY COUNCIL

Composed of 26 members, the TBI Council holds quarterly public meetings to advise the Department of Human Services of issues relevant to brain injury services.

PERSONAL ASSISTANCE SERVICES ADVISORY COUNCIL

Composed of 19 members, the PASP advisory Council meets quarterly to serve as a means for consumers to offer feedback that is used to review and evaluate the effectiveness of the PASP program and to recommend changes on a statewide level.

PUBLICATIONS

DDS publishes several guides/informational brochures which are available to you free of charge, including *New Jersey Resources* and the *New Jersey Guide to Accessible Parking*. Most publications are available in English and Spanish. Please contact us at **1-888-285-3036** to request a guide by mail or visit our website at: www.dhs.state.nj.us/humanservices/dds

STATE GOVERNMENT AGENCIES

The Office of the Governor and all state departments are listed below. Detailed information on agencies that specifically address the concerns of people with disabilities can be found in the subsequent sections of the directory.

OFFICE OF THE GOVERNOR

Telephone: (609) 292-6000

FAX: (609) 292-3454

Chris Christie, Governor

Kim Guadagno, Lt. Governor

State of New Jersey

[State of New Jersey Homepage](http://www.state.nj.us)

www.state.nj.us

www.nj.gov

DEPARTMENTS

DEPARTMENT OF AGRICULTURE

Tel: (609) 292-3976 FAX: (609) 292-3978

www.state.nj.us/agriculture

DEPARTMENT OF BANKING & INSURANCE

Tel: (609) 292-7272 FAX: (609) 984-5273

www.state.nj.us/dobi

DEPARTMENT OF CHILDREN & FAMILIES

Tel: (609) 888-7900 FAX: (609) 777-2070

www.state.nj.us/DCF

DEPARTMENT OF COMMUNITY AFFAIRS

Tel: (609) 292-6420 FAX: (609) 984-6696

www.state.nj.us/dca

DEPARTMENT OF CORRECTIONS

Tel: (609) 292-4036 FAX: (609) 292-9083

www.state.nj.us/corrections

DEPARTMENT OF EDUCATION

Tel: (609) 292-4469 FAX: (609) 777-4099

www.state.nj.us/education

DEPARTMENT OF ENVIRONMENTAL PROTECTION

Tel: (609) 292-2885 FAX: (609) 292-7695

www.state.nj.us/dep

DEPARTMENT OF HEALTH

Tel: (800) 367-6543 (609) 292-7837

www.state.nj.us/health

DEPARTMENT OF HUMAN SERVICES

Tel: (609) 292-3717 FAX: (609) 292-3824

www.state.nj.us/humanservices

DEPARTMENT OF LABOR & WORKFORCE DEVELOPMENT

Tel: (609) 292-2323 FAX: (609) 633-9271

lwd.dol.state.nj.us/labor

DEPARTMENT OF LAW & PUBLIC SAFETY

Tel: (609) 292-4925 FAX: (609) 292-3508

www.state.nj.us/lps

DEPARTMENT OF MILITARY & VETERANS

AFFAIRS

Tel: (609) 530-6957 FAX: (609) 530-7191

www.state.nj.us/military

DEPARTMENT OF STATE

Tel: (609) 984-1900 FAX: (609) 777-1764

www.state.nj.us/state

DEPARTMENT OF TRANSPORTATION

Tel: (609) 530-2000 FAX: (609) 530-2919

www.nj.gov/transportation

DEPARTMENT OF THE TREASURY

Tel: (609) 292-6748 FAX: (609) 984-3888

www.state.nj.us/treasury

NJ STATE POLICE

Tel: (609) 882-2000

www.njsp.org

NJ Homeland Security

www.njhomelandsecurity.gov

866-4-SAFE-NJ

NJ State Police www.njsp.org

NJ Office of Emergency Management

www.state.nj.us/njoem

609-882-2000

(for emergencies, call "911")

Office of Legislative Services

800-792-8630

DID YOU KNOW?

The NJ Special Needs Registry collects information emergency responders will need to help locate and evacuate people with special needs during an emergency. The registry is completely voluntary and does not disclose your information to anyone outside of the immediate emergency response community.

To register go to: www.registerready.nj.gov or call 211.

See page 59 for more information on disaster preparedness for people with disabilities.

DISABILITY RELATED STATE GOVERNMENT RESOURCES

FEDERALLY MANDATED DEVELOPMENTAL DISABILITY AGENCIES

NEW JERSEY COUNCIL ON DEVELOPMENTAL DISABILITIES

The New Jersey Council on Developmental Disabilities is New Jersey's planning body for developmental disability issues. Members are appointed by the governor and approved by the New Jersey Senate. The Council includes people with developmental disabilities, parents/guardians, non-governmental service providers, and representatives from state agencies that provide services to people with developmental disabilities and to their families.

The Council develops and monitors the State Plan for Services to People with Developmental Disabilities, administers the federally assisted Basic State Grant Program, and publishes *People and Families* magazine.

New Jersey Council on Developmental Disabilities

PO Box 700

Trenton, NJ 08625-0700

Telephone: (800) 792-8858 (toll free)
(609) 292-3745

TDD: (609) 777-3238

FAX: (609) 292-7114

www.njcdd.org

NEW JERSEY COUNCIL ON DEVELOPMENTAL DISABILITIES AT A GLANCE

- Family Support
- Youth Leadership
- Partners In Policymaking
- People First New Jersey
- Inclusive Education

For Information: (609) 292-3745

DISABILITY RIGHTS NEW JERSEY

Disability Rights New Jersey (DRNJ) is a private, non-profit, consumer-directed organization that serves as New Jersey's federally funded agency for people with disabilities.

The program was established to advocate for and advance the human, civil and legal rights of citizens of New Jersey with disabilities. DRNJ works to promote public awareness and recognition of indi-

viduals with disabilities as equally entitled members of society. DRNJ advocates for and provides education, training and technical assistance to individuals with disabilities, the agencies that serve them, attorneys, professionals, courts and others regarding the rights of individuals with disabilities.

In addition to protection and advocacy services, DRNJ maintains the Assistive Technology Advocacy Center (ATAC), which works to make assistive devices and services more accessible to individuals with disabilities throughout the state.

Disability Rights New Jersey

210 South Broad Street, 3rd Floor
Trenton, NJ 08608

Telephone: (609) 292-9742

Toll Free: (800) 922-7233

TDD: (609) 633-7106

FAX: (609) 777-0187

www.drnj.org

DISABILITY RIGHTS NEW JERSEY AT A GLANCE

- Protection and Advocacy for Persons with Developmental Disabilities (PADD)
- Protection and Advocacy for Individuals with Mental Illness (PAIMI)
- Protection and Advocacy of Individual Rights (PAIR)
- Client Assistance Program (CAP)
- Protection and Advocacy for Assistive Technology (PAAT)
- Healthcare Consumer Assistance Program (HCCAP)
- Assistive Technology Advocacy Center (ATAC)
- Protection and Advocacy for Individuals with Traumatic Brain Injury (PATBI)
- Protection and Advocacy for Beneficiaries of Social Security (PABSS)
- Protection and Advocacy for Voter Access (PAVA)

For Information: (800) 922-7233

ELIZABETH M. BOGGS CENTER ON DEVELOPMENTAL DISABILITIES

“A UNIVERSITY CENTER FOR EXCELLENCE IN DEVELOPMENTAL DISABILITIES EDUCATION, RESEARCH, AND SERVICE”

The Boggs Center, as a University Center for Excellence in Developmental Disabilities, values uniqueness and individuality and promotes the self-determination and full participation of people with disabilities and their families in all aspects of community life.

Through partnerships and collaborations, the Boggs Center prepares students through interdisciplinary programs, provides community training and technical assistance, conducts research, and disseminates information and educational materials.

BOGGS CENTER AT A GLANCE








The Boggs Center addresses the needs of communities, people with disabilities, and families through training and the dissemination of information and research in the focus areas of:

- Early Intervention and Education
- Self-Determination and Employment
- Community Supports
- Health

For Information: (732) 235-9300
www.rwjms.rutgers.edu/boggscenter

The Elizabeth M. Boggs Center on Developmental Disabilities/Rutgers University
Rutgers Robert Wood Johnson Medical School
335 George Street, Suite 3500 3rd Floor
PO Box 2688
New Brunswick, NJ 08901-2688
Telephone: (732) 235-9300
FAX: (732) 235-9330
www.rwjms.rutgers.edu/boggscenter/

KEYS TO SUCCESSFUL SELF-ADVOCACY

-  **Make sure you have an accurate understanding of what is needed** - When advocating for equipment or services, make sure you have all the details and product information. If insurance is being used, ask if there are preset guidelines or requisite information. This will save time during the application process.
-  **Be prepared to assist professionals who may have limited experience** - Your family doctor may be great, but he or she may have little or no experience in writing prescriptions for wheelchairs. Add your productive two-cents by discussing your needs, and giving as much detail as possible about what you are looking for. Some consumers prefer to use agencies for equipment and service evaluations before approaching a doctor for authorization.
-  **Understand your insurance benefits** - Review the terms of each program and policy. Pay careful attention to co-pays, service limits, replacement, and equipment ownership. These issues become especially important for parents with children, who will outgrow equipment, or whose functional abilities may change with time. Remember, you may always appeal an insurance company's decision in the event of a denial, even an HMO.
-  **Seek help from others who have succeeded** - Peer support is the greatest tool to an advocate. The information that you get from peers can be priceless. Learn from those who have done it before.
-  **Keep accurate notes** - Include dates, all contact names, and phone numbers.
-  **Find the line between advocacy and aggression** - Successful advocates let the system work for them. Allow professionals to do their jobs. Stay vigilant, but don't be a pest.
-  **Be prepared to wait** - Most agencies have waiting lists, processing periods, and lots of paperwork to be done. This takes time, so be prepared for some delays.

DEPARTMENT OF HUMAN SERVICES

DHS provides support services for people with disabilities, seniors, individuals and families with low incomes; people with mental illnesses, people with addictions, people who are blind, visually impaired, deaf, hard of hearing, or deaf-blind; parents needing child care services, child support and/or healthcare for their children; and families facing catastrophic medical expenses for their children.

COMMISSION FOR THE BLIND AND VISUALLY IMPAIRED (CBVI)

The Commission for the Blind and Visually Impaired (CBVI), established in 1910, is one of the oldest, continually operating agencies in New Jersey state government. CBVI provides a wide range of educational services for children, vocational rehabilitation services for older teens and adults, and independent living services for people of all ages in New Jersey who are blind or visually impaired. CBVI also offers a number of special programs and services that address specific needs of individuals who are blind or visually impaired. CBVI programs and services are available to any New Jersey resident who meets the vision criteria. Depending on family income, some people who apply are required to pay a share of the cost of programs or services.

COMMISSION FOR THE BLIND AND VISUALLY IMPAIRED (CBVI) - CENTRAL OFFICE

PO Box 47017
153 Halsey Street, 6th Floor
Newark, NJ 07101
www.state.nj.us/humanservices/cbvi

CBVI FIELD OFFICES:

CBVI Metro/Northern Region Office

PO Box 47017
153 Halsey Street, 5th Floor
Newark, NJ 07101
Telephone: (973) 648-2111 Fax: (973) 648-7674
(Bergen, Essex, Hudson, Morris, Passaic, Sussex, and Warren counties)

CBVI Hammonton Office

40 North Whitehorse Pike
Hammonton, NJ 08037
Telephone: (609) 704-6000 (609) 704-7109
(Atlantic, Cape May, Cumberland, and Salem counties)

CBVI Southern Region Office

2201 Route 38 East, Suite 600, Cherry Hill, NJ 08002
Telephone: (856) 482-3700 Fax: (856) 482-3770
(Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem counties)

OFFICE OF THE COMMISSIONER

PO Box 700
Trenton, NJ 08625-0700
Telephone: (609) 292-3717
FAX: (609) 292-3824
www.state.nj.us/humanservices

HOTLINES

PAAD/Senior Gold Hotline (800) 792-9745

NJ Addictions Hotline (800) 238-2333

NJ Mental Health Cares (866) 202-HELP

Aging and Disability Resource Connection (ADRC) (877) 222-3737

NJ DHS Long Term Care Information Line (877) 222-3737

CBVI Central Region Office

100 Daniels Way, Freehold, NJ 07728
Telephone: (732) 308-4001 Fax: (732) 308-4104
(Hunterdon, Monmouth, Mercer, Middlesex, Ocean, Somerset, and Union counties)

CBVI JOSEPH KOHN REHABILITATION CENTER

130 Livingston Avenue, New Brunswick, NJ 08901
Telephone: (732) 937-6363 Fax: (732) 247-6628

DIVISION OF AGING SERVICES

The Division of Aging Services (DoAS), New Jersey's lead agency for providing services to seniors, is responsible for many of the programs formerly held under the Department of Health and Senior Services including Pharmaceutical Assistance to the Aged and Disabled (PAAD), Senior Gold, Adult Protective Services, Lifeline Utility Assistance, and Hearing Aid Assistance to the Aged and Disabled.

DIVISION OF AGING SERVICES

12D Quakerbridge Plaza
PO Box 807
Trenton, NJ 08625-0807
Telephone: (800) 792-8820
www.state.nj.us/humanservices/doas/home

Division of Aging Services at a Glance

- PAAD/Senior Gold
- Managed Long Term Services and Supports (MLTSS)
- Aging and Disability Resource Connection (ADRC) / Area Agency on Aging (AAA)
- Alzheimer's Day Services
- Adult Protective Services
- Lifeline Utility Assistance
- SHIP

DIVISION OF THE DEAF AND HARD OF HEARING

Through education, advocacy and direct services, the Division of the Deaf and Hard of Hearing (DDHH) works to eliminate barriers and promote increased accessibility to programs, services, and information to individuals who are deaf and/or hard of hearing. DDHH maintains up-to-date resources on hearing loss, and provides the following services: communication access referral, equipment distribution programs, technical assistance, stakeholder communications, and advocacy.

DIVISION OF THE DEAF AND HARD OF HEARING

PO Box 074

Trenton, NJ 08625-0074

Telephone (Voice/TTY):(800) 792-8339

FAX: (609) 588-2528

www.state.nj.us/humanservices/ddhh/home

New Jersey Hearing Aid Project, See page 38

DIVISION OF DEVELOPMENTAL DISABILITIES (DDD)

The Division of Developmental Disabilities (DDD) provides funding for services and supports that assist adults, age 21 and older, with developmental disabilities. Most services are offered in the community by community provider agencies. To receive DDD services, an individual must meet functional criteria eligibility and Medicaid eligibility. Functional criteria consist of a severe, chronic physical and/or intellectual disability that manifests in the developmental years (before age 22), is life-long, and substantially limits at least three of these life activities: self-care, learning, mobility, communication, self-direction, economic self-sufficiency and the ability to live independently. All individuals must maintain Medicaid eligibility in order to receive services through the Division.

Qualifying conditions may include cerebral palsy, epilepsy, spina bifida, autism or a neurological impairment.

DDD funds three types of services:

- Day services, including supports for people who are employed
- Residential services that support an individual in the community
- Services that support a family caring for a loved one at home

DIVISION OF DEVELOPMENTAL DISABILITIES (DDD) - CENTRAL OFFICE

PO Box 726, Trenton, NJ 08625-0726

Telephone: (800) 832-9173 (609) 631-2200

FAX: (609) 631-2221

www.state.nj.us/humanservices/ddd/home

DDD COMMUNITY SERVICES OFFICES:

Flanders Office

[Morris, Sussex, Warren](#)

1B Laurel Drive, Flanders, NJ 07836

Telephone: (973) 927-2600 FAX: (973) 927-2689

Paterson Office

[Bergen, Hudson, Passaic](#)

100 Hamilton Plaza, 7th Floor

Paterson, NJ 07505

Telephone: (973) 977-4004 FAX: (973) 279-5069

Newark Office

[Essex](#)

153 Halsey Street, 2nd Floor

PO Box 47013, Newark, NJ 07101

Telephone: (973) 693-5080 FAX: (973) 648-3999

Plainfield Office

[Union, Somerset- intake only](#)

110 East Fifth Street

Plainfield, NJ 07060

Telephone: (908) 226-7800 FAX: (908) 412-7903

Somerset Office

[Somerset- case management only](#)

275 Greenbrook Road, 2nd Floor

Green Brook, NJ 08812

Telephone: (732) 424-3301 Fax: (732) 968-8163

Freehold Office

[Monmouth, Ocean](#)

Juniper Plaza, Suite 1-J

3499 Route 9 North, Freehold, NJ 07728

Telephone: (732) 863-4500 FAX: (732) 863-4406

Trenton Office

[Hunterdon, Mercer, Middlesex](#)

120 South Stockton Street

P.O. Box 706

Trenton, NJ 08625

Telephone: (609) 292-1922 FAX: (609) 292-2629

Voorhees Office

[Burlington, Camden, Gloucester](#)

Echelon Plaza

221 Laurel Road, Suite 210

Voorhees, NJ 08043

Telephone: (856) 770-5900 FAX: (856) 770-5935

Mays Landing Office

[Atlantic, Cape May, Cumberland, Salem](#)

5218 Atlantic Avenue, Suite 205

Mays Landing, NJ 08330

Telephone: (609) 476-5200 FAX: (609) 909-0656

DIVISION OF MENTAL HEALTH AND ADDICTION SERVICES

The Division of Mental Health and Addiction Services (DMHAS) serves adults with serious and persistent mental illnesses and/or addiction. DMHAS operates psychiatric hospitals, monitors and helps fund psychiatric and substance abuse treatment and prevention services provided by a number of county hospitals, and contracts with more than 120 agencies for a wide range of community mental health services. Services may be accessed by contacting a County Mental Health Administrator or a county screening center.

DIVISION OF MENTAL HEALTH AND ADDICTION SERVICES

PO Box 700

Trenton, NJ 08625

Telephone: (800) 382-6717 (609) 777-0702

FAX: (609) 341-2302

www.state.nj.us/humanservices/dmhas/home

NJMentalHealthCares

NJMentalHealthCares is New Jersey's mental health information and referral service. Our staff of mental health professionals use their experiences and understanding of the mental health system to connect you to the information and services you need!

(866) 202-HELP (4357) TTY: (877) 294-4356

www.njmentalhealthcares.org

8:00 a.m. - 8:00 p.m.

- Connects to mental health services, including: inpatient and outpatient services, rehabilitation services, self-help services, legal, housing, employment, mental health education, and more!
- Provides assistance in finding services, not crisis intervention. If you feel you need emergency psychiatric services, please call your local crisis center (listed on page 17).

For Addiction Resources, See Page 58

DIVISION OF MEDICAL ASSISTANCE AND HEALTH SERVICES

PO Box 712

Trenton, NJ 08625-0712

Telephone: (609) 588-2600

FAX: (609) 588-3583

www.nj.gov/humanservices/dmahs/home

MANAGED LONG TERM SERVICES AND SUPPORTS (MLTSS)

The Managed Long Term Services and Supports program or MLTSS is a New Jersey initiative intended to provide a new and better way to help seniors and individuals with disabilities live at home for as long as possible. The initiative uses managed care organizations to coordinate support services according to a participant's needs. Through MLTSS, participants will receive their primary, acute, behavioral and long term care needs

through a managed care organization (MCO) contracted with New Jersey's Medicaid program, NJ FamilyCare. Previously, these services were coordinated by various State and County offices. MLTSS began in July 2014. At that time, Medicaid beneficiaries enrolled in Home and Community Based Services programs such as the AIDS Community Care Alternatives Program (ACCAP); Community Resources for People with Disabilities (CRPD); Global Options for Long-Term Care (GO); or the Traumatic Brain Injury (TBI) Waiver were automatically transitioned into MLTSS. New Jersey will ensure that individuals who live in Medicaid participating nursing homes can remain. For more information:

www.nj.gov/humanservices/dmahs/home/mltss.html

To apply for MLTSS:

18 years or older: Contact your County Aging and Disability Resource Center (ADRC) or your County Board of Social Services. See pages 19 and 17, respectively, for a listing of those numbers by County.

17 years old or younger: Contact the Division of Disability Services at 1-888-285-3036 and follow the prompts to speak with an Information and Referral Specialist. (See Page 1)

For Medical Assistance Customer Centers (MACCs), See Page 39

DIVISION OF FAMILY DEVELOPMENT

PO Box 716

Trenton, NJ 08625-0716

Telephone: (609) 588-2400

FAX: (609) 584-4404

www.state.nj.us/humanservices/dfd/home

DIVISION OF DISABILITY SERVICES

PO Box 705

Trenton, NJ 08625

Telephone: (888) 285-3036

FAX: (609) 631-4365

See Page 1 and 2 for more information on DDS

Central Registry of Offenders Against Individuals with Developmental Disabilities

A "Central Registry of Offenders Against Individuals with Developmental Disabilities" was established in the Department of Human Services (DHS). It requires DHS to maintain a confidential list of caregivers working in these programs who have been determined to have abused, neglected, or exploited an individual with a developmental disability. The toll-free number to report abuse is (800) 832-9173.

DEPARTMENT OF HEALTH

The Department of Health is responsible for protecting the public's health, inspecting state health care facilities and overseeing city and county health departments.

www.state.nj.us/humanservices/dds/home

OFFICE OF MINORITY AND MULTICULTURAL HEALTH

PO Box 360

Trenton, New Jersey 08625

Telephone: (609) 292-6962

FAX: (609) 292-8713

www.nj.gov/health/omh

DIVISION OF HIV, STD, and TB SERVICES

PO Box 363

Trenton, NJ 08625-0363

Telephone: (609) 984-5874

FAX: (609) 633-2494

www.nj.gov/health/aids

- **NJ AIDS/STD Hotline**
(800) 624-2377
- **AIDS Drug Distribution Program (ADDP)**
(877) 613-4533
- **Health Insurance Continuation Program (HICP)**
(800) 353-3232

DIVISION OF FAMILY HEALTH SERVICES

PO Box 364

Trenton, NJ 08625-0364

Telephone: (609) 292-4043

FAX: (609) 292-9599

www.nj.gov/health/fhs/index.shtml

Early Intervention Systems (EIS)

Project Child Find

Also See Page 44

OFFICE OF THE COMMISSIONER

PO Box 360

Trenton, NJ 08625

Telephone (609) 292-7837

Toll-Free: (800) 367-6543

www.nj.gov/health

Statewide Family Centered HIV Care Network (609) 777-7795

Newborn Screening and Genetic Services
(609) 292-1582

Special Child Health Services

Also See Page 37

Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

Also See Page 37

DIVISION OF HEALTH FACILITIES EVALUATION AND LICENSING

PO Box 367

Trenton, NJ 08625-0365

Telephone: (609) 633-8977

FAX: (609) 633-9060

www.nj.gov/health/healthfacilities

Health Care Facility Consumer Complaint Hotline (800) 792-9770

CENTER FOR HEALTH STATISTICS

PO Box 360

Trenton, NJ 08625-0360

Telephone: (609) 984-6702

FAX: (609) 984-7633

DEPARTMENT OF COMMUNITY AFFAIRS

The Department of Community Affairs provides a variety of services to low-income families, women, and people with disabilities. Services include assistance with rentals, the federal Section 8 voucher program, emergency shelter grants and homelessness prevention.

OFFICE OF THE COMMISSIONER

PO Box 800
Trenton, NJ 08625-0800
Telephone: (609) 292-6420
FAX: (609) 984-6696
www.state.nj.us/dca

DIVISION OF CODES AND STANDARDS

PO Box 802
Trenton, NJ 08625-0802
Telephone: (609) 292-7899
FAX: (609) 633-6729
www.state.nj.us/dca/divisions/codes

DIVISION OF HOUSING

PO Box 051
Trenton, NJ 08625-0051
Telephone: (609) 633-6303
FAX: (609) 292-9653
www.state.nj.us/dca/divisions/dhcr

DIVISION OF FIRE SAFETY

PO Box 809
Trenton, NJ 08625
Telephone: (609) 633-6106
FAX: (609) 633-6134
www.state.nj.us/dca/divisions/dfs/index.shtml

OFFICE OF RECREATION

PO Box 811
Trenton, NJ 08625-0811
Telephone: (609) 292-5855
FAX: (609) 292-9798
www.state.nj.us/dca/divisions/dhcr/rec

**For more information on the Division of Fire Safety,
See Page 60**

**For information on the New Jersey Housing and Mortgage Finance Agency,
See Page 50**

**For a list of Homelessness Prevention Programs by County,
See Pages 50**



DEPARTMENT OF COMMUNITY AFFAIRS OFFICE OF REGULATORY AFFAIRS

The Office of Regulatory Affairs is responsible for the enforcement of the New Jersey Barrier Free Sub-Code. Complaints can be made verbally or in writing to:

Supervisor of Investigations
Department of Community Affairs
Office of Regulatory Affairs
PO Box 818
Trenton, NJ 08625
Telephone: (609) 984-7672
FAX: (609) 984-7718

www.state.nj.us/dca/divisions/codes/offices/regaffairs.html

WHEN MAKING A COMPLAINT, PLEASE HAVE THE FOLLOWING INFORMATION:

-  The complete address of the building that is thought to be non-compliant.
-  A brief explanation of how the building seems to be non-compliant.

DEPARTMENT OF EDUCATION

The Department of Education is responsible for overseeing more than 600 school districts and administering education programs to more than 1.4 million public and nonpublic elementary and secondary school children. In January 2016, Governor Christie signed legislation establishing the Office of the Special Education Ombudsman within this Department in an effort to offer valuable resources and support for parents with children in the special education system. At the time of this publication, contact information for that office has not yet been made available.

DIVISION OF LEARNING SUPPORTS AND SPECIALIZED SERVICES

PO Box 500

Trenton, NJ 08625-0500

Telephone: (609) 292-9899

FAX: (609) 633-1046

www.state.nj.us/education/students/safety

OFFICE OF SPECIAL EDUCATION PROGRAMS

PO Box 500

Trenton, NJ 08625-0500

Telephone: (609) 292-0147

FAX: (609) 984-8422

www.state.nj.us/education/specialed

OFFICE OF THE COMMISSIONER

PO Box 500

Trenton, NJ 08625-0500

Telephone: (609) 292-4469

(609) 292-4500

FAX: (609) 777-4099

www.state.nj.us/education

**For information on the New Jersey
Higher Education Student
Assistance Authority, See Page 45**

OFFICE OF STATE ASSESSMENTS

PO Box 500

Trenton, NJ 08625-0500

Telephone: (609) 984-6311

FAX: (609) 984-6032

www.state.nj.us/education/assessment

MARIE KATZENBACH SCHOOL FOR THE DEAF

PO Box 535

West Trenton, NJ 08625-0535

Telephone: (609) 530-3100

TDD: (609) 530-6620 FAX: (609) 530-5791

www.mkspd.org

LEARNING RESOURCE CENTERS AT A GLANCE

Learning Resource Centers are funded through the Individuals with Disabilities Education Act (IDEA), Part B Funds. The centers provide research reports, curriculum guides, books, videos and audio tapes, as well as training and workshops, for parents and educators of students with disabilities. www.state.nj.us/education/lrc

Learning Resource Center-Northern Region

7 Glenwood Avenue, 2nd Floor, Suite 201

East Orange, NJ 07017

Telephone: (973) 414-4491

FAX: (973) 414-4496

Serving: Bergen, Essex, Hudson, Morris, Passaic, Sussex, and Warren Counties

Learning Resource Center-Northern Satellite

104 American Road, Building 100

Morris Plains, NJ 07950

Telephone: (973) 631-6345

FAX: (973) 631-6350

TDD: (973) 631-6490

Serving: Morris, Sussex, and Warren Counties

Learning Resource Center-Central Region

200 Riverview Plaza, First Floor

P.O. Box 500

Trenton, NJ 08625

Telephone: (609) 633-8893

FAX: (609) 633-8968

Serving: Hunterdon, Mercer, Middlesex, Monmouth, Ocean, Somerset, and Union Counties

Learning Resource Center-Southern Region

Samuel H. Jones Innovation Center

107 Gilbreth Parkway, Suite 200

Mullica Hill, NJ 08062

Telephone: (856) 582-7000

FAX: (856) 582-4323

Serving: Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem Counties

DEPARTMENT OF LABOR & WORKFORCE DEVELOPMENT

The Department of Labor & Workforce Development promotes economic activity, monitors labor standards, and administers federally funded programs such as workers compensation, temporary disability insurance and unemployment compensation. Within the Department, the Division of Vocational Rehabilitation Services is responsible for training and job placement of persons with disabilities who are within employable age.

WORKFORCE DEVELOPMENT

PO Box 055
Trenton, NJ 08625
Telephone: (609) 659-9045
FAX: (609) 777-0483
www.wnjp.in.state.nj.us

DIVISION OF VOCATIONAL REHABILITATION SERVICES

1 John Fitch Plaza PO Box 398
Trenton, NJ 08625-0398
Telephone: (609) 292-5987
FAX: (609) 292-8347
www.jobs4jersey.com/jobs4jersey/jobseekers/disable

OFFICE OF THE COMMISSIONER

PO Box 110
Trenton, NJ 08625-0110
Telephone: (609) 292-2323
FAX: (609) 633-9271
lwd.dol.state.nj.us

Division of Workers' Compensation
(609) 292-2515

State Temporary Disability Benefits
(609) 292-7060

Long Term Disability Determinations
(866) 920-6997 (973) 648-2983 V/TTY

Unemployment Insurance
Northeast New Jersey (201) 601-4100

Northwest and Central New Jersey
(732) 761-2020

South Jersey (856) 507-2340








Out-of-State (888) 795-6672

VOCATIONAL REHABILITATION AT A GLANCE

CRITERIA

Any person with a physical or mental impairment which is a substantial impediment to employment may qualify for vocational rehabilitation services. Each consumer is evaluated individually for eligibility and needed assistance. Individuals who are blind or have a serious visual impairment are served by the Commission for the Blind (CBVI). All others receive service from the New Jersey Division of Vocational Rehabilitation Services (DVRS).

SERVICES PROVIDED

-  Diagnostic Evaluation
-  Individual Vocational Counseling and Guidance
-  Job Seeking Skills Training and Selective Job Placement
-  Follow-Up Support Services
-  Post-Employment Services
-  Physical Restoration
-  Job Coaching, Vocational, Professional, or On the Job Training

FEE FOR SERVICE

Many of the services listed above are provided free of charge. Coverage of expenses for medical services, training, books and supplies, tools, and other equipment are based on an individual's ability to pay.

DIVISION OF VOCATIONAL REHABILITATION SERVICES
(609) 292-5987 www.jobs4jersey.com/jobs4jersey/jobseekers/disable
FOR A LIST OF OFFICES, SEE PAGES 46

COMMISSION FOR THE BLIND & VISUALLY IMPAIRED
(973) 648-3333 www.state.nj.us/humanservices/cbvi/services/vocation/index.html
FOR A LIST OF OFFICES, SEE PAGE 6

DEPARTMENT OF CHILDREN & FAMILIES

The New Jersey Department of Children and Families (DCF) is the state's first comprehensive agency dedicated to ensuring the safety, well-being and success of children, youth, families and communities. Some of the divisions/offices DCF encompasses includes the following: Adolescent Services; Advocacy; Centralized Child Abuse/Neglect Hotline; Child Protection and Permanency (formerly Youth and Family Services); Children's System of Care (formerly Child Behavioral Health Services); Family and Community Partnerships (formerly Prevention and Community Partnerships); Specialized Education Services; and Women (transferred from DCA).

CHILDREN'S SYSTEM OF CARE (FORMERLY CHILD BEHAVIORAL HEALTH SERVICES)

DCF's Division of Children's System of Care, CSOC, (formerly the Division of Child Behavioral Health Services) serves children and adolescents with emotional and behavioral health care challenges and their families; and children with intellectual/developmental disability. www.state.nj.us/dcf/families/csc

As of January 2013, the New Jersey Department of Children and Families - Division of Children's System of Care (CSOC) assumed responsibility for providing the supports and services for children under the age of 21 with developmental/intellectual disabilities, for-

OFFICE OF THE COMMISSIONER

PO Box 729
Trenton, NJ 08625
Telephone: (609) 888-7900
FAX: (609) 777-2070
www.state.nj.us/dcf

For general information about DCF programs and services: 1-855-INFO-DCF (1-855-463-6323) or askdcf@dcf.state.nj.us

See also services for Children, page 54

**DOMESTIC VIOLENCE HOTLINE
(800) 572-SAFE (7233)**

Hotlines:

If you are deaf or hard of hearing, please call 7-1-1 NJ Relay to access any hotline

For other Hotlines and Helplines, please visit: www.state.nj.us/dcf/families/hotlines

merly provided by the Department of Human Services - Division of Developmental Disabilities (DDD). For information on the transition and the application process, please call PerformCare.

What is PerformCare?

The State of New Jersey has contracted with PerformCare to administer the publicly-funded developmental disability service delivery system for children up to age 21. This transition is a result of the state government restructuring initiated by Governor Christie, which moved the responsibility for providing services to children with developmental disabilities from the Department of Human Services' Division of Developmental Disabilities (DDD) to the Department of Children and Families' Children's System of Care (CSOC). PerformCare has been administering the State's Child Behavioral Health System of Care for many years. The expansion of this System of Care model to also serve children with intellectual and developmental disabilities is a significant step forward. This integrated approach will allow for better coordinated care. As of January 2013, PerformCare has become your point of contact to assist in coordinating the care for your child that had previously been managed by DDD.

PerformCare
300 Horizon Drive, Suite 306
Robbinsville, NJ 08691
Toll-free: 1-877-652-7624
Fax: 1-877-736-9166
www.performcarenj.org

DEPARTMENT OF LAW AND PUBLIC SAFETY

The Department of Law & Public Safety houses the Division on Civil Rights, which investigates allegations of discrimination. The department also contains the Attorney General's Office and divisions dealing with criminal justice, consumer affairs, monitoring of professional boards, and enforcement of the Wheelchair Lemon Law.

DIVISION ON CIVIL RIGHTS

PO Box 089
PO Box 090 (Complaints)
Trenton, NJ 08625
Telephone: (609) 292-4605
TTY: (609) 292-1785
FAX: (609) 984-3812
www.nj.gov/oag/dcr/index.html

OFFICE OF THE ATTORNEY GENERAL

PO Box 080
Richard J. Hughes Justice Complex
25 Market Street
Trenton, NJ 08625-0080
Telephone: (609) 292-4925
Fax: 609-292-3508
www.nj.gov/oag

**For information on the
Wheelchair Lemon Law,
See Page 34**

DIVISION OF CONSUMER AFFAIRS

124 Halsey Street, 7th floor
Newark, NJ 07101
Telephone: (973) 504-6200
(800) 242-5846
FAX: (973) 273-8035
www.njconsumeraffairs.gov

The Division on Civil Rights has established a **Disabilities and Public Accommodations Special Investigations Unit (DPA)** to work closely with advocacy groups for the disabled and pursue investigations that will have the greatest impact on addressing system-wide discrimination, particularly in places of public accommodation.

For Branch Offices, See Page 30

DEPARTMENT OF MILITARY AND VETERANS AFFAIRS

In addition to serving as the headquarters for the New Jersey Army and Air National Guard, the New Jersey Department of Military and Veterans Affairs, under the direction of the Adjutant General, is the government agency responsible for the administration of state provided veterans programs and services within the state.

DIVISION OF VETERANS HEALTHCARE SERVICES

PO Box 340
Trenton, NJ 08625-0340
Telephone: (609) 530-6967
FAX: (609) 530-6970

OFFICE OF THE ADJUTANT GENERAL

PO Box 340
Trenton, NJ 08625
Telephone: (609) 530-6956
FAX: (609) 530-7191
www.state.nj.us/military

NJ Veterans Affairs
www.state.nj.us/military/veterans

NJ Veterans Guide
www.state.nj.us/military/veterans/njguide/index.html

NJ Veterans Hotlines:
Benefits Hotline
888-8NJ-VETS (888-865-8387)

Counseling Hotline
866-VETS-NJ4 (866-838-7654)

National Call Center for Homeless Veterans
(877) 424-3838

Disabled Veterans Resources on the Web

Wounded Warrior Project
Disabled American Veterans
Association for Service Disabled Veterans

www.woundedwarriorproject.org
www.dav.org
www.asdv.org

DEPARTMENT OF TREASURY

The Department of Treasury assumes responsibility for three major functions: generation and collection of revenue, management of assets, and statewide support services. The Department also houses the Office on Disabilities Management that is responsible for issues of compliance with the Americans with Disabilities Act (ADA) in state owned buildings and state run programs.

OFFICE OF DISABILITIES MANAGEMENT

PO Box 034
Trenton, NJ 08625-0034
Telephone: (609) 292-7299
TDD & FAX: (609) 292-6525
www.state.nj.us/treasury/dpmc/Property_management_disabilities.shtml

OFFICE OF THE CORRECTIONS OMBUDSMAN

PO Box 855
Trenton, NJ 08625
Telephone: (609) 633-2596
FAX: (609) 633-8644
www.state.nj.us/correctionsombudsman

OFFICE OF THE OMBUDSMAN FOR THE INSTITUTIONALIZED ELDERLY

PO Box 852
Trenton, NJ 08625-0852
Telephone: (877) 582-6995
FAX: (609) 943-3479
www.nj.gov/ooie

OFFICE OF THE STATE TREASURER

PO Box 002
Trenton, NJ 08625
Telephone: (609) 292-5031
FAX: (609) 292-6145
www.state.nj.us/treasury

DIVISION OF TAXATION

www.state.nj.us/treasury/taxation/email.shtml

General Tax Information

(609) 826-4400
(800) 323-4400

Main Customer Service Center

(609) 292-6400

Homestead Rebate Hotlines:





(888) 238-1233

Property Tax Reimbursement (Senior Freeze)

(800) 882-6597

THE OFFICE OF DISABILITIES MANAGEMENT AT A GLANCE

The Office of Disabilities Management is responsible for the following areas:

-  Barrier Free Compliance of state owned and operated facilities.
-  Implementation and assistance to allow access to all programs, services and activities offered by the State of New Jersey.
-  Technical assistance and advice concerning accessibility standards and adaptive devices to allow full inclusion by persons with disabilities.
-  Funding for modifications needed to ensure accessibility to all state owned and operated facilities.



COUNTY RESOURCES

COUNTY OFFICES FOR PEOPLE WITH DISABILITIES

County Offices for the Disabled function as clearinghouses for information about programs and services, advocate for people with disabilities, and provide technical assistance at a local level. Offices identified with an * also serve as the County Aging and Disability Resource Connection/Area Agency on Aging (ADRC/AAA). See page 19 for more information on ADRC/AAA.

*** ATLANTIC COUNTY DIVISION OF INTERGENERATIONAL SERVICES, AGING & DISABILITY RESOURCE CONNECTION**

Shoreview Building
101 South Shore Road
Northfield, NJ 08225
Telephone: (888) 426-9243
Outside of NJ: (609) 645-5965

BERGEN COUNTY DIVISION ON DISABILITY SERVICES

One Bergen County Plaza, 2nd Floor
Hackensack, NJ 07601
Telephone: (201) 336-6500
TTY: (201) 336-6505

BURLINGTON COUNTY OFFICE FOR THE DISABLED

c/o Resources for Independent Living
351 High Street, Suite 103
Burlington City, NJ 08016
Telephone: (609) 747-7745

*** CAMDEN COUNTY AGING AND DISABILITY RESOURCE CONNECTION**

512 Lakeland Road
Blackwood, NJ 08012
Telephone: (856) 858-3220

*** CAPE MAY COUNTY DEPARTMENT OF AGING AND DISABILITY SERVICES**

4005 Route 9 South
Rio Grande, NJ 08242
Telephone: (609) 886-2784

*** CUMBERLAND COUNTY OFFICE ON AGING AND DISABLED**

800 E. Commerce Street
Bridgeton, NJ 08302
Voice/TTY: (856) 453-2220

ESSEX COUNTY OFFICE FOR THE DISABLED

50 South Clinton Street, Suite 4300
East Orange, NJ 07018
Telephone: (973) 395-8494

*** GLOUCESTER COUNTY DIVISION OF DISABILITY SERVICES**

115 Budd Blvd.
West Deptford, NJ 08096
Telephone: (856) 384-6841

*** HUDSON COUNTY DEPARTMENT OF HEALTH AND HUMAN SERVICES, OFFICE OF DISABILITY SERVICES**

830 Bergen Ave 4b
Jersey City, NJ 07306
Telephone: (201) 369-5280 x4241

*** HUNTERDON COUNTY DIVISION OF SENIOR, DISABILITY, AND VETERANS SERVICES**

PO Box 2900
4 Gauntt Place
Flemington, NJ 08822
Telephone: (908) 788-1361

*** MERCER COUNTY OFFICE FOR THE DISABLED**

640 South Broad Street, PO Box 8068
Trenton, NJ 08611
Telephone: (609) 989-6661

*** MIDDLESEX COUNTY OFFICE ON AGING AND DISABILITY SERVICES**

75 Bayard Street, 5th Floor
New Brunswick, NJ 08901
Voice/TTY: (732) 745-3295

*** MONMOUTH COUNTY OFFICE ON DISABILITIES**

3000 Kozloski Road
Freehold, NJ 07728
Telephone: (732) 308-3770 x7116

*** MORRIS COUNTY DIVISION OF AGING, DISABILITY AND VETERANS SERVICES**

Morris View Health Care Center
540 West Hanover Avenue
Morris Plains, NJ 07950
PO Box 900, Morristown, NJ 07900-0900
Voice: (973) 285-6855

OCEAN COUNTY COMMISSION FOR INDIVIDUALS WITH DISABILITIES

1027 Hooper Avenue, Building 2, 3rd Floor
PO Box 2191, Toms River, NJ 08754
Voice/TDD: (732) 506-5062

*** PASSAIC COUNTY SENIOR, DISABILITY SERVICES, AND VETERANS AFFAIRS**

930 Riverview Drive, Suite 200, Totowa, NJ 07512
Telephone: (973) 569-4060

SALEM COUNTY OFFICE OF DISABILITY SERVICES

98 Market Street, Salem, NJ 08079

Telephone: (856) 935-7510

*** SOMERSET COUNTY AGING AND DISABILITY RESOURCE CONNECTION**

27 Warren Street, 1st floor

PO Box 3000, Somerville, NJ 08876

Telephone: (908) 704-6346

*** SUSSEX COUNTY DEPARTMENT OF HUMAN SERVICES, DIVISION OF SENIOR AND DISABILITY SERVICES**

1 Spring Street

Newton, NJ 07860

Telephone: (973) 579-0555

*** UNION COUNTY OFFICE FOR THE DISABLED**

Union County Administration Building

4th Floor, Elizabethtown Plaza

Elizabeth, NJ 07207

Voice/TDD: (908) 527-4840

WARREN COUNTY OFFICE FOR THE DISABLED

c/o DAWN, Inc.

66 Ford Road, Suite 121

Denville, NJ 07834

Telephone: (973) 625-1940

(888) 383-DAWN

VRS 973-453-4689

COUNTY CRISIS INTERVENTION CONTACTS

The numbers listed below provide callers with access to emergency services and counseling for non-medical emergencies and crisis intervention:

ATLANTIC COUNTY	(609) 344-1118
BERGEN COUNTY	(201) 262-4357
BURLINGTON COUNTY	(609) 835-6180
CAMDEN COUNTY	(856) 428-4357
CAPE MAY COUNTY	(609) 465-5999
CUMBERLAND COUNTY	(856) 455-5555
ESSEX COUNTY	(973) 266-4478
GLOUCESTER COUNTY	(856) 845-9100
HUDSON COUNTY	(866) 367-6023
HUNTERDON COUNTY	(908) 788-6400
MERCER COUNTY	(609) 396-4357
MIDDLESEX COUNTY	(732) 235-5700
MONMOUTH COUNTY	(732) 923-6999
MORRIS COUNTY	(973) 625-0280
OCEAN COUNTY	(732) 886-4474
	(866) 904-4474
PASSAIC COUNTY	(973) 754-2230
SALEM COUNTY	(856) 299-3001
SOMERSET COUNTY	(908) 526-4100
SUSSEX COUNTY	(973) 383-0973
UNION COUNTY	(908) 994-7131
WARREN COUNTY	(908) 454-5141

COUNTY BOARDS OF SOCIAL SERVICE

The Boards of Social Service deliver financial aid and support to individuals and families.

ATLANTIC COUNTY	(609) 348-3001
BERGEN COUNTY	(201) 368-4200
BURLINGTON COUNTY	(609) 261-1000
CAMDEN COUNTY	(856) 225-8800
CAPE MAY COUNTY	(609) 886-6200
CUMBERLAND COUNTY	(856) 691-4600
ESSEX COUNTY	(973) 733-3000
GLOUCESTER COUNTY	(856) 582-9200
HUDSON COUNTY	(201) 420-3000
HUNTERDON COUNTY	(908) 788-1300
MERCER COUNTY	(609) 989-4320
MIDDLESEX COUNTY	(732) 745-3500
MONMOUTH COUNTY	(732) 431-6000
MORRIS COUNTY	(973) 326-7800
OCEAN COUNTY	(732) 349-1500
PASSAIC COUNTY	(973) 881-0100
SALEM COUNTY	(856) 299-7200
SOMERSET COUNTY	(908) 526-8800
SUSSEX COUNTY	(973) 383-3600
UNION COUNTY	(908) 965-2700
WARREN COUNTY	(908) 475-6301

New Jersey's 24/7 Peer Support & Suicide Prevention Hotline**1-855-NJ-HOPELINE (1-855-654-6735)**

Specialists are available for confidential telephone counseling and support 24 hours a day, 7 day per week.

Social Services at a Glance

Work First NJ • Emergency Assistance • Food Stamps
Medicaid • Kinship Care • Supports for Working Families
Home Energy Assistance • Homeless Sheltering
Child Care • Child Support

NJHelps is a free and easy guide for you to determine the programs and assistance for which you and your family may be eligible.

www.mynjhelps.org

CENTERS FOR INDEPENDENT LIVING

Centers for Independent Living (many funded through the Division of Vocational Rehabilitation Services) are community-based, consumer-driven organizations that provide peer counseling, skills training, advocacy, information and referral, and a variety of services based on individual needs.

NEW JERSEY STATEWIDE INDEPENDENT LIVING COUNCIL

The New Jersey Statewide Independent Living Council (SILC) is a 17-member body appointed by the Governor which maximizes opportunities for people with disabilities through planning and advocacy.

www.njsilc.org

ALLIANCE CENTER FOR INDEPENDENCE

(Middlesex, Somerset, Union Counties)

629 Amboy Avenue, 1st Floor, Suite 104
Edison, NJ 08837

Telephone: (732) 738-4388

TDD: (732) 738-9644

www.adacil.org

CAMDEN CITY INDEPENDENT LIVING CENTER

(City of Camden)

Virtua Camden
1000 Atlantic Avenue
Camden, NJ 08104

Telephone: (856) 966-0800

TDD: (856) 966-0830

www.camdencityilc.org

CENTER FOR INDEPENDENT LIVING OF SOUTH JERSEY, INC. (CIL-SJ)

(Camden and Gloucester Counties)

1150 Delsea Drive, Suite 1
Westville, NJ 08093

Telephone: (856) 853-6490

DAWN, INC.

(Morris, Sussex and Warren Counties)

66 Ford Road, Suite 121
Denville, NJ 07834

Telephone: (973) 625-1940 (888) 383-DAWN

VRS: (973) 453-4689

www.dawncil.org

DIAL, INC.

(Essex and Passaic Counties)

2 Prospect Village Plaza, First Floor
Clifton, NJ 07013

Telephone: (973) 470-8090

VRS: (973) 556-0226

www.dial-cil.org

HEIGHTENED INDEPENDENCE & PROGRESS (HIP)

(Bergen County)

131 Main Street, Suite 120
Hackensack, NJ 07601

Telephone: (201) 996-9100 TDD: (201) 996-9424

www.hipcil.org

HEIGHTENED INDEPENDENCE & PROGRESS-HUDSON

(Hudson County)

35 Journal Square, Suite 703
Jersey City, NJ 07306

Telephone: (201) 533-4407 TDD: (201) 533-4409

www.hipcil.org

MOCEANS CENTER FOR INDEPENDENT LIVING

(Monmouth and Ocean County)

Monmouth County Branch:

279 Broadway, Suite 201
Long Branch, NJ 07740

Telephone: (732) 571-4884 TDD: (732) 571-4878

Ocean County Branch:

1027 Hooper Avenue, Building 6, 3rd Floor
Toms River, NJ 08753

Telephone: (732) 505-2310

www.moceanscil.org

PROGRESSIVE CENTER FOR INDEPENDENT LIVING (PCIL)

(Hunterdon and Mercer Counties)

Mercer County Branch:

3525 Quakerbridge Road, Suite 904
Hamilton NJ 08619

Telephone: (609) 581-4500 (877) 917-4500

TDD: (609) 581-4555

Hunterdon County Branch:

4 Walter E. Foran Blvd., Suite 410
Flemington, NJ 08822

Telephone: (908) 782-1055 (877) 376-9174

TDD: (908) 782-1081

www.pcil.org

RESOURCES FOR INDEPENDENT LIVING (RIL)

(Burlington, Cape May, Cumberland, Salem Counties)

351 High Street, Suite 103
Burlington City, NJ 08016

Telephone: (609) 747-7745 TDD: (609) 747-1875

www.rilnj.org

TOTAL LIVING CENTER, INC. (TLC)

(Atlantic County)

6712 Washington Avenue, Suite 106
Egg Harbor Township, NJ 08234

Telephone: (609) 645-9547 TDD: (609) 645-9593

www.tlcenter.org

Satellite Office

1333 Atlantic Avenue, Atlantic City, NJ 08401

Telephone: (609) 345-6700 x2804

TDD: (609) 345-5551 FAX: (609) 343-2374

CENTERS FOR INDEPENDENT LIVING AT A GLANCE

- Peer Support
- Individual and System Advocacy
- Independent Living Skills Training
- Development of Independent Living Plans

PROGRAM OF ALL INCLUSIVE CARE FOR THE ELDERLY (PACE)

PACE is an innovative program, funded by Medicare and Medicaid, that provides frail individuals, age 55 and older, comprehensive medical and social services coordinated and provided by a team of professionals in a community-based center and in their homes, helping program participants delay or avoid long-term nursing home care. To participate in PACE, an individual must be 55 years of age or older, require nursing home level of care but be able to live safely in the community at time of enrollment with the services of PACE, and reside in the service area of a PACE organization. You can leave a PACE program at any time. Four PACE agencies are currently operating in New Jersey and you must live in their coverage area (see zip codes) to participate. For more information, contact the PACE agency serving your area.

<http://www.state.nj.us/humanservices/doas/services/pace>

PACE Centers:

- LIFE St. Francis: 609-599-5433 (serving Mercer County, Bordentown, Florence, and Roebling)
www.stfrancismedical.org/LIFE/Overview.aspx
- LIFE at Lourdes: 856-675-3675 (serving most Camden County communities)
www.lourdesnet.org/programs-and-services/life-at-lourdes
- Lutheran Senior LIFE: 877-543-3188 (serving most of Hudson County)
www.lsmnj.org/how-we-help/senior-health-care-retirement-living/lutheran-senior-life-jersey-city/
- Inspira LIFE: 855-295-5433 (serving portions of Cumberland, Gloucester, and Salem Counties)
<http://www.inspirahealthnetwork.org/life-center>

Aging and Disability Resource Connection (ADRC)/Area Agency on Aging (AAA) www.adrcnj.org

Through the Division of Aging Services, in partnership with County Government, the Aging and Disability Resource Connection/Area Agency on Aging (AAA) serves as the lead agency for seniors and their caregivers to access information, community services, and long term services and supports. Services available to eligible individuals may include: outreach, case management, transportation, senior centers, volunteer opportunities, health promotion, nutrition programs, education, health insurance counseling, adult protective services, senior employment, respite care options, and information on housing and long-term care options. For more information, contact your county ADCRC/AAA at the numbers below.

Atlantic County..... (609) 645-5965
Bergen County..... (201) 336-7400
Burlington County..... (609) 265-5069
Camden County..... (856) 858-3220
Cape May County..... (609) 886-2784/2785
Cumberland County..... (856) 453-2221/2220
Essex County..... (973) 395-8375
Gloucester County..... (856) 384-6900
Hudson County..... (201) 369-4313
Hunterdon County..... (908) 788-1361/1362/1363
Mercer County..... (609) 989-6661

Middlesex County..... (732) 745-3295
Monmouth County..... (732) 431-7450
Morris County..... (973) 285-6848
Ocean County..... (732) 929-2091
Passaic County..... (973) 569-4060
Salem County..... (856) 339-8622
Somerset County..... (908) 704-6346
Sussex County..... (973) 579-0555
Union County..... (908) 527-4870
Warren County..... (908) 475-6591

ADULT PROTECTIVE SERVICES

The role of Adult Protective Services (APS) is to investigate complaints of suspected abuse, neglect, and/or exploitation of vulnerable adults aged 18 or older. A complaint to APS will generate a thorough assessment, which will include a private face-to-face interview with the potentially at-risk adult, to determine if intervention is warranted. All information generated by the investigation is confidential. A report of suspected abuse may be made to the Aging and Community Services Information and Referral toll-free number or to the APS office in the county in which the individual lives.

County Adult Protective Services

Atlantic County..... (888) 426-9243
Bergen County..... (201) 368-4300
Burlington County..... (609) 518-4793
Camden County..... (856) 225-8178
Cape May County..... (609) 886-2221 x270
Cumberland County..... (856) 825-0255
Essex County..... (973) 596-1146
Gloucester County..... (856) 256-2101
Hudson County..... (201) 537-5631
Hunterdon County..... (908) 788-1300
Mercer County..... (609) 989-4346

Middlesex County..... (732) 745-3635
Monmouth County..... (732) 531-9191
Morris County..... (973) 326-7282
Ocean County..... (732) 349-1500
Passaic County..... (973) 881-2616
Salem County..... (856) 339-8622
Somerset County..... (908) 526-8800
Sussex County..... (973) 383-3600
Union County..... (908) 497-3902
Warren County..... (908) 475-6591

DISABILITY SPECIFIC RESOURCES

The following agencies are categorized by target disability as a matter of reference, although some may serve multiple populations. Where a local website was not available, a national website has been provided. Most agencies provide services statewide.

AIDS/HIV

Hyacinth AIDS Foundation
317 George Street, Suite 203
New Brunswick, NJ 08901
Telephone: (800) 433-0254 (Toll-Free)
(732) 246-0204 (outside NJ)
www.hyacinth.org

ALZHEIMER'S DISEASE

Alzheimer's New Jersey
400 Morris Avenue, Suite 251
Denville, NJ 07834
Telephone: (888) 280-6055 (Toll-Free)
(973) 586-4300
FAX: (973) 586-4342
www.alznj.org

Delaware Valley Chapter
3 Eves Drive, Suite 310
Marlton, NJ 08053
Telephone: (856) 797-1212
FAX: (856) 797-1818
www.alz.org/nj/

AMYOTROPHIC LATERAL SCLEROSIS (ALS)

Neuromuscular and ALS Center
Rutgers-Robert Wood Johnson Medical School
125 Paterson Street, Suite 6100
New Brunswick, NJ 08901
Telephone: (732) 235-7331
web.rwjms.rutgers.edu/nmalsweb/

ALS Association
Greater Philadelphia Chapter
321 Norristown Rd. Suite 260
Ambler, PA 19002
Phone: (215) 643-5434
FAX: (215) 643-9307
www.alsphiladelphia.org

ARTHRITIS/FIBROMYALGIA

Arthritis Foundation-New Jersey Chapter
555 Route 1 South, Suite 220
Iselin, NJ 08830
Telephone: (888) 467-3112 (Toll-Free)
(732) 283-4300
FAX: (732) 283-4633
www.arthritis.org
Local website: www.arthritis.org/new-jersey

AUTISM/ASPERGERS/ASD

Asperger Autism Spectrum Education Network
(ASPEN)
9 Aspen Circle, Edison, NJ 08820
Telephone: (732) 321-0880
FAX: (732) 744-1622
www.aspennj.org

Autism Family Services of New Jersey
1 AAA Drive, Suite 203
Trenton, NJ 08691
Telephone: (877) 237-4477 (Toll-Free)
FAX: (609) 392-5621
www.autismfamilyservicesnj.org

Autistic Self Advocacy Network
PO Box 66122
Washington, DC 20035
Telephone: (202) 596-1056
New Jersey Chapter
www.autisticadvocacy.org

Autism New Jersey
500 Horizon Drive, Suite 530
Robbinsville, NJ 08691
Telephone: (609) 588-8200
(800) 4-AUTISM (Toll-Free)
FAX: (609) 588-8858
www.autismnj.org

POAC (Parents of Autistic Children)
1989 Route 88
Brick, NJ 08724
Telephone: (732) 785-1099
FAX: (732) 785-1003
www.poac.net

AUTOIMMUNE DISORDERS

American Autoimmune Related
Diseases Association
22100 Gratiot Avenue
Eastpointe, MI 48021
Telephone: (586) 776-3900
www.aarda.org

For a list of National Resources,
See Pages 32 and 33

BLIND/VISUALLY IMPAIRED

For the NJ Commission for the Blind and Visually Impaired (CBVI), See page 6

National Federation of the Blind-NJ
254 Spruce Street
Bloomfield, NJ 07003
Telephone: (973) 743-0075
www.nfbnj.org

Eyes Like Mine, Inc
PO Box 10125
Newark, NJ 07101
Telephone: (973) 384-1496
www.eyeslikemine.org

Parents of Blind Children-NJ
23 Alexander Avenue Madison, NJ 07940
Telephone: 973-377-0976
Email: blindchildren@verizon.net
www.blindchildren.org

New Jersey Council of the Blind
153 Franklin Corner Road
Lawrenceville, NJ 08648-2501
Telephone: (609) 882-2446
www.njcounciloftheblind.org

Mercer County Association of the Blind
PO Box 55042
Trenton NJ 08638

New Jersey Foundation for the Blind
155 Morris Ave, Suite 2
Denville, NJ 07834
Telephone: (973) 627-0055
FAX: (973) 627-1622
www.njffb.org

The Friends of the NJ Library for the Blind and Handicapped (NJLBH)
PO Box 434
Woodbridge NJ 07095-0434
Telephone (609) 888-5459
www.friendsnjlibraryfortheblind.org

CEREBRAL PALSY

Alliance for the Betterment of Citizens with Disabilities (ABCD)
127 US Highway 206, Suite 18
Hamilton, NJ 08610
Telephone: (609) 581-8375
FAX: (609) 581-8512
www.abcdnj.org

Cerebral Palsy League
(908) 709-1800
www.theclinc.org

LADACIN Network
(732) 493-5900
www.ladacin.org

Cerebral Palsy of North Jersey
(973) 763-9900
www.cpnj.org

North Jersey Elks Developmental Disabilities Agency (NJEDDA)
(973) 772-2600
www.njedda.org

United Cerebral Palsy of Hudson County
721 Broadway
Bayonne, NJ 07702
(201) 436-2200
www.ucpofhudsoncounty.org

New Jersey Institute for Disabilities (NJID)
10 Oak Drive
Edison, NJ 08837
Telephone: (732) 549-6187
FAX: (732) 549-0629
www.cpamc.org

Githens Center
(Burlington County Cerebral Palsy Association)
40 Cedar Street
Mount Holly, NJ 08060
Telephone: (609) 261-1667
FAX: (609) 261-1844
www.githenscenter.org

CANCER

American Cancer Society-NJ
www.cancer.org

Northern Region: 20 Mercer Street
Hackensack, NJ 07601
Telephone: (201) 343-2222

Metro NJ Region: 986 South Springfield Ave
Springfield, NJ 07081
Telephone: (973) 379-2830

Central Region: 2600 US Highway 1
North Brunswick, NJ 08908
Telephone: (732) 297-8000
FAX: (732) 297-9043

Jersey Shore Region: 2310 Route 34 Suite 1D
Manasquan NJ 08736
Telephone: (732) 292-3112

South Jersey Region: 1851 Old Cuthbert Rd
Cherry Hill NJ 08034
Telephone: (856) 616-1650

CARDIAC/HEART DISEASE

American Heart and Stroke Association
1 Union Street, Suite 301
Robbinsville, NJ 08691
Telephone: (609) 208-0020
FAX: (609) 208-2906
www.heart.org

CHRONIC DISEASE SELF MANAGEMENT PROGRAM

www.state.nj.us/humanservices/doas/home/cds-mpprograms.html

CHRONIC FATIGUE SYNDROME

NJCFS (New Jersey Chronic Fatigue Syndrome Association, Inc.)
PO Box 477
Florham Park, NJ 07932
Email: helpdesk@njcfsa.org
www.njmecfsa.org

CROHN'S DISEASE

Crohn's and Colitis Foundation of America
New Jersey Chapter
45 Wilson Avenue
Manalapan, NJ 07726
Telephone: (732) 786-9960
FAX: (732) 786-9964
www.ccfa.org

COGNITIVE/INTELLECTUAL DISABILITY

The Arc of New Jersey
985 Livingston Avenue
North Brunswick, NJ 08902
Telephone: (732) 246-2525
FAX: (732) 214-1834
www.arcnj.org

To Find a Local Chapter of
the Arc of New Jersey,
visit: www.arcnj.org

Click on Find a Chapter

CROSS-DISABILITY

Advancing Opportunities
1005 Whitehead Road Ext., Suite 1
Ewing, NJ 08638
Telephone: (609) 882-4182
(888) 322-1918 (Toll-free)
TTY: (609) 882-0620
FAX: (609) 882-4054
www.advopps.org

Elizabeth M. Boggs Center on Developmental Disabilities
335 George Street, Suite 3500, PO Box 2688
New Brunswick, NJ 08903-2688
Telephone: (732) 235-9300
FAX: (732) 235-9330
www.rwjms.rutgers.edu/boggscenter

Community Access Unlimited
80 West Grand Street, Elizabeth, NJ 07202
Telephone: (908) 354-3040
FAX: (908) 354-2665
www.caunj.org

Community Options, Inc.
16 Farber Road, Princeton, NJ 08540
Telephone: (609) 951-9900
FAX: (609) 951-9112
www.comop.org

Easter Seals New Jersey
25 Kennedy Blvd., Suite 600
East Brunswick, NJ 08816
Telephone: (732) 257-6662
FAX: (732) 257-7373
www.easterseals.com/nj

Spectrum for Living
210 Rivervale Road, Suite 3
River Vale, NJ 07675
Telephone: (201) 358-8000
(866) 367-7732
FAX: (201) 358-8089
www.spectrumforliving.org

Statewide Parent Advocacy Network (SPAN)
35 Halsey Street, 4th Floor
Newark, NJ 07102
Telephone: (800) 654-7726
(973) 642-8100
FAX: (973) 642-8080
www.spanadvocacy.org

CYSTIC FIBROSIS

Cystic Fibrosis Foundation
Greater New Jersey Chapter
1719 Rt. 10, Suite 229
Parsippany, NJ 07054
Telephone 973-656-9200
www.cff.org

DEAF/BLIND

American Association of the Deaf-Blind
1400 East-West Highway, Room 401
Silver Spring, Maryland 20910-4500
Voice: (301) 495-4403
www.aadb.org
Email: aadb-info@aadb.org

**For the NJ Commission for the Blind and
Visually Impaired (CBVI), See page 6**

Helen Keller National Center
141 Middle Neck Rd.
Sands Point, NY 11050
Voice: (516) 944-8900
TTY: (516) 944-8637
Video phone: (516) 570-3626
www.hknc.org

TCNJ Center for Sensory & Complex Disabilities
PO BOX 7718
Ewing, NJ 08628
Telephone: (609) 771-3083
www.njcsd.org

DEAF/HARD OF HEARING

New Jersey Division of Deaf and Hard of Hearing
Telephone (800) 792-8339
www.nj.gov/humanservices/ddhh/home

Alexander Graham Bell Association
PO Box 161
Glen Rock, NJ 07452
Email: njagbell@optimum.net
www.agbellnj.org

Better Hearing Institute
1444 I Street, NW, Suite 700
Washington, DC 20005
Voice: (800) 327-9355 (202) 449-1100
www.betterhearing.org

Hearing Loss Association of America
New Jersey State Association
Telephone (609) 655-0090
www.hearingloss-nj.org

Association of Late-Deafened Adults-
Garden State (ALDA-GS)
www.alda-gs.org

North West Jersey Association for the Deaf (NWJAD)
www.nwjad.org

NJ Association of the Deaf, Inc. (NJAD)
www.deafnjad.org

DIABETES

American Diabetes Association
NJ Chapter
1160 Route 22 E., Suite 103
Bridgewater, NJ 08807
Telephone: (732) 469-7979
(888) DIABETES
FAX: (908) 722-4887
www.diabetes.org

Diabetes Self Management Program
www.state.nj.us/humanservices/doas/home/cdsmp-programs.html

DOWN SYNDROME

Bringing Up Down Syndrome (BUDS)
504 Centennial Blvd. #1444
Voorhees, NJ 08043
Telephone: (856) 985-5885
www.bringingupdownsyndrome.org

The Down Syndrome Association of Central NJ (DACNJ)
180 Ewingville Road
Ewing, NJ 08638
Telephone: (866) Down Syn (866) 369-6796
www.dsacnj.org

The Down Syndrome Group of Northwest New Jersey
www.dsgnwnj.org

Jersey Shore Down Syndrome Association
www.jsdsa.org

Knowledge and Information about Individuals with
Down Syndrome (K.I.I.D.S)
www.kiids.info

DWARFISM

Little People of America
Telephone: (888) LPA (572)-2001
www.lpadistrict2.org

EATING DISORDERS

Food Addicts Anonymous
NJ Helpline (732) 244-4324
www.foodaddictsanonymous.org

National Eating Disorders Association
(800) 931-2237
www.nationaleatingdisorders.org

Eating Disorder Hope
www.eatingdisorderhope.com

EPILEPSY

Epilepsy Foundation of New Jersey
1 AAA Drive, Suite 203
Trenton, NJ 08691
Telephone: (800) 336-5843
(609) 392-4900
FAX: (609) 392-5621
www.efnj.com

HEAD INJURY/TRAUMATIC BRAIN INJURY (TBI)

Brain Injury Alliance of New Jersey
825 Georges Road, Second Floor
North Brunswick, NJ 08902
Telephone: (732) 745-0200
(800) 669-4323
FAX: (732) 745-0211
www.bianj.org

DID YOU KNOW?

The Division of Disability Services administers the TBI Fund and is the lead state agency for services to individuals with brain injury. See Pages 1 and 2.

HEPATITIS

Hepatitis Foundation International
National Headquarters
8121 Georgia Avenue, Suite 350
Silver Spring, MD 20910
Telephone: (800) 891-0707
FAX: (301) 565-9414
www.hepatitisfoundation.org

HUNTINGTON'S DISEASE

Huntington's Disease Society of America
53 Stickle Avenue
Rockway, NJ 07866
PO Box 2103
Clifton, NJ 07015
Telephone: (973) 784-4965
FAX: (973) 784-4966
www.hdsanj.org

LEARNING DISABILITIES

The International Dyslexia Association
New Jersey Branch
PO Box 32
Long Valley, NJ 07853
Email only: njida@msn.com
www.njida.org

Learning Disabilities Association of America
New Jersey Chapter
614 Cranbury Road P.O. Box 6268
East Brunswick, NJ 08816
Telephone: (732) 645-2738
www.ldanj.org

LUPUS

Lupus Foundation of America
NJ Chapter
PO Box 1184
150 Morris Avenue, Suite 102
Springfield, NJ 07081
Telephone: (800) 322-5816
(973) 379-3226
FAX: (973) 379-1053
www.lupus.org/newjersey/home

Philadelphia TriState Area
101 Greenwood Ave, Suite 200
Jenkintown, PA 19046
Telephone: (215) 517-5070
FAX: (215) 517-8483
www.lupus.org/tristate

MENTAL ILLNESS

Mental Health Association in New Jersey
88 Pompton Avenue
Verona, NJ 07044
Telephone: (973) 571-4100
(800) 367-8850 (Toll-free)
FAX: (973) 857-1777
www.mhanj.org

NAMI NJ (National Alliance on Mental Illness
of New Jersey)
1562 Route 130
North Brunswick, NJ 08902
Telephone: (732) 940-0991
FAX: (732) 940-0355
www.naminj.org

National Coalition for Mental Health Recovery
599 Canal Street
Lawrence, MA 01840
Telephone: (877) 246-9058
www.ncmhr.org

National Mental Health
Consumer's Self-Help Clearinghouse
1211 Chestnut Street, Suite 1100
Philadelphia, PA 19107
Telephone: (800) 553-4539 (Toll-free)
(267) 507-3810
FAX: (215) 636-6312

**For the Division of Mental Health and
Addiction Services, See Page 8**

MUSCULAR DYSTROPHY

Muscular Dystrophy Association
5940 Hamilton Blvd., Suite F
Allentown, PA 18106
Telephone: (610) 391-1977
FAX: (610) 391-0416
www.mda.org

Muscular Dystrophy Association
600 Reed Rd, Suite 104
Broomall PA 19008
Telephone: (610) 325-5758

Muscular Dystrophy Association
25 E. Spring Valley Avenue, Suite 210
Maywood, NJ 07607
Telephone (201) 843-4452
FAX: (201) 843-2324

MULTIPLE SCLEROSIS

National Multiple Sclerosis Society
NJ Metro Chapter
Aspen Corporate Park 1
1480 U.S. Highway 9 North, Suite 301
Woodbridge, NJ 07095
Telephone: (800) 344-4867
www.nationalmssociety.org/Chapters/NJM

National Multiple Sclerosis Society
Greater Delaware Valley Chapter
30 South 17th Street, Suite 800
Philadelphia, PA 19103
Telephone: (215) 271-2400
FAX: (215) 271-6122
www.nationalmssociety.org/Chapters/PAE

Multiple Sclerosis Association of America
National Headquarters
375 Kings Highway North
Cherry Hill, NJ 08002
Telephone: (856) 488-4500
(800) 532-7667 (Toll Free)
www.mymsaa.org/

PARKINSON'S DISEASE

New Jersey American Parkinson Disease Association
100 Kirkpatrick Street P.O. Box 910
New Brunswick, NJ 08901
Telephone: (732) 745-7520
FAX: (732) 745-3114
www.apdanj.org

POLIO/POST-POLIO

New Jersey Polio Network
PO Box 537
Martinsville, NJ 08836
Telephone: (201) 845-6860
www.njpolio.org

RESPIRATORY DISEASE

American Lung Association
New Jersey Chapter
P.O. Box 10188
Newark, NJ 07101
Telephone: (908) 685-8040
FAX: (908) 685-8030
www.lung.org/associations/charters/mid-atlantic

American Lung Association of the Mid-Atlantic
3001 Gettysburg Road
Camp Hill, PA, 17011
Telephone: (717) 541-5864
FAX: (888) 415-5757
www.lung.org/associations/charters/mid-atlantic

SICKLE CELL DISEASE

Sickle Cell Disease Association of America
SCDAA - Philadelphia/Delaware Valley
Philadelphia Business and Technology Center
5070 Parkside Avenue, Suite 1404
Philadelphia, PA 19131
Telephone: (215) 471-8686
FAX: (215) 471-7441
www.sicklecelldisorder.com

Sickle Cell Association of NJ
P.O. Box 9501
Newark NJ 07104
Telephone: (973) 482-9070

SCLERODERMA

Scleroderma Foundation (Southern NJ)
Delaware Valley Chapter
385 Kings Highway North
Cherry Hill, NJ 08034
Telephone: (866) 675-5545
www.scleroderma.org

Tri-State Chapter (Northern NJ)
59 Front Street
Binghamton, NY 13905
Telephone: (607) 723-2239 (800) 867-0885
FAX: (607) 723-2039
www.scleroderma.org

SENSORY IMPAIRMENTS

Everas Community Services
(Formerly the New Jersey Association of the Deaf-Blind, Inc.)
24 K World's Fair Drive
Somerset, NJ 08873-1349
Telephone/TTY: (732) 805-1912
FAX: (732) 805-3088
www.everas.org

New Jersey Speech-Language-Hearing Association
174 Nassau Street, Suite 337
Princeton, NJ 08542
Telephone: (888) 906-5742 FAX: (888) 729-3489
www.njsha.org

SPINA BIFIDA

Spina Bifida Resource Network
(formerly Spina Bifida Association Tri-State Region)
84 Park Avenue, Suite G-106
Flemington, NJ 08822
Telephone: (908) 782-7475 FAX: (908) 782-6102
www.thesbrn.org

SPINAL CORD INJURY (SCI)

Christopher & Dana Reeve Paralysis Resource Center
Short Hills Plaza
636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
Telephone: (800) 539-7309 FAX: (973) 467-9845
www.paralysis.org

United Spinal Association
Resources Center
Telephone: (800) 962-9629
www.spinalcord.org

Central Jersey Spinal Cord Association
19 Jefferson Avenue
New Brunswick, NJ 08903
Telephone: (732) 220-0870
www.cjsca.net

STROKE/CVA

American Stroke Association
7272 Greenville Avenue
Dallas, TX 75231
Telephone: (888) 4-STROKE (888) 478-7653 or
(888) 474-VIVE
www.strokeassociation.org/STROKEORG

TOURETTE SYNDROME





New Jersey Center for Tourette Syndrome
50 Division Street, Suite 205
Somerville, NJ 08876
Telephone: (908) 575-7350 FAX: (908) 575-8699
www.njcts.org

Tourette Syndrome Association of New Jersey, Inc.
PO Box 116
Somerville, NJ 08876
Telephone: (732) 972-4459 FAX: (908) 575-8699
www.tsanj.org

TRANSPLANT

NJ Sharing Network
691 Central Avenue
New Providence, NJ 07974
Telephone: (800) 742-7365
www.sharenj.org

NEW JERSEY SELF-HELP GROUP CLEARINGHOUSE

-  Maintains information on thousands of local no-fee support groups in New Jersey, including many that address disabilities, illnesses, caregiving, and parenting
-  Provides information about national and online support networks
-  Helps those interested in starting new support groups by providing free how-to materials, phone consultation, and training
-  Publishes an annual directory of support groups

Telephone: (800) 367-6274 www.njgroups.org

INTERNET RESOURCES

ADAPT (American Disabled for Attendant Programs Today)
www.adapt.org

Alliance for Inclusion in the Arts
www.inclusioninthearts.org

American Association for Adapted Sports Programs
www.adaptedsports.org

American Association of People with Disabilities
www.aapd.com

American Association on Intellectual & Developmental Disabilities
www.aaid.org

American Chronic Pain Association
www.theacpa.org

American Disability Association (ADAnet)
www.ADAnet.org

American Self-Help Clearinghouse
www.selfhelpgroups.org

Assistance Dogs International, Inc.
www.assistancedogsinternational.org

Center for an Accessible Society
www.accessiblesociety.org

Center for Hearing and Communication
www.chchearing.org

Children's Disabilities Information
www.childrensdisabilities.info

Consortium for Citizens with Disabilities
www.c-c-d.org

Cornucopia of Disability Information
www.codi.tamucc.edu

Council for Disability Awareness
www.disabilitycanhappen.org

Disabled in Action
www.disabledinaction.org

Disability History Museum
www.disabilitymuseum.org

Disability Info
www.disability.gov

Disability Online
www.disabilityonline.com

Disability Resources Monthly
www.disabilityresources.org

Disability Social History Project
www.disabilityhistory.org

Disabled Sports USA
www.disabledsportsusa.org

DO-IT Foundation
www.washington.edu/doi

Food Addicts in Recovery Anonymous (FA)
www.foodaddicts.org

Genetic Alliance
www.geneticalliance.org

Harvard Law School Project on Disability
www.hpod.org

Health Care Coach
www.healthcarecoach.org

Healthy Hearing
www.healthyhearing.com

I Am PWD
www.iampwd.org

Inclusion Daily Express
www.inclusiondaily.com

Independent Living Institute
www.independentliving.org

Institute for Community Inclusion
www.communityinclusion.org

Institute on Disability Culture
www.dimenet.com/disculture

International Center for Disability Resources
www.icdri.org

International Paralympic Committee
www.paralympic.org

Job Accommodation Network
www.askjan.org

Largest Minority
www.largestminority.org

Mobility International USA
www.miusa.org

National Academy of Elder Law Attorneys, Inc.
www.naela.org

National Arts and Disabilities Center
www.semel.ucla.edu/nadc

National Center for Accessible Media
www.ncam.wgbh.org

National Center on Accessibility
www.ncaonline.org

National Center on Birth Defects and Developmental Disabilities
www.cdc.gov/ncbddd

National Clearinghouse on Postsecondary Education for Individuals with Disabilities
www.heath.gwu.edu

National Council on Disability
www.ncd.gov

National Disability Rights Network
www.ndrn.org

National Organization on Disability
www.nod.org

National Institutes of Health
www.nih.gov

National Rehabilitation Information Center
www.naric.com

PACER Center
Champions for Children with Disabilities
www.pacer.org

Parents with Disabilities Online
www.disabledparents.net

Special Needs Answers
www.specialneedsanswers.com

Society for Accessible Travel and Hospitality
www.sath.org

Society for Disability Studies
www.disstudies.org

TASH (formerly The Association for the Severely Handicapped)
www.tash.org

Through the Looking Glass
www.lookingglass.org

Waisman Center
www.waisman.wisc.edu

World Association of People with Disabilities
www.wapd.org

World Institute on Disability
www.wid.org

United Nations Commission on Human Rights
www.ohchr.org

U.S. International Council on Disabilities
www.usicd.org

**Don't See What You Need?
Contact DDS at
1-888-285-3036**

ADVOCACY RESOURCES

ADVOCACY-GENERAL

Advocates for Children of New Jersey
35 Halsey Street, 2nd Floor, Newark, NJ 07102
Telephone: (973) 643-3876
FAX: (973) 643-9153
www.acnj.org

Association for Special Children and Families
PO Box 494
Hewitt, NJ 07421-0494
Telephone: (973) 728-8744
www.ascfamily.org

New Jersey Self-Advocacy Project
985 Livingston Avenue
North Brunswick, NJ 08902
Telephone: (732) 246-2525 x22
FAX: (732) 749-8514
www.arcnj.org

ADVOCACY-EDUCATION

Statewide Parent Advocacy Network (SPAN)
35 Halsey Street, 4th Floor
Newark, NJ 07102
Telephone: (800) 654-7726
(973) 642-8100
FAX: (973) 642-8080
www.spannj.org

ADVOCACY-FAMILY SUPPORT

The Family Support Center of New Jersey
35 Beaverson Blvd. Building 11
Brick, NJ 08723
Telephone: (800) 372-6510
FAX: (732) 262-4373
www.fscnj.org

The Family Resource Network
1 AAA Drive, Suite 203
Trenton, NJ 08691
Telephone: (800) 376-2345
(609) 392-4900
FAX: (609) 392-5621
www.familyresourcenetwork.org

ADVOCACY-INFORMATION/RESEARCH

United Spinal Association
120-34 Queens Blvd. Suite 320
Kew Gardens NY 11415
Telephone: (718) 803-3782
FAX: (718) 803-0414
www.unitedspinal.org

ADVOCACY- LEGAL SERVICES

American Civil Liberties Union (ACLU)
PO Box 32159
Newark, NJ 07102
Telephone: (973) 642-2084
www.aclu-nj.org

Education Law Center
60 Park Place, Suite 300
Newark, NJ 07102
Telephone: (973) 624-1815
FAX: (973) 624-7339
TDD: (973) 624-4618
www.edlawcenter.org

Legal Services of New Jersey
PO Box 1357
Edison, NJ 08818
Telephone: (888) 576-5529
(732) 572-0066
www.lsnj.org

New Jersey State Bar Association
One Constitution Square
New Brunswick, NJ 08901
Telephone: (732) 249-5000
FAX: (732) 249 2815
www.njsba.com

Community Justice Center
310 W. State Street, Third Floor
Trenton, NJ 08618
Telephone: (609) 218-5120
FAX: (609) 218-5126
www.nj-communityjusticecenter.org

Community Health Law Project
185 Valley Street
South Orange, NJ 07079
Telephone: (973) 275-1175
FAX: (973) 275-5210
www.chlp.org

BRANCH OFFICES

Community Health Law Project (North Jersey)
650 Bloomfield Avenue, Suite 210
Bloomfield, NJ 07003
Telephone: (973) 680-5599
FAX: (973) 680-1488
TDD: (973) 680-1116

Community Health Law Project (Central Jersey)
225 East State Street, Suite 5
Trenton, NJ 08608
Telephone: (609) 392-5553
FAX:/TDD:(609) 392-5369

Community Health Law Project (East Jersey)
65 Jefferson Avenue, Suite 402,
Elizabeth, NJ 07201
Telephone: (908) 355-8282
FAX: (908) 355-3724

Community Health Law Project (East Jersey)
1 Main Street, Suite 413
Eatontown, NJ 07724
Telephone: (732) 380-1012
FAX: (732) 380-1015

Community Health Law Project (South Jersey)
Station House Office Building
900 Haddon Avenue, Suite 400
Collingswood, NJ 08108
Telephone/TDD: (856) 858-9500
FAX: (856) 858-9545

Disability Rights New Jersey (DRNJ)
(formerly New Jersey Protection and Advocacy, Inc.)
210 South Broad Street, 3rd Floor
Trenton, NJ 08608
Telephone: (800) 922-7233
(609) 292-9742
FAX: (609) 777-0187
www.drnj.org

Division on Civil Rights (Central Regional Office)
140 East Front Street, 6th Floor
PO Box 090
Trenton, NJ 08625
Telephone: (609) 292-4605
TTY: (609) 292-1785
FAX: (609) 292-3812
www.NJCivilRights.org

BRANCH OFFICES

Division on Civil Rights
(Northern Regional Office)
31 Clinton Street, 3rd Floor
Newark, NJ 07102
Telephone: (973) 648-2700
FAX: (973) 648-4405

Division on Civil Rights
(South Shore Regional Office)
1325 Boardwalk at Tennessee Avenue, 1st Floor
Atlantic City, NJ 08401
Telephone: (609) 441-3100
TTY: (609) 441-7648
FAX: (609) 441-3578

Division on Civil Rights
(Southern Regional Office)
5 Executive Campus Suite 107
Cherry Hill, NJ 08034
Telephone: (856) 486-4080

SUPPORT GROUPS

New Jersey Self-Help Group Clearinghouse
Morris SHO 1259
Rt. 46 E. Suite 4D
Parsippany, NJ 07054

Telephone: (800) 367-6274
(973) 792-6137
FAX: (973) 989-1159

www.njgroups.org

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PROFESSIONAL AND PROVIDER ORGANIZATIONS

New Jersey Association of Community Providers, Inc.
140 Scotch Road
Ewing, NJ 08638
Telephone: (609) 406-1400
FAX: (609) 406-1442
www.njacp.org

Accses NJ INC, CNA services
150 West State Street, Suite 120
Trenton, NJ 08608
Telephone: (609) 392-1255
FAX: (609) 392-3236
www.accesnj.org

ASAH
2125 Route 33
Lexington Square
Hamilton Square, NJ 08690
Telephone: (609) 890-1400
FAX: (609) 890-8860
www.asah.org

New Jersey Association for Persons in Supported
Employment (NJAPSE)
www.njapse.com/

For Home Care Associations, See Page 51

VIII

SERVICE DOG RESOURCES

Canine Companions for Independence
286 Middle Island Road Medford, NY 11763
Telephone/TDD: (800) 572-2275
FAX: (631) 561-0230
www.cci.org

Canine Hearing Companions, Inc.
247 E. Forest Grove Road Vineland, NJ 08360
(856) 696-3668 Voice (856) 696-3433 FAX
www.chcheardogs.org

Canine Partners for Life
PO Box 170 Cochranville, PA 19330
Telephone: (610) 869-4902 FAX: (610) 869-9785
www.k94life.org

Guiding Eyes for the Blind
611 Granite Springs Road
Yorktown Heights, NY 10598
Telephone: (800) 942-01049
www.guidingeyes.org

The Seeing Eye, Inc.
PO Box 375 Morristown, NJ 07963-0375
Telephone: (973) 539-4425
FAX: (973) 539-0922
www.seeingeye.org

Assistance Dogs International (ADI)

ADI is a coalition of not for profit assistance dog organizations. To find other service dog programs serving your area, use the "program search" available on their website at: www.assistedogsinternational.org

See Appendix 5 for more information on Service Animals

IX

RECREATION RESOURCES

SPORTS AND TRAINING

New Jersey Special Olympics
1 Eunice Kennedy Shriver Way
Lawrenceville, NJ 08648
Telephone: (609) 896-8000
FAX: (609) 896-8040
www.sonj.org

Association of Blind Athletes of New Jersey
(ABANJ)
PO Box 294
Belmar, NJ 07719
Telephone: (848) 459-5983
www.abanj.org

ARTS PROGRAMS

New Jersey Theatre Alliance
8 Marcella Avenue
West Orange, NJ 07052
Telephone: (973) 731-6582 FAX: (973) 731-5520
www.njtheatrealliance.org

VSA Arts of New Jersey
703 Jersey Avenue
New Brunswick, NJ 08901
Telephone: (732) 745-3885 FAX (732) 745-4524
www.vsanj.org

New Jersey Commission on Recreation for
Individuals With Disabilities
www.njcrd.org Email: info@NJCRID.org

TECHNOLOGY RESOURCES

ASSISTIVE TECHNOLOGY

Assistive technology is equipment or a service that serves to increase, maintain or improve the functional capability of an individual with a disability. The following programs and agencies provide both awareness of and access to assistive technology.

Assistive Technology Advocacy Center (ATAC)

“Back in Action”

210 S. Broad Street, 3rd Floor
Trenton, NJ 08608

Telephone: (800) 922-7233
(609) 292-9742

TDD: (609) 633-7106

FAX: (609) 777-0187

www.drnj.org/atacprogram.htm

www.backinaction.drnj.org

Advancing Opportunities

Assistive Technology Services/Lending Center
1005 Whitehead Road Ext., Suite 1

Ewing, NJ 08638

Telephone: (888) 322-1918 x595
(609) 882-4182

TTY: (609) 882-0620

FAX: (609) 882-4054

www.assistivetechcenter.org

Goodwill Home Medical Equipment

18 Artic Parkway, Ewing, NJ 08638

Telephone: (609) 396-1513

FAX: (609) 396-1516

www.goodwillhomemedical.org

TECHNOLOGY RESOURCES ON THE WEB

Able Data

www.abledata.com

RESNA

www.resna.org

AssistiveTech.net

www.assistivetech.net

Web Accessibility Initiative

www.w3.org/WAI

Northeast ADA & IT Center www.northeastada.org

NATIONAL RESOURCES

Many national organizations can offer assistance to people with disabilities and their families. Here are some telephone numbers, hotlines, and websites for additional resources.

AHEAD

(704) 947-7779 www.ahead.org

American Foundation for the Blind

(800) 232-5463 www.afb.org

Alexander Graham Bell Association

(202) 337-5220
www.listeningandspokenlanguage.org

American Stroke Association

(888) 478-7653 www.strokeassociation.org

American Association of the Deaf-Blind

(301) 495-4402 (TTY)
(301) 495-4403 (Voice) www.aadb.org

American Tinnitus Association

(800) 634-8978 www.ata.org

American Association on Intellectual and Developmental Disabilities

(202) 387-1968 www.aaid.org

Amputee Coalition of America

(888) 267-5669 www.amputee-coalition.org

American Cancer Society

(800) 227-2345 www.cancer.org

Amyotrophic Lateral Sclerosis Association

(800) 782-4747 www.alsa.org

The Arc (National Office)

(800) 433-5255 www.thearc.org

Arthritis National Research Foundation
(800) 588-2873 www.curearthritis.org

Audient
1-866-956-5400 x2 www.audientalliance.org

Better Hearing Institute
(800) 327-9355 (Voice) www.betterhearing.org

Brain Injury Association of America
(800) 444-6443 www.biausa.org

Burn Association of America
(312) 642-9260 www.ameriburn.org

Celiac Sprue Association
(877) 272-4272 www.csaceliacs.org

Children and Adults with Attention Deficit Disorder (CHADD)
(800) 233-4050 www.chadd.org

Solve ME/CFS Initiative
(formerly Chronic Fatigue and Immune Dysfunction Syndrome Association of America)
(704) 364-0016 www.solvecfs.org

Cystic Fibrosis Foundation
(800) 344-4823 www.cff.org

Disability Rights Education and Defense Fund
(800) 348-4232 www.dredf.org

Easter Seals National Headquarters
(800) 221-6827 www.easterseals.com

Epilepsy Foundation of America
(800) 332-1000 www.epilepsyfoundation.org

Hearing Loss Association of America
(301) 657-2248 www.hearingloss.org

Helen Keller National Center
(516) 944-8900 (Voice)
(516) 570-3626 (Video phone) www.hknc.org

Job Accommodation Network
(800) 526-7234 www.askjan.org

Laurent Clerc National Deaf Education Center
(202) 651-5051
www.gallaudet.edu/clerc-center.html

Learning Disabilities Association of America
(412) 341-1515 www.ldanatl.org

Mental Health America
(800) 969-6642 www.mentalhealthamerica.net

Muscular Dystrophy Association
(800) 572-1717 www.mda.org/locate/state/nj

National Association of the Deaf
(301) 587-1788 (Voice) www.nad.org

National Association for Parents of Children with Visual Impairments
(800) 284-4422 www.lighthouseguild.org

National Autism Center
(877) 313-3833 www.nationalautismcenter.org

National Council on Alcoholism and Drug Dependence
(800) 622-2255 www.ncadd.org

National Down Syndrome Congress
(800) 232-6372 www.ndscenter.org

National Down Syndrome Society
(800) 221-4602 www.ndss.org

National Education for Assistance Dog Services
(978) 422-9064 www.neads.org

National Fragile X Foundation
(800) 688-8765 www.fragilex.org

National Library Services for the Blind and Physically Handicapped
(888) 657-7323 www.loc.gov/nls

National Multiple Sclerosis Society
(800) 344-4867 www.nationalmssociety.org

National Organization for Rare Disorders
(800) 999-6673 www.rarediseases.org

National Spinal Cord Injury Association
(800) 962-9629 www.spinalcord.org

Office of Disability Employment Policy (ODEP)
(866) 633-7365 www.dol.gov/odep

Paralyzed Veterans of America
(800) 424-8200 www.pva.org

Reflex Sympathetic Dystrophy Syndrome Association
(877) 662-7737 www.rsds.org

Society for Disability Studies
(716) 645-0276 www.disstudies.org

United Spinal Association
(800) 404-2898 www.unitedspinal.org

RESEARCH RESOURCES

The NJ State Library Talking Book & Braille Center
2300 Stuyvesant Avenue
Trenton NJ 08618
Telephone: (800) 792-8322
FAX: (609) 406-7181
www.njstlbbc.org

Learning Ally
(formerly Recording for the Blind and Dyslexic)
20 Roszel Road
Princeton, NJ 08540
Telephone: (800) 221-4792
FAX: (609) 987-8116
www.learningally.org

New Jersey State Library
PO Box 520, 185 West State Street
Trenton, NJ 08625
Telephone: (609) 278-2640
FAX: (609) 278-2647
www.njstatelib.org

RESEARCH RESOURCES ON THE WEB

Disability Research Institute www.dri.uiuc.edu/default.htm
National Center for the Dissemination
of Disability Research www.ncddr.org
National Rehabilitation Information
Center www.naric.com
Spinal Cord Injury
Information Network www.spinalcord.uab.edu
US Census Bureau www.factfinder2.census.gov

RIGHTS AND LAWS

The Individuals with Disabilities Education Act (IDEA)

www.idea.ed.gov

Federal law mandating that all children, regardless of disability, are entitled to a free, appropriate education, without extra cost and in the least restrictive and least segregated environment possible.

The Rehabilitation Act of 1973

www.access-board.gov/the-board/laws/rehabilitation-act-of-1973

Federal law which mandates all federal government agencies, and agencies with federal government contracts, to take affirmative action to employ people with disabilities. It also protects otherwise qualified people with disabilities from being denied services or benefits from a program receiving federal money.

The Americans with Disabilities Act (ADA)

www.ADA.gov

Federal civil rights law which guarantees individuals with disabilities equal opportunity in employment, public accommodations, state and local government services, transportation, and telecommunications.

The Developmental Disabilities Assistance and Bill of Rights Act of 2000

www.acl.gov/Programs/AIDD/DDA_BOR_ACT_2000/index.aspx

Federal law mandating that an individual with a developmental disability has a right to appropriate treatment for his or her disability, and that treatment should be designed to maximize the individual's potential.

The Fair Housing Act

www.justice.gov/crt/about/hce/title8.php

Federal law which prohibits discrimination in the sale or rental of houses and apartments. It is also discriminatory to refuse to allow the modification of a home to provide physical access.

The Motorized Wheelchair Lemon Law

www.njconsumeraffairs.gov/News/Consumer%20Briefs/motorized-wheelchair-lemon-law.pdf

The Wheelchair Lemon Law requires manufacturers to give customers warranties of at least one year that cover defects which impair the use, value or safety of the chair or scooter. After three unsuccessful attempts at repairing the same problem with the wheelchair or motorized scooter or if the wheelchair or motorized scooter is out of service for a total of twenty days, the customer may be entitled to a replacement, refund, or early lease termination, minus a reasonable allowance for use.

The Snow Removal Act

www.njleg.state.nj.us/2006/Bills/AL07/287_.PDF

In a public parking area, the person who owns or controls the area shall be responsible for assuring that the restricted spaces remain free from obstruction. This includes shopping carts and other debris. Ice and snow must be removed within 24 hours after the weather condition has ceased.

New Jersey Accessible Parking Laws

See Appendix 1

Open Public Records Act (OPRA)

www.nj.gov/opra/

2001 state law which requires most branches of state, county, and municipal government to provide citizens with the opportunity to inspect, copy, or examine government records. It does allow public agencies to protect citizens' personal information.

Older Americans Act

www.aoa.gov

Federal civil rights law passed in 1965, which has since been amended. It created the Administration on Aging and provides funding for research and training projects. It also provides nutrition programs, health promotion and disease prevention, in-home services, and protection of the rights of older persons. The amended Act created the National Family Caregiver Support Program, which helps families care for elders who have illnesses or disabilities.

Mental Health Parity Act

www.nj.gov/mhstigmacouncil/community/legislation

Federal law which prevents group health plans of employers with more than 50 workers from placing dollar limits on mental health benefits that are lower than annual or lifetime dollar limits for medical and surgical benefits offered under the plan. This law does not, however, require group health plans to include mental health coverage.

Health Insurance Portability and Accountability Act (HIPAA)

www.hhs.gov/ocr/privacy

Federal law which establishes national standards to protect individuals' medical records and other health information. Insurance carriers, healthcare clearinghouses, and healthcare providers are required to comply with its privacy standards. It gives consumers the right to request to inspect, copy, or amend their medical records, and to limit disclosure of information.

Danielle's Law

www.njleg.state.nj.us/2002/Bills/S3000/2572_I1.PDF

New Jersey state law which requires staff working at public or private facilities for persons with developmental disabilities or brain injuries to call 911 in cases of medical emergency.

Air Carriers Access Act

www.airconsumer.ost.dot.gov/publications/disabled.htm

Federal law which requires airlines to accommodate the needs of passengers with disabilities. It prevents airlines from refusing to transport a passenger solely because of a disability; limits the circumstances under

which passengers with disabilities must provide advance information about their disabilities to air carriers; states that assistive devices do not count against passenger baggage limits; and sets accessibility guidelines for airplane facilities. Airline personnel must provide routine physical assistance but are not required to provide what would customarily be regarded as personal care assistance. However, if a passenger requires an attendant, the airline must transport the attendant free of charge. The law does not require an airline to transport an individual who may endanger the health or safety of others. The Act mandates that a Complaints Resolution Officer (CRO) be immediately available to resolve disputes between airlines and passengers with disabilities.

The Work Incentives Improvement Act

www.ssa.gov/work/overview.html

Former U.S. President Clinton signed the Ticket to Work and Work Incentives Improvement Act of 1999 on December 17. This law increases beneficiary choice in obtaining rehabilitation and vocational services; removes barriers that require people with disabilities to choose between health care coverage and work; and insures that more Americans with disabilities have the opportunity to participate in the workforce and lessen their dependence on public benefits.

New Jersey Law Against Discrimination (NJLAD)

www.state.nj.us/lps/dcr/law.html

New Jersey state law which prohibits discrimination in employment, housing, places of public accommodation, and credit and business contracts on the basis of race, creed, color, national origin, nationality, ancestry, age, sex, familial status, marital status, domestic partnership status, affectional or sexual orientation, atypical cellular or blood trait, genetic information, liability for military service, mental or physical disability, perceived disability, or AIDS and HIV status. There are exceptions to these prohibitions.

Family Support Act

www.familysupportcoalition.org/the-family-support-act.php

The Family Support Act is a 1993 state law which created family-driven Regional Family Support Planning Councils to assist families in making service decisions that best meet the needs of their members with disabilities.

The Fair Labor Standards Act

www.dol.gov/whd/flsa/

The FLSA establishes minimum wage, overtime pay, recordkeeping, and youth employment standards affecting employees in the private sector and in Federal, State, and local governments. Covered nonexempt workers are entitled to a minimum wage of not less than \$7.25 per

hour effective July 24, 2009. Overtime pay at a rate not less than one and one-half times the regular rate of pay is required after 40 hours of work in a workweek.

LEGAL ASSISTANCE

Civil Rights

The Division on Civil Rights, within the New Jersey Department of Law and Public Safety, is responsible for investigating allegations of discrimination and for seeking resolution through conciliation, hearings, or court orders. People with disabilities can file a complaint by calling the division or any of its enforcement branches. Complaints must be filed with the Division on Civil Rights within 180 days after the alleged act of discrimination.

The Division on Civil Rights

PO Box 090
Trenton, NJ 08625-0090
Telephone: (609) 292-4605
FAX: (609) 984-3812
www.nj.gov/oag/dcr/index.html

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DISABILITY RIGHTS INFORMATION SERVICES

The following telephone numbers and Internet sites offer access to federal agencies and other organizations which provide information about the Americans with Disabilities Act (ADA), as well as guidance in understanding and complying with provisions of the ADA and other federal disability rights laws.

Department of Justice

ADA Information Line: (800) 514-0301
TTY: (800) 514-0383
www.ada.gov

Equal Employment Opportunity Commission (EEOC)

National Headquarters
Telephone: (800) 669-4000
To be automatically connected to the nearest EEOC field office: (866) 408-8075
www.eeoc.gov

Federal Communications Commission

Consumer Information on Telecommunications Relay Services (TRS)
Telephone: (888) 225-5322 VP: (844) 432-2275
www.fcc.gov/encyclopedia/telecommunications-relay-services-trs

US Access Board

Documents and questions: (800) 872-2253
TTY: (800) 993-2822
www.access-board.gov

INFORMATION ON OTHER LAWS OF INTEREST

Individuals with Disabilities Education Act (IDEA) of 1990 US Department of Education

Office of Special Education and Rehabilitative Services
Telephone: (202) 245-7468
www.idea.ed.gov/

Fair Housing Act of 1988

New Jersey/New York
HUD Fair Housing Office
Telephone: (800) 496-4294 TTY: (212) 264-0927
www.hud.gov/offices/fheo/aboutfheo/fhhubs.cfm

Rehabilitation Act of 1973

Disability Rights Section, Civil Rights Division, U.S. Department of Justice:
Telephone: (800) 514-0301 TTY: (800) 514-0383
www.ada.gov

AMERICANS WITH DISABILITIES ACT AT A GLANCE

Title I (Employment) Ensures that qualified job applicants and employees with disabilities are protected from discrimination on the basis of disability. Enforced by the Equal Employment Opportunity Commission (EEOC)

Title II (Public Services) Requires equal access for people with disabilities to state and local government programs and services. Enforced by the Department of Justice (DOJ)

Title III (Public Accommodations and Services Operated by Private Entities) Mandates access to goods and services to people with disabilities in places of public accommodation. Enforced by the Department of Justice (DOJ)

Title IV (Public Communication Systems) Establishes the Telecommunication Relay Service and requires any public service announcement that is funded wholly or in part by the federal government to be closed-captioned. Enforced by the Federal Communications Commission (FCC)

Title V (Misc.) Compliance mechanisms for the administration of the provisions of the ADA

HEALTH COVERAGE AND HEALTH CARE ASSISTANCE

This section describes health care resources for eligible children and adults with disabilities, as well as federal and state health care and dental assistance programs.

SPECIAL CHILD HEALTH SERVICES

Each of the state's 21 counties has a Special Child Health Services (SCHS) Case Management Unit jointly funded by SCHS and the County Freeholders. SCHS Case Managers, with parental consent, work with the parents and the physician to evaluate an affected child's strengths and needs and develop an individual service plan targeting the medical, educational, developmental, social and economic needs of the child and family.

Special Child Health Services

PO Box 364 Trenton, NJ 08625-0364

Telephone: (609) 777-7778

FAX: (609) 292-3580

COUNTY CASE MANAGEMENT UNITS

Atlantic County	(609) 909-9269
Bergen County	(201) 634-2620 x 5
Burlington County	(609) 267-7156
Camden County	(856) 374-6021
Cape May County	(609) 465-6841
Cumberland County	(856) 327-7602 x7132
Essex County	(973) 395-8836
Gloucester County	(856) 218-4111
Hudson County	(201) 915-2514
Hunterdon County	(908) 788-6399
Mercer County	(609) 588-8460
Middlesex County	(732) 745-3187
Monmouth County	(732) 224-6950
Morris County	(973) 971-4155
Ocean County	(732) 341-9700 x7602
Passaic County	(973) 523-6778
Salem County	(856) 935-7510 x8305
Somerset County	(908) 725-2366
Sussex County	(973) 948-5239
Union County	(908) 889-0950 x2544
Warren County	(908) 689-6000 x258

Early Intervention Services

The New Jersey Early Intervention System (NJEIS), under the Division of Family Health Services, implements New Jersey's statewide system of services for infants and toddlers, birth to age three, with

developmental delays or disabilities. The Department of Health is appointed by the Governor as the state lead agency for the Early Intervention System.
Telephone: (888) 653-4463

DIVISION OF FAMILY HEALTH SERVICES NJ Family Health Line

Telephone: (800) 328-3838

Newborn Screening and Genetic Services

Telephone: (609) 292-1582

SUPPLEMENTAL NUTRITION -NEW JERSEY WIC

The Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides supplemental nutritious foods, nutrition education, breastfeeding promotion and support, immunization screening, and health care referrals to pregnant, breastfeeding, and postpartum women, infants, and children up to the age of 5. Services are available to low and no income families as well as families experiencing unemployment, military deployment and other interim family financial hardships.

FOR LOCAL WIC AGENCIES, CALL:

(800) 328-3838

For the Department of Health,
See Page 9

DENTAL ASSISTANCE

Dental Lifeline Network New Jersey

www.dentallifeline.org

Northern NJ:

1540 West Park Avenue
Ocean, NJ 07712

Telephone: (732) 493-4712

Fax: (732) 493-1602

Southern NJ:

P.O. Box 2117 Edison, NJ 08818

Telephone: (732) 821-3056

Fax: (732) 821-3057

Rutgers School of Dental Medicine

110 Bergen Street
Newark, NJ 07101
Telephone: (973) 972-7370

Dental Care for Persons with Developmental Disabilities in NJ, Matheny Medical and Educational Center

PO Box 339, Peapack, NJ 07977
Telephone: (908) 234-0011

NJDA Senior-Dent Program

c/o New Jersey Dental Association
PO Box 6020, North Brunswick, NJ 08902-6020
Telephone: (732) 821-9400
njda.org/menus/Senior-Dent-Program.html

Dental Provider Database
www.disabilityhealth.org/dental

VISION ASSISTANCE

New Eyes For The Needy

549 Millburn Ave., P.O. Box 332, Short Hills, NJ 07078
Telephone: (973) 376-4903
www.new-eyes.org

New Jersey Health Link

New Jersey HealthLink is the nation's most comprehensive healthcare consumer information website serving seniors, families, children and healthcare professionals.
www.nj.gov/njhealthlink

NEW JERSEY HEARING AID PROJECT

Through this innovative project launched by the New Jersey Division of the Deaf and Hard of Hearing (DDHH), Montclair State University, and Sertoma/Hearing Charities of America, used hearing aids are collected, reconditioned, and dispensed free to eligible seniors in need. Eligible New Jersey Residents must be 65 years of age or older and have an income of no more than 250% of the federal poverty level - \$26,575 if single; \$32,582 if married. For more information on obtaining or donating a hearing aid, please contact the DDHH at 800-792-8339.

MEDICARE

Medicare is a health insurance program, administered by the Centers for Medicare and Medicaid Services (CMS), for people 65 years of age or older, certain younger people with disabilities, and people with End-Stage Renal Disease.

Medicare coverage is divided into three parts: Part A, Part B, and Part D. Part A helps to pay for care in hospitals, skilled nursing facilities, and hospice care. Part B helps pay for doctors, outpatient hospital care, and some other services not covered under Part A. Part D, administered by private insurance companies approved by Medicare, provides coverage for prescriptions.

For Medicare information:
www.medicare.gov
800-MEDICARE (633-4227)
TDD: (877) 486-2048

NEW JERSEY CARRIERS AND PARTNERS

State Health Insurance and Assistance Program (SHIP)

Telephone: (800) 792-8820

New Jersey Hospice and Palliative Care

Organization: (908) 233-0060
FAX: (908) 233-1630
www.njhospice.org

NEW JERSEY STATE GOVERNMENT CONTACTS

State Insurance Department: (609) 292-5360
State Medical Assistance Office: (609) 588-2600
Long Term Care Ombudsman: (877) 582-6995

FEDERAL GOVERNMENT CONTACTS

Center for Disease Control and Prevention (CDCP)
(800) 232-4636
www.cdc.gov

Department of Veterans Affairs (DVA)
(800) 827-1000 TDD: (800) 829-4833
www.va.gov

Health Resources and Services Administration (HRSA)
www.hrsa.gov

Office on Civil Rights
(800) 368-1019 TDD: (800) 537-7697
www.hhs.gov/ocr

Office of the Inspector General
(800) 869-4499 TDD: (800) 377-4950
www.justice.gov/oig

Railroad Retirement Board
(877) 772-5772 TDD: (312) 751-4701
www.rrb.gov

MEDICARE COVERAGE AT A GLANCE

- Part A:** Medically necessary care in hospitals, skilled nursing facilities, hospice, and some home health care
- Part B:** Doctor visits, preventive care, laboratory and x-ray services, durable medical equipment, hospital outpatient services, home health care, and ambulance service
- Part D:** Coverage for some medically approved pharmaceuticals

The New Jersey Medicaid Program, administered by the DHS Division of Medical Assistance and Health Services, covers certain medical and health care services for individuals who meet established eligibility standards.

MEDICAL ASSISTANCE CUSTOMER CENTERS

Atlantic / Cape May / Cumberland Counties
(609) 561-7569

Bergen / Passaic / Morris / Sussex / Warren Counties
(973) 977-4077

Burlington / Camden / Gloucester / Mercer / Salem Counties
(856) 614-2870

Essex County
(973) 648-3700

Hudson County
(201) 217-7100

Monmouth / Ocean / Middlesex / Hunterdon /
Somerset / Union Counties
(732) 863-4400

MEDICAID THROUGH MANAGED CARE

Medicaid has changed its service delivery system to have all services administered using a managed care organization (MCO). Most Medicaid recipients are enrolled with an MCO to manage their services. A list of the MCOs and contact information can be found below:

MCO Contact Numbers

Aetna	1-855-232-3596
Amerigroup	1-800-600-4441
Horizon NJ Health	1-877-765-4325
United Healthcare Community Plan	1-800-941-4647
WellCare	1-888-453-2534

MEDICAID HOME AND COMMUNITY-BASED WAIVERS

Medicaid waivers include traditional State Plan Medicaid services plus expanded Medicaid services to allow individuals who require a facility level of care to receive the support services they need to remain living in the community. Waivers have clinical and financial eligibility criteria which must be met prior to enrollment.

County Boards of Social Service, See Page 17
To report Medicaid fraud: 877-55-FRAUD

NJ FAMILY CARE

NJ FamilyCare is a federal and state funded health insurance program created to help New Jersey’s uninsured children and certain low-income parents and guardians to have affordable health coverage. It is for families who do not have available or affordable employer insurance, and cannot afford to pay the high cost of private health insurance.

Telephone: (800) 701-0710
www.njfamilycare.org

MEDICAID AT A GLANCE
MEDICAID SERVICES MAY INCLUDE:

- Certified Nurse Practitioner/Clinical Nurse Specialist Services
- Chiropractic Services
- Dental Services
- Early and Periodic Screenings, Diagnosis, and Treatment (under age 21 only)
- Family Planning Services
- HealthStart Maternity and Pediatric Care Services
- Home Care Services
- Hospice Services
- Inpatient and Outpatient Hospital Services
- Laboratory and Radiological Services
- Medical Day Care Services
- Medical Supplies and Equipment
- Nursing Facility Services
- Optometric Services and Optical Appliances
- Pharmaceutical Services
- Physician Services
- Podiatric Services
- Prosthetic and Orthotic Devices and Hearing Aids
- Psychological and Mental Health Services
- Rehabilitative Services
- Medical Transportation Services

“Where’s My Ride?”
Individuals on Medicaid/NJ FamilyCare can call (866) 527-9934
to schedule rides to and from medical appointments.

PHARMACEUTICAL ASSISTANCE

PAAD and Senior Gold

The Division of Aging Services offers programs that provide financial assistance for prescription medicines and certain pharmacy items to qualified low income individuals.

For information about applying for Pharmaceutical Assistance to the Aged and Disabled (PAAD) or Senior Gold, contact your county's NJ ADRC program (see page 19), your local pharmacy, or the Division of Aging Services.

Division of Aging Services Call Center
(800) 792-9745 (609) 588-7048

For information about the AIDS Drug Distribution Program (ADDP), call: (877) 613-4533

Rx4NJ

Many pharmaceutical companies have Patient Assistance Programs to assist consumers who have limited income and are without health insurance which covers the cost of medications. Rx4NJ, a Partnership for Prescription Assistance (PPA) program, is a no-cost service which connects consumers to these discounts.

www.NJ.pparx.org

DID YOU KNOW?

The New Jersey Motor Vehicle Commission (MVC) provides a discount on the cost of vehicle registration to SSI, PAAD and Lifeline recipients. In order to receive this discount, the recipient must provide a current Lifeline or PAAD eligibility card at the time of registration.

For more information, contact the MVC at:
(609) 292-6500

FEDERALLY QUALIFIED HEALTH CENTERS (FQHCs) are community based programs that provide primary and preventive healthcare, regardless of a patient's ability to pay. To find a FQHC in New Jersey, visit www.njpc.org/FQHC.

CHARITY CARE (866) 588-5696

The New Jersey Hospital Care Payment Assistance Program (Charity Care) is a program that allows free or reduced fee care for uninsured or underinsured patients who receive inpatient or outpatient services at acute care hospitals throughout New Jersey. Some services and outpatient prescriptions may not be eligible for reduction. Assistance is available to individuals who have no health coverage or limited coverage, who are otherwise ineligible for any private or government sponsored coverage (such as Medicaid), and who meet the program's income and assets criteria.

HEALTHCARE RESOURCES ON THE WEB

The Patient Advocate Foundation

www.patientadvocate.org

Medicare Interactive

www.medicareinteractive.org

Center for Ethics and Advocacy in Healthcare

www.healthcare-ethics.org

MENTAL HEALTH SERVICES

Statewide Clinical Consultation and Training (SCCAT)

This program serves individuals with developmental disabilities in mental health or behavioral crises. Their staff work out of regional offices, providing a 24/7 mobile response to people who are in crisis. They work with consumers, their families, staff and mental health providers by offering:

- Direct response at the time of crisis in family homes, residential placements, day programs, and emergency rooms
- Technical support to families, sponsors, DD and mental health service providers
- Link-up with relevant resources
- Training for consumers, families, sponsors, and service providers
- Consultations at psychiatric inpatient units

For more information, call:

(888) 393-3007 www.sccatnj.org

**For the Division of Mental Health and
Addiction Services,
See Page 8**

HEALTH AND WELLNESS FOR PEOPLE WITH DISABILITIES

WELLNESS BASICS

- Include physical activity in your daily routine.
- Eat according to the FDA Food Pyramid at www.choosemyplate.gov
- Rest when needed and maintain a sleep schedule and maintain good personal hygiene.
- Make medical appointments as needed and keep accurate records for follow-up.
- Take medication as directed. Don't deviate from regiment without medical clearance.
- Do a daily "wellness check". Look out for skin breakdown, sores and irritation.
- Make sure medical equipment such as wheelchairs and prosthetic devices "fit" properly.
- Avoid drug usage and limit alcohol and tobacco consumption.
- Maintain social interaction. Be part of the community.
- Keep up with "preventive" care. (Examples: Mammogram and pelvic exams for females and DRE and testicular exam for males.)

HEALTH CARE SELF-ADVOCACY

- Keep an accurate updated list of your medications, providers, and insurance information.
- Make sure providers' offices are accessible. When in doubt, ask.
- Discuss your disability as well as your health needs with practitioners.
- Never be afraid to ask questions or get clarity as needed.
- Ask someone to accompany you to appointments as needed.
- Keep a list of concerns or questions in between appointments and bring it with you to your appointments.

WELLNESS RESOURCES ON THE WEB

Center for Disease Control Women's Health Homepage

www.cdc.gov/ncbddd/women/default.htm

The National Center on Health, Physical Activity, and Disability

www.ncpad.org

Center for Research on Women with Disabilities (CROWD)

www.bcm.edu/crowd/index.cfm

Office on Women's Health

www.womenshealth.gov/illnesses-disabilities/index.html

Center for Disease Control Feature Page on Disabilities

www.cdc.gov/Features/Disabilities

MedNets.com

www.mednet-mea.com

FINANCIAL ASSISTANCE

SUPPLEMENTAL SECURITY INCOME

Supplemental Security Income (SSI) is a Federal program established for the aged and people with disabilities. The program provides a monthly stipend. The federal government administers SSI through the Social Security Administration. People over 65 and people with disabilities, including children, may be eligible for SSI payments, and will receive NJ Medicaid automatically. Application is made through any Social Security office. Parents or guardians may apply on behalf of children under 18.

SOCIAL SECURITY DISABILITY INSURANCE

The Social Security Disability Insurance (SSDI) program pays benefits to disabled workers and their families. To be eligible for SSDI, you must be disabled and must have earned a minimum number of credits from work covered under Social Security. The required number of credits varies depending on your age at the time you became disabled.

SOCIAL SECURITY ADMINISTRATION
(800) 772-1213 TDD: (800) 325-0778
www.ssa.gov

CATASTROPHIC ILLNESS IN CHILDREN RELIEF FUND (800) 335-FUND

The Catastrophic Illness in Children Relief Fund provides financial assistance for families in which a child has a disability or illness for which expenses are incurred that are not fully covered by insurance, state or federal programs, or other sources. Families that have lived in New Jersey for at least three months immediately preceding the date of application may be eligible if they have incurred health care expenses that exceed 10 percent of the family's income (plus 15 percent of any income over \$100,000). The child must have been 21 years old or younger when the medical bills were incurred. Families may reapply annually.

CATASTROPHIC ILLNESS IN CHILDREN RELIEF FUND COMMISSION

PO Box 728, Trenton, NJ 08625-0728
 Telephone: (609) 292-0600
 (800) 335-FUND

www.NJcatastrophicfund.org

HOMEOWNERSHIP PRESERVATION FOUNDATION 888-995-HOPE (4673)

www.995hope.org

The Homeownership Preservation Foundation (HPF) is a nonprofit group that helps financially challenged homeowners navigate their budget problems and, whenever possible, helps them to avoid mortgage foreclosure. The Home Ownership Preservation Effort (HOPE) Hotline provides advising services to distressed homeowners for free, 24 hours a day, 7 days a week, 365 days a year, in over 170 languages. HPF develops innovative and sustainable solutions to preserve and expand homeownership through consumer education and advising programs.

UTILITY ASSISTANCE

HOME ENERGY ASSISTANCE HOTLINE (800) 510-310

BOARD OF PUBLIC UTILITIES

(609) 341-9188 Toll Free: (800) 624-0241

www.bpu.state.nj.us/bpu/assistance/programs

TRUE AND PAGE PROGRAMS

(855) 465-8783 or (732) 982-8710

www.NJpoweron.org

The Temporary Relief for Utility Expenses (TRUE) Program and the Payment Assistance for Gas and Electric (PAGE) Program were established by the Board to provide relief on natural gas and electric bills for low to moderate income New Jersey households who are experiencing a temporary financial crisis. Eligible applicants cannot be receiving or be eligible for a Universal Service Fund (USF) benefit or a Low Income Home Energy Assistance Program (LIHEAP) benefit. TRUE and PAGE are administered by the Affordable Housing Alliance.

COMFORT PARTNERS (888) 773-8326

This program is designed to improve energy affordability for income eligible households through direct installation of free energy efficiency measures and education about steps everyone can take to save energy. Participants are asked to partner with the program to develop and carry out a household energy savings Action Plan.

LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP) (800) 510-3102

LIHEAP is administered by the NJ Dept. of Community Affairs and helps NJ households pay for heating costs and certain medically-necessary cooling expenses. Renters who have their heating costs included in their rent may also qualify. Applications are accepted from October 1st through April 30th of each year.

www.energyassistance.nj.gov

NJ LIFELINE CREDIT PROGRAM (800) 792-9745

Lifeline is administered by the NJ Dept. of Human Services and provides a \$225 annual energy benefit to seniors and people with disabilities who meet the PAAD eligibility requirements or who receive SSI. The benefit is also available to customers who have electric and gas costs included in their rent.

NJ SHARES (866) NJSHARES (657-4273)

www.njshares.org

NJ SHARES is a non-profit corporation that provides assistance to income eligible NJ households in paying their energy, telephone and water bills. Applications for NJ SHARES grants can be made at any of the more than 270 participating social service agencies throughout the state.

UNIVERSAL SERVICE FUND (USF)

(866) 240-1347 or www.energyassistance.nj.gov

The USF, administered by the NJ Dept. of Community Affairs, was designed so that households most in need receive the highest benefit by using a percentage of income formula. Benefits appear as a credit on the household electric and/or gas bill (capped at \$1,800 per year).

Fresh Start: Fresh Start, a special program under USF, allows eligible New Jersey households participating in USF for the first time to earn forgiveness for pre-existing arrearages by making full, on-time payments for 12 months. You cannot apply for Fresh Start, but if you are eligible you will be enrolled by your utility company and receive information about the program in the mail.

WINTER TERMINATION PROGRAM (800) 624-0241

Administered by the BPU, the Winter Termination Program (WTP) protects specific categories of customers from having their gas or electric shut off between November 15th and March 15th. Those enrolled in specific programs (such as SSI, Temporary Assistance to Needy Families, USF and Lifeline) are protected by WTP, and an additional “catch-all” category is included for people unable to pay their utility bills because of circumstances beyond their control such as unemployment or illness.

TELEPHONE ASSISTANCE

The telephone assistance program provides a discount on your monthly bill, to qualified residential telephone customers. Eligibility is determined based on your income or participation in other assistance programs. In general, if you participate in any of the following programs you also may qualify for telephone assistance: SSI, TANF, General Assistance, Lifeline Utility Credit/Tenants Lifeline Assistance, PAAD, Supplemental Nutrition Assistance Program, LIHEAP/HEAP, Medicaid, Federal Public Housing Assistance, National School Lunch Program. The following providers participate in Lifeline Assistance and Link Up programs in New Jersey:

- 1) Verizon New Jersey: Call NJSHARES regarding Communications Lifeline at 1-888-337-3339
www.njshares.org/otherPrograms/communications-lifeline.asp
- 2) CenturyLink/United Telephone Company of New Jersey: 1-800-201-4099 www.centurylink.com
- 3) Warwick/Alteva Valley: 1-800-952-7642
www.Altevatel.com
- 4) Tracfone: 1-800-977-3768 www.safelink.com
- 5) Nexus/Reachout Mobile: 1-877-870-9222
www.reachoutmobile.com
- 6) Virgin Mobile: Call Assurance Wireless
1-888-898-4888 www.assurancewireless.com

THE PROPERTY TAX REIMBURSEMENT (“SENIOR FREEZE”) 1-800-882-6597

www.state.nj.us/treasury/taxation/ptr/

The Senior Freeze Program reimburses senior citizens and disabled persons for property tax increases.

AUTO INSURANCE ASSISTANCE

DOLLAR-A-DAY AUTO INSURANCE (800) 652-2471

The Dollar-A-Day policy is available to New Jersey drivers who are currently enrolled in Medicaid with hospitalization. It covers emergency treatment immediately following an accident, and treatment of serious brain and spinal cord injuries up to \$250,000. It also provides a death benefit of \$10,000. The cost is \$365 per year.

To find food pantries throughout New Jersey, visit www.endhungernj.com

See NJHelps Page 17 - www.myNJhelps.org

The New Jersey Early Intervention System receives state and federal funds through Part C of the Individuals with Disabilities Education Act. The ultimate goal is for children to maximize their potential to lead full, productive lives with their families and within their own communities.

New Jersey's Early Intervention System is a coordinated effort among the New Jersey Department of Health, the New Jersey Department of Human Services, the New Jersey Department of Education and the New Jersey Department of Children and Families. A State Interagency Coordinating Council, appointed by the governor, advises and assists the Department of Health as the lead agency in the development and implementation of early intervention for infants and toddlers with developmental delays or disabilities, and their families. Services are available to children, birth to three, in every county.

ELIGIBILITY

Each child's eligibility is determined by a multidisciplinary team, which includes the child's parents. If the child is not eligible for early intervention, recommendations may be made for referral to other appropriate resources. If the child is eligible, as determined by a medical diagnosis or developmental evaluation, an Individualized Family Service Plan (IFSP) to meet the needs of the child and the family will be developed by the team.

CRITERIA

- developmental delay of at least 1.5 standard deviations below the mean in two or more developmental areas (cognitive; physical, including gross motor, fine motor, vision and hearing; communication, social/emotional or adaptive); or
- developmental delay of at least 2.0 standard deviations below the mean in one developmental area; or
- a medically diagnosed physical or mental condition that has a high probability of resulting in developmental delay.

ACCESSING SERVICES

The county-based Regional Early Intervention Collaboratives are the system point of entry for referral to the early intervention system. With family agreement, anyone may call to make a referral. A service coordinator will be assigned to work with the family. The service coordinator will arrange evaluation for eligibility at no cost to the family.

REGIONAL COLLABORATIVES

The Regional Early Intervention Collaboratives (REICs) are independent, non-profit corporations established to provide a community-based, culturally competent and consumer-driven early intervention system. The collaboratives are responsible for child find, public awareness, initial referral, service coordination, training and technical assistance and family support.

Family Link Regional Early Intervention Collaborative

2333 Morris Avenue, Suite A204 (2nd Floor)
Union, NJ 07083

Telephone: (908) 964-5303

FAX: (908) 964-6091

www.familylinknj.org

(Essex, Morris, Sussex, Union, and Warren Counties)

Northeast Regional Early Intervention Collaborative

65 Willowbrook Boulevard, Suite 405
Wayne, NJ 07470

Telephone: (973) 256-8484

FAX: (973) 256-1233

www.nreic.org

(Bergen, Hudson, and Passaic Counties)

Central Jersey Family Health Consortium Regional Early Intervention Collaborative

Central Jersey Family Health Consortium

2 King Arthur Court, Suite B

North Brunswick, NJ 08902

Telephone: (732) 937-5437

FAX: (732) 937-5540

www.cjfhc.org

(Hunterdon, Mercer, Middlesex, Monmouth, Ocean, and Somerset Counties)

Southern Regional Early Intervention Collaborative

Winslow Professional Building

1044 South Route 73, Suite A, Berlin, NJ 08009

Telephone: (856) 768-6747

FAX: (856) 768-2059

www.snjreic.org

(Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem Counties)

**Toll Free Number for the
Early Intervention System
(888-653-4463)**

The Individuals with Disabilities Education Act guarantees children with disabilities, ages 3 to 21, the right to a free, appropriate public education delivered in the least restrictive environment. The New Jersey Department of Education administers state and federally funded aid programs for more than 1.3 million public and private elementary and secondary school children, and is responsible for ensuring that local schools comply with state and federal laws and regulations.

SPECIAL EDUCATION PROGRAMS

The Office of Special Education Programs, under the jurisdiction of the Division of Student Services, is responsible for the provision of special education and related services.

Office of Special Education Programs
PO Box 500, 100 Riverview Plaza
Trenton, NJ 08625-0500
Telephone: (609) 292-0147
FAX: (609) 984-8422
www.nj.gov/education/specialized

CHILD STUDY TEAMS

A child study team consists of a school psychologist, a learning disability teacher-consultant and a school social worker. For children age three to five, the child study team includes a speech correctionist or speech-language specialist. The child study team, with consent from the child's parents, evaluates the child and determines his or her eligibility for special education services.

Upon completion of the evaluation and prior to placement in special education, an Individualized Education Program, with stated goals and objectives, is written with the participation of the parents. According to New Jersey Administrative Code, a full continuum of alternative placements shall be available to meet the needs of children with educational disabilities.

NEW JERSEY'S SPECIALIZED CHILD STUDY TEAM

Evaluation Services for New Jersey's Deaf and Hard of Hearing Children
PO Box 535
Trenton, NJ 08625-0535
Voice/TTY: (609) 530-3145
www.mksd.org

PROJECT CHILD FIND

A free referral service for early intervention and special education programs.
Telephone: (800) 322-8174

LEARNING RESOURCE CENTERS

Learning Resource Centers provide research reports, educational guides, training, and workshops for parents and educators of students with disabilities.

See page 37 for Special Child Health and Early Intervention Services

HEAD START

Project Head Start is a federally funded pre-school program for children. Head Start provides a program of comprehensive developmental services based on the needs of the individual child, the child's family and community. Head Start serves children with disabilities in a mainstream environment.

For Local Head Start Programs, call:

(609) 777-2074
www.nhsa.org

NEW JERSEY HIGHER EDUCATION STUDENT ASSISTANCE AUTHORITY (HESAA)

HESAA provides New Jersey students and families with the financial and informational resources for students to pursue their education beyond high school.

Telephone: (800) 792-8670
www.hesaa.org

COUNTY SUPERVISORS OF CHILD STUDY

Atlantic	(609) 625-0004	Middlesex	(732) 249-2900
Bergen	(201) 336-6875	Monmouth	(732) 431-7810
Burlington	(609) 265-5938	Morris	(973) 285-8336
Camden	(856) 401-2400	Ocean	(732) 929-2079
Cape May	(609) 465-1281	Passaic	(973) 569-2110
Cumberland	(856) 453-0422	Salem	(856) 453-0422
Essex	(973) 621-2750 x2767	Somerset	(908) 541-5700
Gloucester	(856) 686-8370	Sussex	(973) 579-6996
Hudson	(201) 369-5290	Union	(908) 654-9860
Hunterdon	(908) 788-1414	Warren	(908) 689-0464
Mercer	(609) 588-5873		

Resources for employment and training vary, depending on an individual's skill level and employability. Services for people with disabilities include vocational evaluation and assessment, training, counseling, education, job placement assistance, supported employment and support for entrepreneurs with disabilities.

VOCATIONAL REHABILITATION

The Division of Vocational Rehabilitation Services (DVRS), within the Department of Labor and Workforce Development, provides services to individuals of employable age with disabilities through 18 district offices. Eligibility generally is based on the presence of a mental or physical disability that is an obstacle to employment, and a reasonable expectation that the division's services will help the individual become employable.

Vocational rehabilitation counselors work with individuals and their families to develop and carry out a plan for training and placement. If financial need is established, the division will purchase other rehabilitative services from private providers, such as further evaluation or counseling, training at a vocational center or technical school and on-the-job training.

DIVISION OF VOCATIONAL REHABILITATION SERVICES (DVRS) - MAIN OFFICE

1 John Fitch Plaza, 12th Floor
PO Box 398
Trenton, NJ 08625-0398
Telephone: (609) 292-5987
www.wnjp.in.state.nj.us

DISTRICT OFFICES

DVRS ATLANTIC OFFICE

2 South Main Street, Suite 2
Pleasantville, NJ 08232
Telephone: (609) 813-3933
FAX: (609) 813-3959

DVRS BERGEN OFFICE

60 State Street, 2nd Floor Room 203
Hackensack, NJ 07601-5471
Telephone: (201) 996-8970
FAX: (201) 996-8880

DVRS BURLINGTON OFFICE

795 Woodlane Road, Suite 201
Westampton, NJ 08060
Telephone: (609) 518-3948
FAX: (609) 518-3956

DVRS CAMDEN OFFICE

2600 Mt. Ephraim Avenue, Suite 103
Camden, NJ 08104-3290
Telephone: (856) 614-2500
FAX: (856) 614-2538

DVRS CAPE MAY OFFICE

3810 New Jersey Avenue
Wildwood, NJ 08260
Telephone: (609) 523-0330
VP: (609) 729-0132
FAX: (609) 523-0212

DVRS CUMBERLAND/SALEM OFFICE

40 East Broad Street, Suite 204
Bridgeton, NJ 08302-2881
Telephone: (856) 453-3888
VP: (856) 497-0075
FAX: (856) 453-3909

DVRS ESSEX OFFICE

990 Broad Street, 2nd Floor
Newark, NJ 07102
Telephone: (973) 648-3494
VP: (862) 772-7166
FAX: (973) 648-3902

DVRS GLOUCESTER OFFICE

215 Crown Point Road, Suite 200
Thorofare, NJ 08086-2153
Telephone: (856) 384-3730
FAX: (856) 384-3777

DVRS HUDSON OFFICE

438 Summit Avenue, 6th Floor
Jersey City, NJ 07306-3187
Telephone: (201) 217-7180
FAX: (201) 217-7287
TTY: (201) 942-0085

DVRS MERCER OFFICE

Labor Station Plaza, PO Box 959
28 Yard Avenue,
Trenton, NJ 08625-0959
Telephone: (609) 292-2940
VP: (609) 498-7011
FAX: (609) 984-3553

DVRS MIDDLESEX OFFICE

550 Jersey Avenue, PO Box 2672
 New Brunswick, NJ 08903
 Telephone: (732) 937-6300
 FAX: (732) 937 6358

DVRS MONMOUTH OFFICE

60 Taylor Avenue
 Neptune, NJ 07753-4844
 Telephone: (732) 775-1799
 FAX: (732) 775-1666

DVRS MORRIS OFFICE

13 Emery Avenue 2nd Floor
 Randolph, NJ 07869
 Telephone: (973) 631-6304
 FAX: (973) 895-6420

DVRS OCEAN OFFICE

1027 Hooper Avenue, Bldg. 6, 3rd Fl.
 Toms River, NJ 08753-2225
 Telephone: (732) 505-2310
 TTY: (732) 505-2319
 FAX: (732) 505-2317

DVRS PASSAIC OFFICE

200 Memorial Drive
 Paterson, NJ 07501
 Telephone: (973) 742-9226
 VP/TTY: (973) 968-6556
 FAX: (973) 279-5895

DVRS SOMERSET/HUNTERDON OFFICE

75 Veterans Memorial Drive East
 Suite 101
 Somerville, NJ 08876-2952
 Telephone: (908) 704-3030
 FAX: (908) 704-3476

DVRS SUSSEX/WARREN OFFICE

223A West Stiger Street, Suite A
 Hackettstown, NJ 07840-1217
 Telephone: (908) 852-4110
 FAX: (908) 813-9745

DVRS UNION OFFICE








921 Elizabeth Avenue, 3rd Floor
 Elizabeth, NJ 07201
 Telephone: (908) 965-3940
 FAX: (908) 965-2976

CBVI OFFICES

For New Jersey residents who are blind or visually impaired, the DHS Commission for the Blind and Visually Impaired (CBVI) provides comprehensive employment services, which include vocational evaluation, counseling, guidance, training, and job placement. For a list of CBVI offices, go to Page 6.

ONE-STOP CAREER CENTERS

The cornerstone of New Jersey's workforce investment system are the One-Stop Career Centers. One-Stop Career Centers throughout the state offer a wide range of tools to help people, including military veterans, those who are 55+, and individuals with disabilities, find a new job or career. All services are free of charge to help New Jersey's workers:

-  Find a job
-  Strengthen job-search skills
-  Get training
-  Improve reading and basic skills
-  Network the way to a job
-  Use labor market information to make career decisions
-  Start a business

To connect with your local One-Stop Career Center, call:

(877) 872-5627 **Jobs4Jersey.com**

Need more information on disability employment in NJ? Visit:

www.state.nj.us/humanservices/disabilityemployment.html

**For the New Jersey Association for Persons in Supported Employment (NJAPSE),
 See Page 31**

TICKET TO WORK AND WORK INCENTIVES IMPROVEMENT ACT

Social Security's Ticket to Work Program is a free and voluntary program available to people ages 18 through 64 who are blind or have a disability and who receive Social Security Disability Insurance (SSDI) or Supplemental Security Income (SSI) benefits. The goals of the program are to offer beneficiaries with disabilities expanded choices when seeking service and supports to enter, re-enter, and/or maintain employment; to increase the financial independence and self-sufficiency of beneficiaries with disabilities; and to reduce and, whenever possible, eliminate reliance on disability benefits. While participating in the Ticket to Work Program, beneficiaries can get the help they need to safely explore their work options without immediately losing their benefits. Beneficiaries also can use a combination of work incentives to maximize their income until they begin earning enough to support themselves.

For information, call (866) 968-7842 or visit:
www.chooseworkttw.net

SELF-EMPLOYMENT

The New Jersey Division of Vocational Rehabilitation Services has developed a common policy and regulations regarding self-employment as a work option for people with disabilities. Individuals with an interest in becoming self-employed should present this option to their vocational rehabilitation counselor. If a solid business plan is put together, there may be capital investment available for a variety of start-up needs.

Eligible clients of the Commission for the Blind and Visually Impaired can obtain capital to start and manage businesses through the Commission's Business Enterprise Program. Support primarily consists of training in business management and assistance in establishing vending locations. However, assistance for other business ventures is possible. A solid business plan is required.

Self-Employment Initiative Division of Vocational Rehabilitation Services

Telephone: (609) 292-5987
FAX: (609) 292-8347

PLAN TO ACHIEVE SELF-SUPPORT (PASS)

The Social Security Administration has adopted a series of work incentives with a Plan to Achieve Self-Support (PASS), including the retention of benefits while starting a business. Individuals receiving SSI may be able

to acquire additional capital for small business start-up through a PASS. A business plan is required. Contact a PASS specialist at your local Social Security office.

PASS Proposals Social Security Administration
Telephone: (800) 772-1213 TDD: (800) 325-0778
www.socialsecurity.gov/disabilityresearch/wi/pass.htm

TECHNICAL ASSISTANCE

Assistance for entrepreneurs with disabilities is available in the form of financing, business plan preparation, marketing assistance, PASS assistance, or general help in locating information or resources for business start-up or expansion.

New Jersey Economic Development Authority
Telephone: (609) 858-6700
www.njeda.com

Small Business Development Centers
Telephone: (800) 432-1565
www.njsbdc.com

Service Core of Retired Executives SCORE
Telephone: (800) 634-0245
FAX: (973) 645-2375
www.score.org

**Receiving Social Security Disability
and considering working?**

**Visit the New Jersey Benefits to Work
Calculator at**
www.nj.db101.org

Business Resources on the Web

AbilityJobs

www.abilityjobs.com

US Small Business Administration

www.sba.gov

US Office of Disability Employment Policy

www.dol.gov/odep

TICKET TO WORK

The Ticket to Work and Self-Sufficiency Program is the centerpiece of legislation signed by former U.S. President Clinton on December 17, 1999, under the Ticket to Work and Work Incentives Improvement Act of 1999. It is a nationwide initiative designed to bring major positive change to the lives of individuals with disabilities.

This comprehensive national initiative also is designed to assist people with the training and support they need to go to work by increasing their choices. SSA beneficiaries with disabilities can find employment, vocational rehabilitation (VR), and other support services from public and private providers.

Telephone: (866) 968-7842 TTY: (866) 833-2967
www.chooseworkttw.net

NJ WINS (NEW JERSEY WORK INCENTIVE NETWORK SUPPORT)

The Family Resource Network's New Jersey Work Incentives Network Support (NJWINS) program assists Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) beneficiaries to start, continue, or increase work efforts while maintaining cash and healthcare benefits for as long as they are needed. NJWINS can serve anyone ages 14 to 64, who is receiving SSI or SSDI benefits and is considering work, starting work, continuing present work, or increasing work efforts. www.njwins.org

Northern and Central New Jersey residents, call: (866) 946-7465

Cape May, Camden, Atlantic, Gloucester, Cumberland and Salem counties, call:
Full Circle Employment Solutions LLC
P.O. Box 7030 Hyattsville, MD 20787
(888) 466-2942 x20

Need more information on disability employment in NJ? Visit:
www.state.nj.us/humanservices/disabilityemployment.html

NJ WORKABILITY

The WorkAbility program offers people with disabilities who are working, and whose income would otherwise make them ineligible for Medicaid, the opportunity to pay a small premium and receive full NJ Medicaid coverage. People with disabilities who are employed and are between the ages of 16 to 64 can qualify for the program with an annual gross earned income of up to approximately \$60,180.

Eligibility Criteria

- ✎ Must be between the ages of 16-64
- ✎ Must be working (full or part time) and have proof of employment
- ✎ Must have been determined "disabled" by the Social Security Administration OR the Disability Review Team at the Division of Medical Assistance & Health Services

✎ Unearned Income

- ✓ \$990 per month (single)
- ✓ \$1,335 per month (couple)

Note: Social Security Disability benefit may be disregarded for unearned income

✎ Earned Income (Individual)

- ✓ \$60,180 per year (gross income)
- ✓ \$5,015 per month (gross income)

✎ Eligible Couple

- ✓ \$80,892 per year (gross income)
- ✓ \$6,741 per month (gross income)

✎ Liquid Assets:

- ✓ \$20,000 for an individual
- ✓ \$30,000 for a couple (where both are eligible)

Note: Assets do not include the primary home, car (used for work or medical transportation), or 401K/IRA retirement account.

www.state.nj.us/humanservices/dds/projects/discoverability
(888) 285-3036

HOUSING PROGRAMS

Under the New Jersey Department of Community Affairs (DCA), the Division of Housing and Community Resources provides affordable housing programs through the administration of the Federal Section 8 Voucher, various supportive services, and financial assistance to communities, local government, and community based organizations. Through its Community Services Block Grant, DCA provides funding to Community Action Agencies (CAA) throughout the state. CAA’s offer various programs to assist low income families and individuals, such as: rental assistance, housing rehabilitation, weatherization, relocation assistance, and family self-sufficiency. The Division also provides grant opportunities to local communities to support recreational opportunities for individuals with disabilities.

DIVISION OF HOUSING AND COMMUNITY RESOURCES

PO Box 051
 Trenton, NJ 08625-0051
 (609) 633-6303
www.state.nj.us/dca/divisions/dhcr

Section 8 Housing Voucher Program
 and State Rental Assistance Program
 (609) 292-4080

HOMELESSNESS PREVENTION

Atlantic County	609-345-3448
Bergen County	201-968-0200
Burlington County	609-835-4329
Camden County	800-331-7272
Cape May County	609-886-2662
Cumberland County	856-691-1841
Essex County	973-266-7991
Gloucester County	856-845-9200
Hudson County	201-437-7222
Hunterdon County	908-782-2490
Mercer County	609-989-9417
Middlesex County	732-638-2870
Monmouth County	732-775-0525
Morris County	908-454-7000
Ocean County	732-244-2351
Passaic County	973-279-7100
Salem County	856-299-1296
Somerset County	908-454-7000
Sussex County	908-454-7000
Union County	908-351-7727
Warren County	908-454-7000

NEW JERSEY HOUSING AND MORTGAGE FINANCE AGENCY (NJHMFA)

800-NJ-HOUSE (800) 654-6873 www.njhousing.gov
 The main goal of the New Jersey Housing and Mortgage Finance Agency is to encourage the production of affordable housing for all New Jersey citizens. Its Community Development Division administers several programs targeted to people with special needs. For information about low-income or special needs home ownership programs, call the NJHMFA.

For the Homeownership Preservation Foundation (HPF) see page 42.

New Jersey Housing Resource Center
 The Housing Resource Center provides individuals with information on accessible and affordable housing throughout the state. This project was made possible through a collaboration among the Division of Disability Services, the Department of Community Affairs and the NJ Housing Mortgage Finance Agency. To access the Center, go to: www.njhrc.gov or call (877) 428-8844.

COMMUNITY ACTION AGENCIES (CAA)

Atlantic County	732-244-5333
Bergen County	201-968-0200
Burlington County	609-386-5800
Camden County	856-964-6887
Cape May County	732-244-5333
Cumberland County	856-451-6330
Essex County	973-395-8350
	(Newark only: 973-642-0181)
Gloucester County	856-451-6330
Hudson County	201-437-7222, 201-547-6910, 201-656-3711, 201-210-0100
Hunterdon County	908-454-7000
Mercer County	609-989-6964, 609-392-2161
Middlesex County	732-324-2180, 732-828-4510
Monmouth County	732-389-2958
Morris County	908-454-7000
Ocean County	732-244-5333
Passaic County	973-881-2834, 973-279-2333, 973-472-2478
Salem County	856-451-6330
Somerset County	732-846-8888
Sussex County	908-454-7000
Union County	908-753-3519, 908-558-2290
Warren County	908-454-7000

MEDICAID PERSONAL CARE ASSISTANT SERVICE (PCA)

Personal Care Assistant Service (PCA) is a state-wide service provided by the New Jersey Medicaid Program to people eligible for Medicaid services in the community. The purpose of personal care is to accommodate long-term chronic or maintenance health care as opposed to short-term skilled care as is provided under Medicaid's home health program. PCA services are health-related tasks done by qualified staff in a medically-eligible beneficiary's home or workplace. It includes assistance with activities of daily living and household duties essential to the individual's health and comfort. To apply, contact your Medicaid managed care organization.

PERSONAL PREFERENCE PROGRAM (PPP)

PPP offers an alternate way for individuals to receive their Medicaid Personal Care Assistant (PCA) services. Using a self-directed model, this program enables elderly and disabled Medicaid recipients to direct and manage their Medicaid PCA services rather than receiving traditional PCA agency services. (See Page 1)

PERSONAL ASSISTANCE SERVICES PROGRAM (PASP)

PASP provides routine, non-medical assistance to adults with disabilities who are employed, preparing for employment, involved in community volunteer work, or attending school. PASP allows consumers to receive up to 40 hours of service per week, therefore enabling them to maintain their independence in the community. Personal assistants help with such tasks as light housekeeping, bathing, dressing, meal preparation, shopping, driving or using public transportation. Consumers are able to coordinate their own services by managing a budget, hiring workers and making purchases directly through their account with the assistance of a fiscal intermediary service organization (FISO) or "business agent". To apply, please contact your county PASP consultant. (See page 1)

COUNTY PASP CONSULTANTS

Atlantic County(609) 645-7700 x4519
 Bergen County(201) 336-6508
 Burlington County(609) 265-5536
 Camden County(609) 261-1667
 Cape May County(609) 631-2452
 Cumberland County(856) 453-2220
 Essex County(973) 395-8494

Gloucester County(856) 384-6845
 Hudson County(201) 336-6508
 Hunterdon County.....(908) 788-1361
 Mercer County(609) 989-6459
 Middlesex County.....(732) 745-2587
 Monmouth County.....(732) 571-6232 x17
 Morris County(973) 326-7286
 Ocean County(732) 505-3779
 Passaic County(973) 225-3683
 Salem County.....(856) 339-8622
 Somerset County.....(908) 704-6346
 Sussex County.....(973) 579-0555 x1281
 Union County.....(908) 527-4845
 Warren County.....(973) 625-1940

AGING AND DISABILITY RESOURCE CONNECTION (ADRC)

The Aging and Disability Resource Connection/ Area Agency on Aging (AAA) serves as the lead agency for seniors and their caregivers to access information, community services, and long term services and supports. Services available to eligible individuals may include: outreach, case management, transportation, senior centers, volunteer opportunities, health promotion, nutrition programs, education, health insurance counseling, adult protective services, senior employment, respite care options, and information on housing and long-term care options. (See Page 19)
www.adrcnj.org

MOM2MOM HELPLINE PROGRAM

The Mom 2 Mom program is designed to provide a compassionate and encouraging environment for mothers of children with special needs to come together and share support. They offer a 24 hour, 7 day a week helpline coordinated by UMDNJ-University Behavioral HealthCare which features peer support, telephone assessments, a network of referral services and support groups.
 Telephone: (877) 914-6662 (877-914-MOM2)
www.mom2mom.us.com

HOME CARE ASSOCIATIONS

Home Care Association of New Jersey
 485-D Route 1 South, Suite 210
 Iselin, NJ 08830
 Telephone: (732) 877-1100
www.homecarenj.org

New Jersey Hospital Association
760 Alexander Road, PO Box 1
Princeton, NJ 08543
Telephone: (609) 275-4000
www.njha.com

ADDITIONAL CAREGIVER RESOURCES

THE CAREGIVER ACTION NETWORK

The Caregiver Action Network is the nation's leading family caregiver organization working to improve the quality of life for the more than 65 million Americans who care for loved ones with chronic conditions, disabilities, disease, or the frailties of old age. CAN serves a broad spectrum of family caregivers ranging from the parents of children with special needs, to the families and friends of wounded soldiers; from a young couple dealing with a diagnosis of MS, to adult children caring for parents with Alzheimer's disease. CAN (formerly the National Family Caregivers Association) is a non-profit organization providing education, peer support, and resources to family caregivers across the country free of charge.

Telephone: (202) 454-3970
www.caregiveraction.org

FAMILY CAREGIVER ALLIANCE

Family Caregiver Alliance was the first community-based nonprofit organization in the country to address the needs of families and friends providing long-term care at home. Long recognized as a pioneer in health services, FCA now offers programs at national, state and local levels to support and sustain caregivers.

Telephone: (415) 434-3388 or (800) 445-8106
www.caregiver.org

COALITION ON FAMILY CAREGIVING

A group of community based organizations, health care providers, and others, working with a common mission to provide family caregivers a link to vital community services and supports. The group advocates to bring relevant issues into public forum and provides free educational programs on topics of vital interest to caregivers and their families. Caregiver support focuses primarily in and around Union County.

Email only: info@cfcare.org
www.cfcare.org

AMERICAN HEALTH CARE ASSOCIATION

The American Health Care Association is a non-profit federation of affiliate state health organizations, together representing more than 11,000 non-profit and for-profit nursing facility, assisted living, developmentally-disabled, and subacute care providers that care for approximately one million elderly and disabled individuals each day.

Telephone: (202) 842-4444
www.ahca.org

Health Care Association of NJ
4 AAA Drive, Suite 203
Hamilton NJ 08691
Telephone: (609) 890-8700
www.hcanj.org

WELL SPOUSE ASSOCIATION

The Well Spouse Association, a nonprofit 501(c)(3) membership organization, advocates for and addresses the needs of individuals caring for a chronically ill and/or disabled spouse/partner. The agency offers peer to peer support and educates health care professionals and the general public about the special challenges and unique issues "well" spouses face every day.

Telephone: (732) 577-8899
www.wellspouse.org

NATIONAL ALLIANCE FOR CAREGIVING

Established in 1996, the National Alliance for Caregiving is a non-profit coalition of national organizations focusing on issues of family caregiving. Alliance members include grassroots organizations, professional associations, service organizations, disease-specific organizations, a government agency, and corporations.

Email only: info@caregiving.org
www.caregiving.org

Rewarding Work

To learn about employment opportunities
to provide support to individuals
with disabilities of all ages:

(866) 212-9675 www.rewardingwork.org/nj

NJ FIND A RIDE www.njfindaride.org

NJ Find A Ride is an online directory of public and accessible transportation options throughout the State. Through a customized search, the site provides information on eligibility, costs, and how to arrange for a ride.

Accessible Travel Information

www.njfindaride.org/accessible-travel-info

NEW JERSEY TRANSIT

New Jersey Transit provides commuter services through more than 150 bus routes and 11 rail lines in New Jersey and into New York and Pennsylvania. Lift-equipped and kneeling buses, as well as accessible rail stations, are important elements of New Jersey Transit's services to people with disabilities. Access Link is a service for those who are not able to use a regular fixed-route bus. New Jersey Transit also provides a reduced fare program for senior citizens and people with disabilities.

New Jersey Transit

One Penn Plaza East, Newark, NJ 07105

Customer Service: (973) 275-5555

TTY: (800) 772-2287

NJ Transit ADA Paratransit: Access Link

Telephone: (800) 955-2321

TTY: (800) 955-6765

www.njtransit.com

REDUCED FARE PROGRAM

Special rates are available for senior citizens 62 years of age or older and people with disabilities. Personal assistants ride for free when proper identification is presented by the person with a disability. Even qualifying out of state residents can ride on NJ TRANSIT buses and trains at the reduced rate. For more information, please contact NJ Transit.

Reduced Fare Program (973) 491-7112

COUNTY PARA-TRANSPORTATION

Each of the 21 counties in New Jersey provide a county-based paratransit service for senior citizens and people with disabilities. The following contact numbers are resources for current information on local paratransit services, including hours of operation, reservation procedures, fees (if any), priorities for services, consumer representation on advisory committees, etc.

COUNTY PARA-TRANSIT INFORMATION

Atlantic County..... (609) 645-5910

Bergen County..... (201) 368-5955

Burlington County..... (877) 603-5111

Camden County..... (856) 456-3344

Cape May County..... (609) 889-3700

Cumberland County..... (856) 691-7799

Essex County..... (973) 618-1280

Gloucester County..... (856) 686-8350

Hudson County..... (201) 369-4320

Hunterdon County..... (800) 842-0531

Mercer County..... (609) 530-1971

Middlesex County..... (800) 221-3520

Monmouth County..... (732) 431-6480

Morris County..... (973) 829-8103

Ocean County..... (877) 929-2082

Passaic County..... (973) 305-5756

Salem County..... (856) 339-8622

Somerset County..... (908) 231-7115

Sussex County..... (973) 579-0480

Union County..... (908) 241-8300

Warren County..... (908) 454-4044

AMTRAK-OFFICE OF AMTRAK ACCESS

Telephone: (800) USA-RAIL (800-872-7245)

TDD/TTY: (800) 523-6590

www.amtrak.com

GREYHOUND CUSTOMERS WITH DISABILITIES**TRAVEL ASSISTANCE LINE**

Telephone: (800) 752-4841 TTY: (800) 345-3109

www.greyhound.com/en/contactus.aspx

Greyhound ADA Compliance Office

(214) 849-8966 www.greyhound.com

OUT OF STATE ACCESSIBLE TRANSIT SERVICES**SEPTA-Pennsylvania**

Customer Services: (215) 580-7800

TDD: (215) 580-7853

Customized Community Transportation

Paratransit Service (215) 580-7145

www.septa.org

MTA-New York

Access-A-Ride: (718) 393-4999

web.mta.info/nyct/paratran/guide.htm

NJTIP @ Rutgers New Jersey Travel Independence

Program New (NJTIP) teaches individuals how to independently travel safely using public transportation. Instruction is available in English and Spanish. For more information visit the website at:

njtip.rutgers.edu

NJTIP @ Rutgers

Alan M. Voorhees Transportation Center
Rutgers, The State University of New Jersey

33 Livingston Avenue

New Brunswick, NJ 08901

Telephone: 848-932-4499

Email: njtip_info@njtip.rutgers.edu

For the Department of Children and Families, See Page 13
www.nj.gov/dcf

NJ PARENT LINK

New Jersey's Early Childhood, Parenting and Professional Resource Center
www.njparentlink.nj.gov

PERFORMCARE

Since 2009 PerformCare has been the Administrative Service Organization (ASO) for the State of New Jersey's Division of Children's System of Care (CSOC).

To access services for children and youth, call PerformCare toll-free, 24 hours a day, seven days a week, at 1-877-652-7624.

(See also, [PerformCare Page 13](#))

OFFICE OF CHILD ABUSE PREVENTION

THE NEW JERSEY TASK FORCE ON CHILD ABUSE AND NEGLECT

PO Box 711
 Trenton, NJ 08625-0700
 Telephone: (609) 888-7919
 FAX: (609) 777-2070

SAFE HAVEN

(877) 839-2339
 Safe Haven operates an infant protection hotline for distressed parents who wish to surrender an infant anonymously at a police station or hospital emergency room with no fear of arrest or prosecution. The child must be less than 30 days old and must not have been abused or neglected.

www.njsafehaven.org

CHILD CARE ASSISTANCE

NEW JERSEY CHILD CARE HELPLINE

(800) 332-9227
 Callers can obtain the telephone number of their local Child Care Resource and Referral Agency to get information about registered family day care providers and other child care services in their area. Caregivers can also learn how to become a registered family day care provider.

CHILD CARE RESOURCE AND REFERRAL CENTERS

The CCR&Rs are centralized locations in each county that provide child care resources, referral, training and technical assistance. Child Care Health Consultant Coordinators provide consultation, education and training about the health and safety needs of children in child care. For additional information, contact your local Child Care Resource and Referral Center (CCR&R).

Atlantic	(609) 646-1180
Bergen.....	(201) 336-7150
Burlington.....	(609) 261-9222
Camden.....	(856) 374-6376
Cape May.....	(609) 898-5500
Cumberland.....	(856) 462-6800
Essex.....	(973) 744-4677
Gloucester.....	(856) 582-8282
Hudson.....	(201) 451-8888
Hunterdon.....	(908) 782-8183
Mercer.....	(609) 989-7770
Middlesex.....	(732) 324-4357
Monmouth.....	(732) 918-9901
Morris.....	(973) 398-1730
Ocean.....	(732) 557-9633
Passaic.....	(973) 684-1904
Salem.....	(856) 469-6100
Somerset.....	(908) 927-0869
Sussex.....	(973) 383-3461
Union.....	(973) 923-1433
Warren.....	(908) 454-1078

KINSHIP NAVIGATOR/KINSHIP CARE

Dial 2-1-1

The Kinship Navigator/Kinship Care is a program for people who have taken on the responsibility of caring for their relatives' children. It is an information and referral program established to help relatives navigate their way through the various governmental systems to find the local supports they need, including support groups, cash assistance, medical coverage, housing assistance, child care resources, and respite services.

The telephone numbers of the four Kinship agencies and the counties they serve are listed below:

- CarePlus NJ: (201) 797-2660 x 5645 (Bergen, Hudson, Morris, Passaic, Sussex, and Warren Counties)
- The Salvation Army: 973-373-5045 (Essex County)
- Children's Home Society: 1-800-396-4518 (Mercer, Middlesex, Monmouth, Ocean, Somerset, Hunterdon, and Union Counties)
- Family Service Association: 1-877-569-0350 (Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem Counties)

New Jersey State Parent Information & Resource Center (NJPIRC) is a program of Prevent Child Abuse-New Jersey (PCA-NJ) that provides leadership and technical assistance to non-profit organizations and local educational agencies to help those organizations put successful parental involvement programs in place.
 (732) 246-8060 www.njpirc.org

SIGNS OF CHILD ABUSE

Child abuse is harm to, or neglect of, a child by another person, whether adult or child. Child abuse happens in all cultural, ethnic, and income groups. Child abuse can be physical, emotional, verbal, sexual, or through neglect. Abuse may cause serious injury to the child and may even result in death.

Signs of possible abuse include:

Physical Abuse

- Unexplained or repeated injuries, such as welts, bruises, or burns
- Injuries that are in the shape of an object (belt buckle, electric cord, etc.)
- Injuries not likely to happen given the age or ability of the child. (For example, broken bones in a child too young to walk or climb.)
- Disagreement between the child's and the parent's explanation of the injury
- Unreasonable explanation of the injury
- Obvious neglect of the child (dirty, undernourished, inappropriate clothes for the weather, lack of medical or dental care)
- Fearful behavior

Emotional and Verbal Abuse

- Aggressive or withdrawn behavior
- Shying away from physical contact
- Afraid to go home with parents or adults

Sexual Abuse

- Child tells you he/she was sexually mistreated
- Child has physical signs, such as:
 - difficulty in walking or sitting
 - genital or rectal pain, itching, swelling, bruises or other injuries in the genital or rectal area, redness, or discharge
 - stained or bloody underwear
- Child has behavioral and emotional signs, such as:
 - difficulty eating or sleeping
 - soiling or wetting pants or bed after being potty trained
 - acting like a much younger child
 - excessive crying or sadness
 - withdrawing from activities and others
 - talking about or acting out sexual acts beyond normal sex play for age

Reproduced from the Center for Disease Control's [Guide to Intentional Injuries](#)

REPORTING CHILD ABUSE/NEGLECT

In New Jersey, any person having reasonable cause to believe that a child has been subjected to neglect or acts of abuse should immediately report this information to the State Central Registry (SCR). **If the child is in immediate danger, call 911 as well as 1-877 NJ ABUSE.** A concerned caller does not need proof to report an allegation of child abuse and can make the report anonymously.

INFORMATION TO PROVIDE THE SCREENER

SCR screeners are trained caseworkers who know how to respond to reports of child abuse/neglect. Whenever possible, a caller should provide all of the following information:

- **Who:** The child and parent/caretaker's name, age and address, as well as the name of the alleged perpetrator and that person's relationship to the child.
- **What:** Type and frequency of alleged abuse/neglect, current or previous injuries to the child, and what caused you to become concerned.
- **When:** When the alleged abuse/neglect occurred and when you learned of it.
- **Where:** Where the incident occurred, where the child is now and whether the alleged perpetrator has access to the child.
- **How:** How urgent the need is for intervention and whether there is a likelihood of imminent danger for the child.

Calls can be placed to the hotline anonymously.

1-877 NJ ABUSE (1-877-652-2873)

TTY 1-800-835-5510

APPENDIX 1: ACCESSIBLE PARKING PLACARD OR PLATES

Accessible parking rights may be granted for both permanent and temporary mobility impairments.

Temporary Accessible Parking Placards:

- May be granted for short-term mobility impairments
- Require written medical certification from a qualified practitioner.
- Are valid for six months
- Are renewable one time at the discretion of the issuing authority
- Are issued by the Chief of Police of each municipality.

Permanent Accessible Parking Placards or Plates: To qualify for a permanent accessible placard or plates, you must:

- Have lost the use of one or more limb
- Be permanently disabled and be unable to move without the use of an assistive device
- Have your mobility limited as certified by a physician
- Have a permanent sight impairment of both eyes as certified by the N.J. Commission of the Blind (placard only)

Note: Non-disabled drivers who are transporting persons who meet the criteria above may also use the Accessible parking privileges, but only when the person with the qualifying disability is in the car. Also, plates or placard must be accompanied by the companion “person with a disability ID” card at all times.

Revisions to the NJ Accessible Parking Laws, effective August 1, 2013:

- The term “handicapped” was replaced with “person with a disability” to reflect person first language.
- Permanent person with a disability identification cards and placards are now required to be renewed every three years.
- The certification of a medical professional is required for the issuance and/or renewal of all person with a disability ID cards/placards.
- All placards will be issued with a prominently printed and displayed expiration date.
- 1 in every 6 accessible parking spaces must be van accessible; this is an increase from the previous standard, which required 1 in every 8 spaces to be van accessible.

Important Notes:

- Parking in the access aisles, the striped areas adjacent to accessible parking spaces, is always illegal. That space is required for wheelchair accessibility, ramps, etc.

New Jersey Motor Vehicles Commission

www.state.nj.us/mvc
(609) 292-6500 (Voice)
(609) 292-5120 (TTY)

The Division of Disability Services publishes a comprehensive “Guide to Accessible Parking”, call (888) 285-3036 to obtain a copy.

APPENDIX 2: SPECIAL NEEDS ADOPTION AND FOSTER CARE

NEW JERSEY SUBSIDIZED ADOPTION PROGRAM

Many children are waiting for loving homes. The NJ Subsidized Adoption Program offers financial assistance to suitable prospective adoptive parents who seek to adopt certain children, including children with disabilities.

CHILDREN WAITING FOR ADOPTION:

- Are older, or of a race or ethnic group for which adoptive homes are not readily available;
- May significant physical, intellectual or emotional disability;
- May need medical treatment or special services, equipment or training;
- May be part of a group of siblings who should be kept together;

- May be over five years old, living with a foster family for at least 12 months.

SUBSIDIES TO ADOPTIVE FAMILIES CAN PROVIDE:

- A regular monthly payment including clothing allowance to help parents meet daily needs.
- Payment covering the legal fees related to the adoption.
- Medicaid coverage for the child to assist with any condition that is not covered by the family’s insurance.
- A special subsidy for a specific medical, health or equipment need.
- Out of State Medical coverage (for most states).
- Post adoption counseling support services.

REQUIREMENTS OF ADOPTIVE FAMILIES

- Must be at least 18 years old and 10 years older than the child to be adopted
- You may be single, married, in a domestic partnership or civil union
- Must be a New Jersey resident, or reside in a state with a cooperative agreement

- Must be in reasonably good physical and emotional health with the long-term ability to provide day-to-day care for the child
- Must be financially able to support the needs and care of the adopted child

For information
1-800-99 ADOPT (1-800-992-3678)
1-877-NJFOSTER (1-877-653-6783)
www.nj.gov/njfosteradopt

APPENDIX 3: PEOPLE FIRST LANGUAGE

Every person is made up of many characteristics and few want to be identified only by their ability to play tennis or by their love for fried onions or by the mole that's on their face. Those are just parts of us.

In speaking or writing, remember that children or adults with disabilities are like everyone else except they happen to have a disability. Therefore, here are a few tips for improving your language related to disabilities:

- Emphasize abilities, not limitations.
- Do not label people as part of a disability group; don't say "the disabled", say "people with disabilities".

- Don't give excessive praise or attention to a person with a disability; don't patronize them.
- Choice and independence are important; let the person do or speak for him/herself as much as possible; if addressing an adult, say Bill instead of Billy.
- A disability is a functional limitation that interferes with a person's ability to walk, hear, talk, learn, etc.; use handicap to describe a situation or barrier imposed by society, the environment or oneself.

**It is the individual first,
then the disability.**

Say...

child with a disability
person with Cerebral Palsy
person who is deaf or hard of hearing
person with an intellectual disability
person with epilepsy or person with seizure disorder
person who had...
without speech, non-verbal
developmental delay
mental illness
uses a wheelchair
with Down syndrome
has a learning disability
non-disabled
has a physical disability
congenital disability
condition
seizures
cleft lip
mobility impaired
medically involved, or has chronic illness
paralyzed
of short stature

Instead of...

disabled or handicapped person
palsied, or C.P., or spastic
deaf and dumb
retarded
epileptic
afflicted, suffers from, victim
mute, or dumb
slow
crazy or insane
confined to a wheelchair
Mongoloid
is learning disabled
normal, healthy
crippled
birth defect
disease
fits
hare lip
lame
sickly
invalid or paralytic
dwarf or midget

The Department of Human Services has published a People First language fact sheet available on www.state.nj.us/humanservices/news/publications/PeopleFirstFlyer.pdf

APPENDIX 4: ADDICTION RESOURCES

GOVERNOR'S COUNCIL ON ALCOHOLISM AND DRUG ABUSE

The Governor's Council on Alcoholism and Drug Abuse was created to coordinate statewide services involving alcoholism and drug abuse. It also is the funding source for the Municipal Alliance Program.

Governor's Council on Alcoholism and Drug Abuse

PO Box 345

Trenton, NJ 08625

Telephone: (609) 777-0526

FAX: (609) 777-0535

www.state.nj.us/treasury/gcada

Alcoholics Anonymous

South Jersey Intergroup: (856) 486-4444

Cape Atlantic Intergroup: (609) 641-8855

Central Jersey Intergroup: (609) 298-7795

Intergroup of Northern NJ: (908) 687-8566

www.aa.org

NJ Addictions Hotline (800) 238-2333

**For the Division of Mental Health and
Addiction Services, See Page 8**

APPENDIX 5: SERVICE DOGS

The Americans with Disabilities Act defines a service animal as any guide or signal dog used to provide assistance to an individual with a disability.

Under the Americans with Disabilities Act (ADA) and the New Jersey Law Against Discrimination (NJLAD), a place of public accommodation cannot refuse admittance of a service dog when it is accompanying a person with a disability. The ADA/NJLAD requires that places of public accommodation (which include privately-owned businesses that serve the public) allow people with disabilities to bring service dogs into any area in which customers are generally allowed.

The ADA/NJLAD does not require that a service dog be certified or have special identification, but it is not inappropriate for a business to ask if a dog that does not have an identifying vest or a special harness is a service animal rather than a pet. The business may not, however, insist on proof of certification before permitting admittance of a service dog accompanying a person with a disability.

It is a violation of the ADA/NJLAD for a business to charge a cleaning or maintenance fee when a person with a disability has brought a service dog into the place of business. However, the owner of the animal has sole responsibility for its behavior and may be charged for any damages the animal causes as long as the business has a policy of charging non-disabled customers for damages that they cause. Likewise, it is not a violation of the ADA/NJLAD to exclude a service dog from a place of public accommodation if the animal behaves in a loud, threatening, or uncontrolled manner, creating a substantial disturbance or posing a direct threat to the safety of others.

AL-ANON Adult Children & Family Group ALA-TEEN

North Jersey: (973) 744-8686

www.northjerseyal-anon.org

South Jersey: (856) 547-0855

www.southjerseyal-anon.org

Gamblers Anonymous

(855) 222-5542

www.gamblersanonymous.org

Narcotics Anonymous

(800) 992-0401

(732) 933-0462

www.na.org

NAR-ANON Family Group

(877) 424-4491

www.naranonofnj.org

Nicotine Anonymous

(631) 665-0527

www.nicotine-anonymous.org

National Alcohol and Substance Abuse Information Center

(800) 784-6776

www.addictioncareoptions.com

NJ Connect for Recovery (opiate misuse)

(855) 652-3737 TTY: (877) 294-4356

www.njconnectforrecovery.org

APPENDIX 6: Disaster Preparedness Checklist for People with Disabilities

The following list is intended to provide suggestions for disaster preparedness planning that may be taken by individuals with disabilities:

Self-Networks

- Discuss your disability and needs with relatives and friends.
- Develop a network of people who know your needs and location, who will be able to assist you or alert emergency personnel on your behalf. Do not depend on only one person.

Medical Equipment and Supplies

- Evaluate equipment for repairs and obtain and keep spare parts.
- Order the full allotment of supplies that your insurance allows, such as protective briefs, leg bags, suction tubing, hearing aid batteries, etc. Stockpile unused items.
- Assemble a first aid kit. It should include: sterile adhesive bandages in assorted sizes, assorted sizes of safety pins, cleansing agents/soaps, latex gloves (2 pairs), 4-6 sterile gauze pads (2-inch and 4-inch), three triangular bandages, non-prescription drugs, three rolls each of 2 and 3 inch sterile roller bandages, scissors, tweezers, needle, moistened towelettes, antiseptic, thermometer, two tongue depressors, and a tube of petroleum jelly or other lubricant.

Medications and Medical Needs

- Create a list of current prescriptions, names and dosages. Remember to update this list, as needed.
- Keep a list of the names, addresses, and telephone numbers of doctors and pharmacists.
- Prepare a detailed description of your medical regimen and personal care needs.
- Order a full 30-day supply of necessary medications. Check with your insurance carrier.

Telecommunications

- Make sure your cell phone battery and any extra batteries are kept fully charged.
- Pre-arrange alternative methods to reach family, friends, or personal care attendants if ordinary communications are disrupted.

Personal Assistant Care

- Consider checking into a nursing home or hospital if a disaster is anticipated. Staff will be available to meet personal care needs. Also, back up generators will be operating to assist people who use power wheelchairs and/or ventilators.
- Contact your personal care attendant provider to discuss disaster preparedness and maintain a list of phone numbers of those who can assist in obtaining personal care for you.

Food and Water

- Two quarts of water per person are needed for drinking daily.
- Two quarts of water per person are needed for food preparation and sanitation daily.
- Keep a supply of canned, dehydrated, and no-cook foods.
- Keep cases of nutrients available for tube feeding.
- Keep foods for special dietary needs, such as diabetic and high caloric diets.

Service Dog

- The animal always should wear an identification tag with all necessary contact information.
- Keep shots and medical records current and service animal ID numbers available.
- Your animal will need plenty of food and water, kept in sturdy storage containers.
- Consider large capacity self-feeders and water dispensers.
- Keep contact information on your service animal's veterinarian available.
- Check with your local emergency management officials for companion animal procedures in emergency shelters.

APPENDIX 6: Disaster Preparedness (continued)

Power

- ___ Extended power outages may affect ventilators, heating and/or cooling units, which may be a matter of life or death for some people with disabilities.
- ___ Investigate emergency contingency plans in your building/community/municipality.
- ___ Explore care facilities, especially if you use a ventilator or have other complex medical needs.
- ___ Consider staying with friends or family out of your area if you anticipate possible power outages, especially if you have medical equipment that is dependent upon power.
- ___ Contact your local fire department and Red Cross for information and registries of people with disabilities.

Oxygen

- ___ Buildings where oxygen is kept must display an “Oxygen in Use” emblem.
- ___ Oxygen must be kept in containers specifically manufactured for that purpose.
- ___ Alert emergency response staff to the use of oxygen.
- ___ Oxygen is flammable, so avoid sparks and flame. Demand that people not smoke near an oxygen container.

Miscellaneous

- ___ Keep battery-operated flashlights and/or lanterns with lots of extra batteries.
- ___ Blankets and warm clothes should be packed in an emergency.
- ___ Keep the gas tank in your car full.
- ___ Have a battery-powered radio and extra batteries on hand.
- ___ Keep ample cash on-hand. ATMs and banks may not function during power outages.
- ___ Have a non-electric can opener.
- ___ Keep a supply of assorted plastic bags.

For more information on developing an individualized disaster preparedness plan, or for current information on Homeland Security Advisory System recommendations, contact:

STATE

NJ Special Needs Registry ([See Page 3](#))
www.registerready.nj.gov
Call 211 for registration or help

New Jersey Office of Emergency Management
State Police Division Headquarters (NJ OEM)
(609) 882-2000 www.registerready.nj.gov

New Jersey Office of Homeland Security and
Preparedness
www.njhomelandsecurity.gov

FEDERAL

US Department of Homeland Security
www.ready.gov www.Listo.gov ([Spanish](#))
1-800-BE-Ready and 1-888-SE-Listo

Federal Emergency Management Agency (FEMA)
(800) 621-FEMA (3362)
www.fema.gov

LOCAL

American Red Cross
www.redcross.org

Residential Disability and Oxygen Emblems Program

The Division of Fire Safety distributes, free of charge, emblems which can be displayed to inform all emergency response personnel of an oxygen hazard or disabled occupant needing assistance. “Oxygen In Use” emblems are mandated by NJ state law.

For additional information, contact the **Division of Fire Safety: (609) 633-6106**

It is unlawful to evict an oxygen-user from a rental property, solely on the basis of oxygen use, as long as the oxygen is stored and used appropriately. Questions can be directed to the Division of Fire Safety (609) 633-6106.

APPENDIX 7: TRAVELING WITH A DISABILITY

Air Carrier Access Rules (See page 35) lift many restrictions that formerly discriminated against passengers with disabilities, and all carriers are now required to have a Complaints Resolution Officer (CRO) immediately available to resolve disputes between carriers and passengers with disabilities. While airlines may not require passengers with disabilities to provide advance notice of their disability or intent to travel (except in some very specific circumstances), doing so may in some cases help to avoid inconvenience. The following is a list of suggestions for air travelers with disabilities:

PHYSICAL DISABILITY

- Ask the screener for assistance with your mobility aid and carry items.
- Let the screener know your level of ability and your need for physical assistance.
- Inform the screener about any special equipment or devices that you are using and where this equipment is located on your body.
- Ensure that all bags hanging from, or carried on, your wheelchair are put on the X-ray belt.
- Ask the screener to reunite you with your carry items and assistive devices after screening.
- Request assistance with removing your shoes when additional screening is necessary.

HEARING DISABILITY

- Ask the screener to write the information down or to look directly at you and repeat the information.

VISUAL DISABILITY

- Ask the screener to explain the security process to you step by step and to let you know where the metal detector is located.
- Ask the screener to let you know when you will be going through the metal detector and when there are obstacles that you will need to avoid.
- Ask the screener to find someone to escort you through the security process.
- Ask the screener to perform a hand inspection of equipment to prevent damage and to direct you toward your gate once the screening has been completed.

HIDDEN DISABILITY

- Advise screeners that you have a disability and may need some assistance, or need to move slower.
- Offer suggestions to screeners on the best way to approach you during a pat-down inspection.
- Notify the screener if you need to sit down before and/or during the screening process.

TRAVELING WITH MEDICAL SUPPLIES/DEVICES

- Notify the screener that you are carrying medical supplies with you.
- Medications must be properly marked with a professionally printed label identifying the medication or manufacturer's name or pharmaceutical label.
- Notify screeners if you are using any surgically implanted medical device (i.e., insulin pumps, prosthetics, or artificial joints).
- Advise screeners if you are experiencing low blood sugar and are in need of medical assistance.
- Pacemaker users may wish to carry a Pacemaker Identification Card (ID).
- Crutches, canes and walkers will need to go through the X-ray machine. The screener will perform a hand inspection of your equipment if it cannot fit through the X-ray machine. You can ask for a private screening for the inspection of your prosthetic device or body brace.
- Notify screeners if you need assistance, such as a chair or someone to assist you during the inspection of your prosthetic devices or body braces.
- Tools and appliances used to put on or take off prosthetic devices must be screened.

TRAVELING WITH SERVICE ANIMALS

- Carry appropriate identification. Identification may include: cards or documentation, presence of a harness or markings on the tags. Service dogs and their harnesses or vests are subject to inspection.
- Advise the screener how you and your dog can go through the metal detector as a team with the leash and/or harness. If necessary, remind the screener that you should not be separated from your dog.

For more information on traveling by air with a disability, contact:

Federal Aviation Administration **Transportation Security Administration** **Department of Homeland Security**
www.faa.gov www.tsa.gov www.dhs.gov

APPENDIX 8: FAMOUS ADA CASES

BRAGDON V. ABBOTT (1998)

The Supreme Court found that, even when HIV has not progressed to AIDS, it still constitutes a disability, as the virus significantly impairs the life activity of reproduction.

PENNSYLVANIA DEPARTMENT OF CORRECTIONS V. YESKEY (1998)

The Court ruled that state prisons must comply with Title II of the ADA, as they are public entities.

WRIGHT V. UNIVERSAL MARITIME SERVICE CORP (1998)

The Supreme Court ruled that a general arbitration clause in a collective bargaining agreement does not require an employee to use the arbitration procedure for an alleged ADA violation.

ALBERTSONS, INC. V. KIRKINGBURG (1999)

The Supreme Court held that circumstances mitigating the determination of disability include not only devices and medications, but also an individual's ability to compensate for their impairment.

CLEVELAND V. POLICY MANAGEMENT SYSTEMS (1999)

The Supreme Court ruled that pursuing and/or receiving Social Security Disability Insurance benefits does not automatically prevent an individual from pursuing an ADA claim, nor do such SSDI benefits presume against the recipient's ADA success.

MURPHY V. UNITED PARCEL SERVICE (1999)

The Court found that a UPS worker's high blood pressure did not significantly limit his life activities when the worker was medicated, and that he was, therefore, not disabled.

OLMSTEAD V. L.C. (1999)

The Supreme Court ruled that to stop or to avoid discriminatory activity, the state may place people with disabilities in community settings rather than in institutions, when the state's treatment professionals find the placement appropriate, the affected person is not against the shift from an institutional to a community setting, and the placement can be reasonably accommodated.

SUTTON V. UNITED AIRLINES (1999)

The Supreme Court found that determination of disability must include measures that might mitigate a disability, such as, in this case, eyeglasses for those with visual impairments.

EEOC V. WAFFLE HOUSE, INC. (2002)

The Court ruled that a private arbitration agreement between an individual and that individual's employer does not prevent the EEOC from filing a court action in its own name and recovering monetary damages for the individual.

LANE V. TENNESSEE (2004)

The Court ruled that courthouses must adhere to Title II of the Americans with Disabilities Act - which guarantees access to public facilities and services - and that individuals may sue states for failing to provide access to courts.

SPECTOR V. NORWEGIAN CRUISE LINE (2004)

The Supreme Court ruled that foreign run and owned cruise ships serving US ports must comply with the public accommodations requirements of the American with Disabilities Act.

ADA Case Information on the Web

Olmstead Resource Center

www.ilru.org/resources-olmstead-implementation

US Supreme Court Homepage

www.supremecourtus.gov

APPENDIX 9: HOTLINES & TOLL-FREE NUMBERS

ASSISTIVE TECHNOLOGY ADVOCACY CENTER

609-292-9742
800-922-7233

DIVISION OF DEAF AND HARD OF HEARING

800-792-8339

DIVISION OF DISABILITY SERVICES

888-285-3036

DEVELOPMENTAL DISABILITIES COUNCIL

800-792-8858

AGING AND DISABILITY RESOURCE CONNECTION (ADRC)

877-222-3737

NJ DISASTER MENTAL

HEALTH HELPLINE, and 877-294-HELP (4357)

NJ MENTAL HEALTH CARES TTY: 877-294-4356

National Suicide Prevention Hotline 800-273-8255
(for Veteran's Crisis Line, press 1)

NJ Hopeline (suicide prevention) 855-654-6735

SENIOR INFORMATION LINE

800-792-8820

SAFE HAVEN FOR INFANTS

877-839-2339

DIVISION OF FAMILY DEVELOPMENT REVIEWS AND APPEALS

800-792-9773

DIVISION OF MENTAL HEALTH SERVICES

800-382-6717

FOSTER AND ADOPTIVE FAMILY SERVICES

877-NJ-FOSTER (1-877-653-6783)

MEDICAID FRAUD AND ABUSE HOTLINE

888-937-2835

NJ FAMILYCARE

800-701-0710

CHILDREN AND FAMILY SERVICES

Division of Children and Family Services (DCF) Info Line 855-463-6323

Adoption 800-99-ADOPT (800-992-3678)

Child Abuse-Report 877-NJABUSE (877-652-2873)

Office of Advocacy 800-331-3937

SIDS Alliance/First Candle 800-221-7437

PerformCare 877-652-7624

Domestic Violence 800-572-7233
TTY: 888-252-7233

Family Help Line 800-THE KIDS (800-843-5437)

Foster Care 877-NJ FOSTER (877-653-6783)

Victim of Crime Compensation Office 800-242-0804

Women's Referral Central 800-322-8092

NJ TASK FORCE ON CHILD ABUSE AND NEGLECT

Task Force on Child Abuse and Neglect 609-888-7919

Parents Anonymous 800-THE KIDS (800-843-5437)

HEALTH AND WELLNESS

AIDS and STD Hotline 800-624-2377

NJ Addictions Hotline 800-238-2333

NJ Connect for Recovery (opiate misuse)
855-652-3737

Cancer Information 800-422-6237

**Office of the Inspector General- (NJ)
Complaint Hotline** 800-424-9071

**Health Complaint and Reportable
Event Hotline** 800-792-9770

Health Information (DOH) 800-367-6543

Family Health Line 800-328-3838

PAAD/Lifeline Program 800-792-9745

HOUSING

Housing and Mortgage Finance Agency 800-654-6873

HUD

Support Service Center 800-697-6967

Best Practices Task Force 800-800-5029

MEDICAL ASSISTANCE

MEDICAID 800-356-1561

MEDICARE 800-633-4227

APPENDIX 10: Accessible Communication

New Jersey Relay

A free service administered by the NJ Board of Public Utilities (BPU) in collaboration with Sprint, to ensure equal communication access to telephone service for people who are deaf, deaf-blind, hard-of-hearing, or speech disabled. The service allows callers to communicate with standard (voice) telephone users through specially trained Relay Operators (OPR). Dial 711 to use NJ Relay.

COMMUNICATION OPTIONS AVAILABLE THROUGH NJ RELAY

Text Telephone Relay (TTY)

Allows individuals using a TTY to type their conversation to the OPR, who then reads the typed conversation to a standard telephone user. TTY equipment is also available with braille or large visual displays for individuals who are visually impaired.

Hearing Carry-Over (HCO)

Allows a speech disabled person with hearing capabilities to listen to a standard telephone user and type his/her conversation to the OPR, who will voice the message to the standard telephone user.

Video Relay Service (VRS)

Enables individuals who use sign language to com-

municate via a certified Video Interpreter via the internet, using any device equipped with a front facing camera or webcam. The interpreter voices the signed conversation over the phone – in real time – to the standard telephone users.

Internet Protocol Relay (IP Relay)

Enables individuals to use any device connected to the internet to type their conversation to an OPR who then reads the conversation to a standard telephone user. Spanish translation is also available.

Relay Conference Captioning (RCC)

Enables individuals to participate in meetings, phone calls, videoconferences and multi-party conference calls using live, real-time text streamed to a computer connected to the Internet.

Captioned Telephones (CapTel), Web CapTel, Wireless CapTel

Allows users to listen, speak directly to the caller, and read captions of the caller's response either through a captioned telephone device (CapTel), via a computer with internet access (Web CapTel), or wirelessly using a mobile device. Spanish translation is available.

For additional information, contact the NJ Division of the Deaf and Hard of Hearing at 609-588-2648 or visit www.njrelay.com.

GLOSSARY

A

Accessible: Usable to an individual with a disability

Accommodation: An adjustment, alteration, or addition to an environment, a situation, or a piece of equipment, which enables a person with a disability to utilize it in a manner equivalent to that of a person without a disability

Acquired Immune Deficiency Syndrome (AIDS): A defect of the immune system caused by the blood-borne HIV virus, causing vulnerability to various infections, malignancies, and neurological diseases

Addiction: Genetically and/or psychosocially impaired ability to control the use of a substance, preoccupation with the substance, distorted perceptions about the substance, and continued use of the substance despite adverse consequences

Alzheimer's Disease: Brain disease of unknown cause in which nerve cells in the brain die, causing progressive, irreversible deterioration of memory and other intellectual functions, language skills, and ability to perform routine tasks

Amyotrophic Lateral Sclerosis (ALS): A progressive, degenerative disease of the motor neurons of the central nervous system, causing muscular weakness, atrophy, and spasticity. Ten percent of cases are genetic, the other ninety percent are of unknown origin

Anorexia Nervosa: Eating disorder primarily characterized by an excessive, voluntary loss of weight and refusal to maintain minimal normal body weight

Area of Refuge: Designated safe place for a person with a disability to await assistance during an emergency evacuation of a building or vessel

Arthritis: Disease of the joints and connective tissues, which can have numerous causes, creating pain, swelling, and limited range of movement

Asperger's Syndrome: A pervasive developmental disorder in which the individual often has above-average intellectual ability, but may experience ongoing difficulties with social interaction, empathy, logic, and understanding non-verbal cues.

GLOSSARY

Assistive Technology: Equipment or services which increase, maintain, or improve the functional capability of an individual with a disability

Asthma: Chronic respiratory disorder characterized by episodes of coughing, wheezing, and difficulty in breathing because of inflamed and obstructed bronchial tubes. Among the triggers are allergies, chemical irritation, and/or emotional stress

Attention Deficit Disorder (ADD): Neurological disorder characterized by distractibility, forgetfulness, inability to concentrate, poor attention span, and impulsiveness

Attention Deficit/Hyperactivity Disorder (ADHD): Neurological disorder which has the same characteristics as Attention Deficit Disorder, but which also includes hyperactivity

Autism: Neurological disorder of unknown origin which generally manifests before the age of 3. Social and communication skills are impaired, and symptoms such as self-injury, aggression, voluntary repetitive body movements, intense attachment to objects, and sensory processing difficulties may be present

Autoimmune Disorder: A variety of disorders which are the result of the body producing an inappropriate immune response against its own tissues. The causes are generally unknown, but symptoms can include episodic or chronic inflammation and pain, as well as tissue and/or organ damage

B

Bi-Polar Disorder: A mental disorder which is characterized by alternations between manic and depressive moods with consequent changes in thinking and behavior. Commonly called Manic-Depression

Blind: Legal blindness is regarded as visual acuity of 20/200 or less in the better eye with correction, or a field of vision no greater than 20 degrees at its widest point

Bulimia: Eating disorder characterized by episodes of binge eating, followed by compulsive purging, usually through vomiting, consumption of laxatives, and/or excessive exercise

C

Celiac Sprue: A genetic disorder which is characterized by an extreme sensitivity to gluten – the protein in some grains – which can produce damage to the small intestine. This damage can impair absorption of nutrients, resulting in malnutrition. The disease can be managed by a gluten-free diet

Cerebral Palsy: Injury to the motor areas of the

brain, at or prior to birth, resulting in a non-progressive impaired ability to control movement and posture

Chronic Fatigue Syndrome: Illness of uncertain cause characterized by fatigue, weakness, malaise, muscle pain, and lymph node swelling

Congenital: A condition which is present at birth, but which has a non-hereditary cause

Cognitive Disability: Impaired ability to think, concentrate, reason, and remember

Crohn's Disease: Condition of unknown origins, characterized by chronic painful inflammation of the intestinal tract

Cystic Fibrosis: A hereditary disease which affects the respiratory system, pancreas, and sweat glands. It is characterized primarily by the excessive production of thick mucus, which results in chronic respiratory infections and impaired breathing

D

Deaf: Hearing loss severe enough to prevent, with or without amplification, the processing of linguistic information. Specifically, a hearing deficiency above 25 db ISO in the 500-2000 frequency Hz range unaided in the better ear

Developmental Disability: Permanent cognitive and/or physical impairment, which occurs before the age of 22, and which substantially limits the individual in three or more major life activities

Diabetes: Condition characterized by abnormal blood sugar levels resulting from impaired functioning of the pancreas

Disability: A physical or mental impairment that substantially limits a major life activity, such as walking, talking, seeing, hearing, caring for oneself, breathing, learning, or working

Down Syndrome: Congenital disorder caused by an extra 21st chromosome, which causes intellectual developmental disabilities and distinctive physical characteristics

Dwarfism: Short stature, resulting from a genetic or medical condition. It is generally defined as an adult height of 4 feet ten inches or less. A common term for an individual with dwarfism is “little person”

E

Eating Disorder: Psychological disorder characterized by a distorted body image and a dysfunctional relationship with food, often resulting from feelings of low self-worth and powerlessness. The individual may overeat, undereat, and/or purge in an effort to self-soothe and to control body shape

GLOSSARY

Emphysema: Disease of the lungs, characterized primarily by labored and inefficient breathing, in which the air sacs (alveoli) become distended and therefore limited in their functioning

Epilepsy: Chronic condition produced by temporary changes in the electrical functioning of the brain, characterized by recurrent brief episodes of convulsive movements, alterations in consciousness, and/or sensory phenomena

F

Fetal Alcohol Spectrum Disorder: A preventable set of physical, craniofacial, mental, and neurobehavioral impairments associated with alcohol consumption by the mother during pregnancy

Fibromyalgia: Disease of unknown origin characterized by the persistent presence of non-physically damaging pain that moves throughout the muscles, joints, ligaments, and tendons of the body

G

Genetic Disorder: A pathological condition resulting from a defective inherited gene

H

Hemiplegia: Paralysis of one side of the body

Human Immunodeficiency Virus (HIV): Virus which can damage the immune system and lead to AIDS

Huntington's Disease: Genetic disease which causes a pre-programmed degeneration of brain cells. Initial symptoms, usually appearing in young to mid-adulthood, include mood swings, forgetfulness, and lack of coordination. They are followed by involuntary movements, deterioration of swallowing and speaking ability, and loss of cognitive ability

I

Intellectual Disability: A developmental disability which is characterized by below-normal intellectual/cognitive functioning, causing impairment in learning, social adjustment, maturation, and acquisition of life skills.

L

Learning Disability: A group of disorders which includes such conditions as dyslexia, developmental aphasia, perceptual disabilities, brain injury, and minimal brain dysfunction, which may disrupt the process of listening, speaking, reading, writing, spelling, or doing mathematical calculations

Lupus: Chronic, progressive disease of unknown cause, which is primarily characterized by scaling and ulceration of the skin. In about 10% of affected individuals, symptoms may also include inflammation of the joints and mucous membranes and disruption of kidney and nervous system function

M

Medigap: Insurance which supplements Medicare benefits by paying some of the costs and covering some of the services not covered by Medicare

Multiple Chemical Sensitivity: Condition marked by a variety of symptoms, such as respiratory distress, migraines, nausea, fatigue, irritation of the mucous membranes and/or skin, cognitive difficulties, and/or disordered sleep. The onset generally occurs in response to a major or chronic chemical exposure, then broadens to include sensitivity to common chemicals and irritants found throughout the individual's environment

Multiple Sclerosis: Disease of the central nervous system which generally has its onset in young to mid-adulthood. Degradation of the sheaths of nerves causes relapses and remissions of weakness, pain, and/or numbness in the limbs, disrupted vision, and urinary tract dysfunction. Its cause is unknown

Muscular Dystrophy: Group of genetic diseases characterized by progressive weakness and degeneration of the skeletal or voluntary muscles which control movement

O

Obsessive-Compulsive Disorder: Psychological condition, which may have a neurological basis, characterized by repetitive ideas or impulses which may be unwanted, irrational, and performed against the person's wishes

P

Paraplegia: Paralysis of the legs and the lower trunk

Parkinson's Disease: Chronic disease of the central nervous system characterized by tremors, muscular weakness and rigidity, and an unsteady gait. Symptoms are caused by a deficiency of the brain chemical dopamine, but the cause of the deterioration of the dopamine-producing nerve cells is unknown

Pervasive Developmental Disorder (PDD): Umbrella term for five neurological disorders - Autism, Asperger's Syndrome, Childhood Disintegrative Disorder, Rett's Syndrome, and PDD-Not Otherwise Specified, all of which impair social and communication skills

GLOSSARY

Post-Polio Syndrome: Array of possible symptoms which occur in about 25% of individuals who have been infected with polio. These symptoms generally manifest 20 to 40 years after the onset of the infection and after a recovery period of at least 10 years, and may include muscle pain, weakness, tics, respiratory difficulties, disordered sleep, gastrointestinal and/or swallowing problems, neuropathy, arthritis, scoliosis, and osteoporosis

Post-Traumatic Stress Disorder: Psychological condition which develops in response to an overwhelmingly traumatic event which is generally outside the range of usual human experience. Symptoms can include flashbacks, fear of dying, rage, and panic attacks

Q

Quadriplegia: Paralysis of all four limbs and the trunk. Also called tetraplegia

R

Reasonable Accommodation: Modification or adjustment to a job application process or work environment which allows a person with a disability to enjoy the same benefits and opportunities enjoyed by similarly situated people without disabilities

Reflex Sympathetic Dystrophy (RSD): Chronic nerve disorder that generally has its onset in the body at the site of an injury, and which often spreads to other areas of the body. Characterized by burning pain, extreme sensitivity to touch, tissue swelling, and pathological changes in bone and skin

S

Schizophrenia: Brain disease of unknown cause which typically has its onset in adolescence or young adulthood. Characterized by thought disorders, delusions, and hallucinations. An affected individual may experience excessive or lack of emotional expression, as well as paranoia and disrupted interpersonal relationships. Symptoms can in some cases be managed by medication and supportive counseling

Scleroderma: Disease of unknown cause in which the dermis layer of the skin is replaced by collagen, causing toughness and discomfort. This process can also involve the heart, lungs, kidneys, and intestinal tract, interfering with the functioning of these organs

Self-Determination: The entitlement of individuals with disabilities to control their own lives, pursue self-defined goals, and participate fully in society

Service Animal: Animal trained to provide assistance to an individual with a disability

Sickle Cell Anemia: A genetic disorder of the blood, characterized by red blood cells that assume an abnormal rigid sickle cell shape. This decreases the cells' functionality, resulting in a variety of complications, such as anemia, pain, and frequent infections

Speech to Speech (STS): Telephone relay service mandated by the Federal Communications Commission, which provides translation for individuals with speech disabilities. A communication assistant, specially trained to understand the speech of people with a wide variety of speech disabilities, listens to the speaker who has the speech disability and restates verbatim to a third party what that person has said

Spina Bifida: Congenital condition caused by the failure of the spine to close properly during the first month of pregnancy. This may result in mobility impairment, bladder/bowel problems, and/or hydrocephalus

Spinal Cord Injury: Damage to the spinal cord, which results in temporary or permanent loss of sensation, motor control, and/or bladder and bowel control

Stroke: Sudden neurological impairment caused by a hemorrhage or blood clot in the brain. Temporary or permanent loss of vision, speech, mobility, and/or consciousness may result

T

Tourette Syndrome: A disorder of the nervous system which may cause "tics," which are repetitive involuntary movements and vocalizations. Tics can vary in severity, frequency, and type, and can be intensified by physiological and emotional stressors. Some individuals with this condition may also have other symptoms, such as obsessive compulsive disorder, anxiety disorder, and attention deficit disorder

Traumatic Brain Injury: Injury to the brain which may impair cognitive or physical functioning, disturb behavior or moods, and/or produce an altered state of consciousness

Triplegia: Paralysis of three limbs

V

Visually Impaired: Vision which is no better than 20/70 with correction, but not worse than 20/200 with correction. To have less visual acuity than 20/200 with correction constitutes legal blindness

ABBREVIATIONS AND ACRONYMS

ACLU	American Civil Liberties Union	MDA	Muscular Dystrophy Association
ADA	Americans with Disabilities Act	MS	Multiple Sclerosis
ADD	Attention Deficit Disorder	MLTSS	Managed Long Term Services and Supports
ADHD	Attention Deficit Hyperactivity Disorder	NAMI	National Alliance for the Mentally Ill
ADL	Activities of Daily Living	NI	Neurologically Impaired
ADRC	Aging and Disability Resource Connection	NICHCY	National Information Center for Children and Youth with Disabilities
AHCPR	Agency for Health Care Policy and Research	NJCFSA	New Jersey Chronic Fatigue Syndrome Association
AIDS	Acquired Immune Deficiency Syndrome	NOS	Not Otherwise Specified
ALS	Amyotrophic Lateral Sclerosis	OCD	Obsessive-Compulsive Disorder
APS	Adult Protective Services	OIG	Office of the Inspector General (US)
BSS	Board of Social Services	OPRA	Open Public Records Act
CAP	Consumer Assistance Program	OT	Occupational Therapy
CBVI	Commission for the Blind and Visually Impaired (NJ)	PAAD	Pharmaceutical Assistance to the Aged and Disabled (NJ)
CCW	Community Care Waiver	PAIMI	Protection and Advocacy for Individuals with Mental Illness
CDCP	Center for Disease Control and Prevention	PAIR	Protection and Advocacy for Individual Rights
CHLP	Community Health Law Project	PAP	Pharmaceutical Assistance Program
CIL	Center for Independent Living	PASP	Personal Assistance Services Program
CMS	Centers for Medicare and Medicaid Services	PASS	Social Security Administration Plan to Achieve Self-Support
CNA	Certified Nursing Assistant	PCA	Personal Care Attendant
COMHCO	Coalition of Mental Health Consumers Organizations	PDD	Pervasive Developmental Disorder
COSAC	Center for Outreach and Services for the Autism Community, Inc.	PRO	Peer Review Organization
CP	Cerebral Palsy	PT	Physical Therapy
CWA	County Welfare Agency	PTSD	Post-Traumatic Stress Disorder
DD	Developmental Disability	RHHI	Regional Home Health Intermediary
DDD	Division of Developmental Disabilities (NJ)	REIC	Regional Early Intervention Collaborative
DDS	Division of Disability Services (NJ)	RSD	Reflexive Sympathetic Dystrophy
DHS	Department of Human Services (NJ)	SCAHS	Special Child and Adult Health Services (NJ)
DHSS	Department of Health and Senior Services	SCI	Spinal Cord Injury
DOJ	Department of Justice	SCORE	Service Core of Retired Executives
DRNJ	Disability Rights New Jersey	SHIP	State Health Insurance Assistance Program
DVRS	Division of Vocational Rehabilitation Services (NJ)	SILC	Statewide Independent Living Council
DYFS	Division of Youth and Family Services	SNAP	Supplemental Nutritional Assistance Program
EEOC	Equal Employment Opportunity Commission (US)	SPAN	Statewide Parents Advocacy Network
FCC	Federal Communications Commission	SSA	Social Security Administration
ID	Intellectual Disability	SSDI	Social Security Disability Income
HIPAA	Health Insurance Portability and Accountability Act	SSI	Supplemental Security Income
HIV	Human Immunodeficiency Virus	STS	Speech To Speech
HMO	Health Maintenance Organization	TARP	Technology Assistive Resource Program
HRFA	Health Resources and Services Administration (US)	TBI	Traumatic Brain Injury
HUD	Department of Housing and Urban Development (US)	TDD	Telecommunications Device for the Deaf
IDEA	Individuals with Disabilities Education Act	TT	Text Telephone
IEP	Individual Education Plan	TTY	Teletypewriter
IHP	Individual Habilitation Plan	UAP	University Affiliated Program
JTPA	Job Training Partnership Act	UCPA	United Cerebral Palsy Association
LAD	Law Against Discrimination (NJ)	VA	Veterans' Administration
MCO	Managed Care Organization	VI	Visually Impaired
MD	Muscular Dystrophy	VP	Video Phone
		WIC	Supplemental Nutrition Program for Women, Infants, and Children

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